

Christi simus, non nostri. + We belong to Christ, not ourselves.



August 2, 2020—18th Sunday in Ordinary Time

ST. COLUMBAN PARISH

506 First St. S, Yelm, WA 98597
360-458-3031 parishoffice@sc-sp.org
Office: M-Th 9AM-12PM; 12:30-2PM

Sunday Mass: 10:30 AM
Saturday: 5 PM

Wednesday Mass: 9 AM
Anointing of the Sick: By Appt.
Confession: Friday 4:00—5:00 PM

Rosary begins 30 min.
before all Masses

ALL PARISH EVENTS HAVE BEEN SUSPENDED
UNTIL FURTHER NOTICE

*The church may be opened upon request
during office hours for those wishing to
pray inside.*

www.saintcolumbanyelm.org

ST. PETER MISSION

149 Keithahn St. S, Tenino, WA 98589
360-264-2124 gaby@sc-sp.org
Office: Monday, Friday 10:30AM – 2PM

Sunday Mass: 8:00 AM
Confession: Sunday 7:30 -7:45AM
Anointing of the Sick: by Appt.

St Peter Advisory —
stpeteradvisory@sc-sp.org

DUE TO COVID19 RESTRICTIONS, ALL MASSES ARE BY RESERVATION ONLY AND WILL BE HELD ON THE ST. COLUMBAN CAMPUS

MISSION STATEMENT - WE ARE A CATHOLIC FAITH COMMUNITY THAT SEEKS TO PLACE GOD FIRST, TO KNOW HIM, AND TO GROW IN HOLINESS TOGETHER. WE STRIVE TO LIVE THE GOSPEL THROUGH THE EUCHARIST, IN OUR TEACHING AND WAY OF LIFE.

For emergency assistance contact Society of St. Vincent de Paul: 360-458-1904. Please leave your name, number, and details of your need.

SAINT COLUMBAN CATHOLIC CHURCH

WELCOME! Please contact the office to register as a parishioner, for questions about any announcement, how to prepare for a sacrament, schedule a funeral or Mass Intention or to update your contact information.

PARISH OFFICE: (360) 458-3031

Fr. Dean Mbuzi, Priest Administrator
Ext.6 frdean@sc-sp.org

Patricia Selsor,
Bookkeeper Ext.2 pat@sc-sp.org

Katie Hennigan, PA for Faith
Formation Ext. 3 Katie@sc-sp.org

Chad Lucero, PA for Youth Ministry &
Confirmation Ext.4 chad@sc-sp.org

Jennifer Langham, PA for Liturgy &
Admin Support Ext. 5 parishoffice@sc-sp.org

Chris Bixby,
Director of Music music@sc-sp.org

Steven Slater, St. Columban
Custodian steven@sc-sp.org

ST. PETER OFFICE: (360) 264-2124

Gaby Makinster, St. Peter Admin
gaby@sc-sp.org



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Mass Intentions

Pray for all those affected by Covid-19
and for first responders and caregivers.

Aug 5—Nora Kimball RIP

In Our Prayers

Loving God, we join with others of
your people here asking you to hold
in Your hands Mona Guffey, Joseph
Waters, Oneida Blagg, Jess and
Jessica Nash, Dawn Bauer, Don
Troyer, Jodi Smith, Terry
Christianson, Maria Teresa
Seigemund, and Michael Mauss, and
all those in harm's way.

Financial Stewardship

St. Columban St. Peter

Weekly Goal	\$5,762	\$712
July 26	\$1,945	\$895

From a sermon by Saint Augustine, Bishop

Blessed are they who deserved to receive Christ in their homes

Our Lord's words teach us that though we labor among the many distractions of this world, we should have but one goal. For we are but travelers on a journey without as yet a fixed abode; we are on our way, not yet in our native land; we are in a state of longing, not yet of enjoyment. But let us continue on our way, and continue without sloth or respite, so that we may ultimately arrive at our destination.

Martha and Mary were sisters, related not only by blood but also by religious aspirations. They stayed close to our Lord and both served him harmoniously when he was among them. Martha welcomed him as travelers are welcomed. But in her case, the maidservant received her Lord, the invalid her Savior, the creature her Creator, to serve him bodily food while she was to be fed by the Spirit. For the Lord willed to put on the form of a slave, and under this form to be fed by his own servants, out of condescension and not out of need. For this was indeed condescension, to present himself to be fed; since he was in the flesh he would indeed be hungry and thirsty.

Thus was the Lord received as a guest who *came unto his own and his own received him not; but as many as received him, he gave them the power to become sons of God*, adopting those who were servants and making them his brothers, ransoming the captives and making them his co-heirs. No one of you should say: "Blessed are they who have deserved to receive Christ into their homes!" Do not grieve or complain that you were born in a time when you can no longer see God in the flesh. He did not in fact take this privilege from you. As he says: *Whatever you have done to the least of my brothers, you did to me.*

But you, Martha, if I may say so, are blessed for your good service, and for your labors you seek the reward of peace. Now you are much occupied in nourishing the body, admittedly a holy one. But when you come to the heavenly homeland will you find a traveler to welcome, someone hungry to feed, or thirsty to whom you may give drink, someone ill whom you could visit, or quarreling whom you could reconcile, or dead whom you could bury?

No, there will be none of these tasks there. What you will find there is what Mary chose. There we shall not feed others, we ourselves shall be fed. Thus what Mary chose in this life will be realized there in all its fullness; she was gathering fragments from that rich banquet, the Word of God. Do you wish to know what we will have there? The Lord himself tells us when he says of his servants, *Amen, I say to you, he will make them recline and passing he will serve them.*

The Feast Day of St. Martha is July 29.

Pax et bonum
Fr. Dean

SAINT COLUMBAN PASTORAL COUNCIL

Judith Cusick (Chairperson),
Sheila Johnson,
Jerome Didier, Joseph Judge
parishoffice@sc-sp.org

SAINT PETER ADVISORY COMMISSION

Sherry Bachmann (Chairperson),
Marilyn Ritter, Bernie Schwarz,
Bob Bacon, Diane Weston,
stpeteradvisory@sc-sp.org

For daily Mass readings and Event Calendar please see our Monthly Insert, found in the narthex and on our website.

Faith Formation

All Faith Formation classes will resume in September

Registration is available throughout the summer

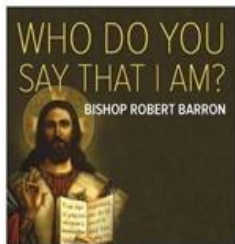
Youth Ministry Grades 6 -12

Confirmation classes resume for all grades next school year, Fall 2020. Contact Chad for more information.

High School Seniors! Please come to the parish office during office hours (M-Th 9-2pm) to pick up your sign and a special gift from all of us.

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PICK OF THE WEEK



Who Do You Say That I Am?

Bishop Barron illuminates with conviction that Jesus of Nazareth is the promised Messiah and revelation of God become man. He shows how Jesus fulfills the four tasks of the Messiah according to the Old and New Testaments and how the living legacy of Christ is proclaimed by the Church.

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Bonus Bulletin Content!

To save on printing, some extra bulletin content will now be exclusively found in the online edition of our bulletin, which is also emailed weekly to parishioners.

Sign up at flocknote.com/saintcolumbanyelm or visit our website saintcolumbanyelm.org

All Masses will resume with modifications, see below for details

MASS RESERVATIONS

In accordance with the Governor's instructions and guidance from the Archdiocese, public Mass at our parish has resumed. Mass will be limited to 50 people and reservations must be made in advance.

To make a reservation for Mass, please contact the Parish Office.

360-458-3031 ext. 5
Mon-Thurs from 9AM-2PM

Reservations end every Thursday at 2PM and please note that leaving a voicemail does not confirm your reservation.

Weekend Mass will be:

Saturday 5PM
Sunday 8AM
10:30AM

Daily Mass will be held on Wednesdays at 9AM. This will also be by reservation only and reservations end Tuesdays at 2PM.

Confession will be held on Fridays from 4-5PM and Sundays from 7:30—7:45AM at St. Columban.

Important Things to Remember

- ♦ Masks will be required and only persons from within the same household will be seated together.
- ♦ Please arrive at least 20 minutes early for Mass. You will be checked in by a Greeter and then seated by an Usher.
- ♦ Communion will distributed after Mass as you leave. **Masks and gloves must be removed before receiving.**
- ♦ We recommend you bring your own missal with you for the readings as they will not be provided.

Knights of Columbus

Aug 22 - 2nd Annual Coats for Kids Car Show 9-2PM



Coffee Hours-Women's Club

No events until further notice.



Solemnity of the Assumption of the Blessed Virgin Mary

Mass Times

Friday Aug 14th 7PM
Saturday Aug 15th 9AM

Please contact the parish office to make your reservation for either of these Masses no later than Thursday Aug 13th.

DONATE NOW



Annual Catholic Appeal

Thank you to all who returned your pledges. The Catholic Appeal Campaign supports over 60 ministries and services in the Archdiocese. Once our goal is reached, every dollar and every prayer will be returned to the parish and mission for our special projects. *Please do not send blank envelopes as it delays the process.*

Goal for St. Columban: \$29, 466

Total Pledged as of
\$25,158 85% of Goal

Goal for St. Peter: \$4, 651

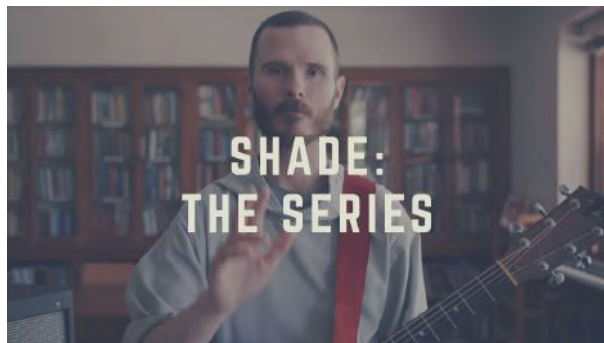
Total Pledged as of
\$5,864 126% of Goal

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WHAT TO WATCH THIS MONTH

August



Discover the best Catholic content all in one place. Entertaining movies, programs, talks, audio dramas, and e-books – just a click away!

Sign up for free at formed.org/signup

August 2020 Liturgical Calendar

8/1 Saint Alphonsus de Liguori

Study: Divine Mercy; Episode 2: Behold, This Heart

Watch: The Augustinians: United in Charity

8/9 Saint Teresa Benedicta of the Cross

Watch: Edith Stein: The Seventh Chamber

Anniversary of the Bombing of Nagasaki

Watch: All That Remains: The Story of Takashi Nagai

Listen: A Song for Nagasaki: The Story of Takashi Nagai

8/11 Saint Clare of Assisi

Watch: Clare and Francis

8/14 Saint Maximilian Kolbe

Watch: Life for Life: Maximilian Kolbe

8/15 Assumption of the Blessed Virgin Mary

Study: Symbolon: Knowing the Faith; Session 9: Mary and the Saints: Our Spiritual Mother and the Communion of Saints

Watch: Mary of Nazareth

8/27 Saint Monica

Study: Beloved: Finding Happiness in Marriage

Study: Lectio: Prayer; Session 5: Contemplatio: The Gaze of Love

Listen: Catholic Teaching on Marriage and Annulments

8/28 Saint Augustine of Hippo

Watch: Restless Heart

Watch: Augustine: A Voice for All Generations

Kids: Catholic Heroes of the Faith: The Story of Saint Augustine

[Sign up for free at formed.org/signup](https://formed.org/signup)

Jesus Feeds Five Thousand

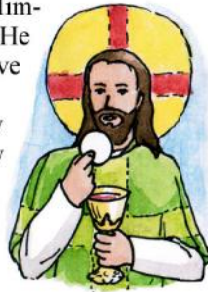
with five loaves and two fish



In today's Gospel reading, the disciples see all the hungry people who had come to listen to Our Lord and to be healed. They know that they can't feed them all, so they ask Jesus to send them to the towns to buy food. But Jesus isn't limited by nature, because He is God. He blesses a bit of bread and fish and it becomes enough to feed over five thousand people!

Our Lord was showing us that He will provide for all our needs if we listen to Him, just like it says in today's reading from the prophet Isaiah. In this story He was providing for the people's bodily needs, but He also provides for our spiritual needs.

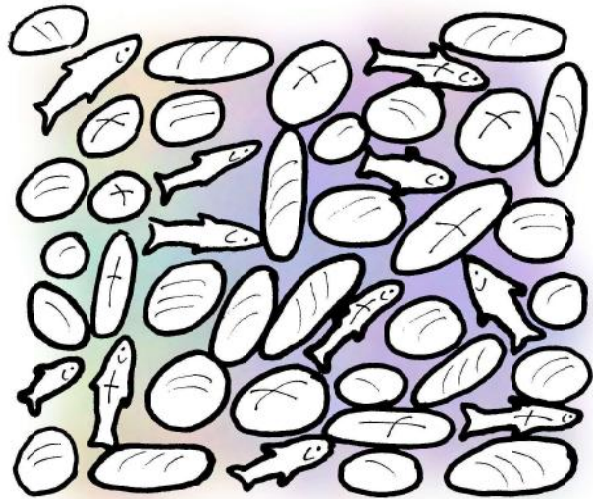
In Holy Communion, Jesus gives Himself to us for spiritual food. Just like He could do the miracle of feeding the five thousand, He works the miracle of turning bread and wine into His Body and Blood for us at every Mass. Now He feeds millions of people all over the world with Himself!



Answer to the Transfiguration puzzle:
Top: 6, 1, Middle: 2, 4, Bottom: 3, 5
www.thekidsbulletin.com

The Kids' Bulletin

18th Sunday in Ordinary Time
August 2nd, 2020

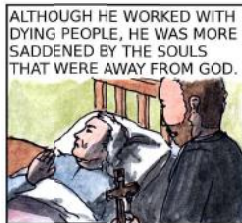
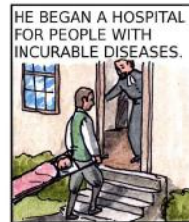
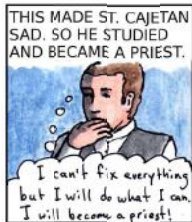


In today's Gospel reading, Jesus turns five loaves and two fish into enough food for over 5000 people! On top of all that, they collected baskets full of leftovers.

To find out how many baskets they filled, colour in only the loaves and fish that are marked with crosses.

Saint Cajetan

August 7

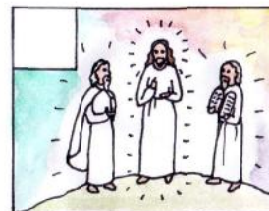


SAINT CAJETAN KNEW THAT PEOPLE WERE GOING TO HELL BECAUSE THEY DIDN'T CARE ABOUT GOD, SO HE DEDICATED HIS LIFE TO SAVING SOULS. DO YOU EVER PRAY FOR THE SOULS OF PEOPLE YOU KNOW WHO HAVE FALLEN AWAY FROM GOD AND THE FAITH? CAN YOU SAY A HAIL MARY FOR THEM TODAY?

thekidsbulletin@gmail.com

The Transfiguration

August 6th is the Feast of the Transfiguration. Jesus took Peter, James and John up a mountain where He had a surprise for them. How well do you know the story? Sort the pictures by putting the numbers 1 to 6 in the boxes.



ARCHDIOCESE OF SEATTLE

At Home with Faith

In this Sunday's gospel, Jesus takes five loaves and two fish from his disciples and uses it to feed 5,000 people. The disciples acted with faith by giving what little they had. In return, they got to witness and take part in a great miracle.



It is amazing to imagine how five loaves and two fish can feed thousands. It's also interesting to imagine the experience of the disciples who had to give up their food. They were probably hungry from their journey. What was it like for them to give up what little food they had so that Jesus could feed the crowd?

It helps to know that Jesus was no stranger to these disciples. They had been following him and they trusted him because they knew of his great power as well as his great love.

Because they knew and trusted Jesus, they had faith he would provide for them. And indeed, "they all ate and were satisfied." (Mt. 14:20)

Read

Take time to read and reflect on the Scriptures for this day.

Don't have access to a Bible?

Visit www.usccb.org/bible/readings or download an app such as *Laudate* or *iBreviary* to access the Mass readings.

Isaiah 55:1-3

Heed me, and you shall eat well...listen, that you may have life.

Psalms 145:8-9, 15-16, 17-18

The hand of the Lord feeds us.

Romans 8:35, 37-39

Nothing can separate us from the love of God.

Matthew 14:13-21

Jesus feeds the multitudes with five loaves and two fish.

At Home with Faith

Talk

Here are some reflection questions to help you have **Great Conversations** with the whole family.

- **In this Sunday's readings, God invites all who are hungry and thirsty to eat and drink.** Think of a time when you were really hungry or thirsty — how did it feel? What thoughts went through your mind? How did it feel when somebody finally offered you food and drink? Tell your children about it and ask if they have had a similar experience.
- **In 2018, one in seven children in America experienced hunger due to poverty.** This year, increased unemployment caused by the COVID-19 pandemic could result in more households experiencing hunger, affecting as many as one in four children. Tell your family that many children are hungry because their family doesn't have enough food. Ask your children how that makes them feel and ask what they think Jesus would want us to do for them.
- **Tell your children that when Jesus saw people in need of help and healing, his heart was "moved with pity." (Mt. 14:14)** Ask them if there is anyone they would like to pray for today. This is a great thing to do at dinner or when praying at night. Tomorrow, think of another person.



If Jesus asked us to share our portion, would we say yes? Would we recognize it as an invitation to take part in a miracle?

These days, many are starving and thirsty physically and spiritually. It's sometimes hard to know how to share, especially when we feel our resources are getting more constrained. And yet Jesus used the offering of the five loaves and two fish to feed the great crowd. With this miracle, he taught everyone that in our time of need, he provides for us with unfailing love.

He continues to teach us this lesson today.

Let this inspire you to take a step of faith. Remember that whatever we give of ourselves, God multiplies to overflowing. And when we meet God with open hands and hearts, he rewards us with healing and mercy beyond our imagination.

Here are some ways you can share your portion during this time of need. Also remember to check your local food bank/parish outreach programs for donation opportunities!

[Catholic Community Services of Western Washington COVID-19 response](#)

[Feeding America COVID-19 response](#)

[Catholic Relief Services](#)

**For more resources, including previous issues of
At Home with Faith, visit us online at:**

<https://marriagefamilylife.seattlearchdiocese.org/athomewithfaith>

The Eighteenth Sunday in Ordinary Time

AUGUST 2-8, 2020

open wide our hearts

the enduring call to love
a pastoral letter against racism

Prayer to Overcome Racism

Mary, friend and mother to all,
through your Son, God has found a way
to unite himself to every human being,
called to be one people,
sisters and brothers to each other.

We ask for your help in calling on
your Son,
seeking forgiveness for the times when
we have failed to love and respect
one another.

We ask for your help in obtaining from
your Son
the grace we need to overcome the evil

of racism and to build a just society.

We ask for your help in following your Son,
so that prejudice and animosity
will no longer infect our minds or hearts
but will be replaced with a love
that respects
the dignity of each person.

Mother of the Church,
the Spirit of your Son Jesus
warms our hearts:
pray for us.

Amen.

Our faith calls us to speak out against racism and work to transform structures that continue to disregard the equal dignity of all people. Find resources below to help pray, learn, and act together to transform our hearts, our policies, and our country.

For more resources on combatting racism including Practical Steps for Eradicating Racism visit <http://www.usccb.org/issues-and-action/human-life-and-dignity/racism> Or scan this code with your mobile phone camera:



SCAN ME



SUNDAY, AUGUST 2, 2020

18TH SUNDAY IN ORDINARY TIME



He said the blessing, broke the loaves, and gave them
to the disciples, who in turn gave them to the crowds.
They all ate and were satisfied. - Mt 14:19c-20

WEEKLY PRAYER

READINGS FOR THE WEEK OF AUGUST 2, 2020

- SUN 8/2** Is 55:1-3/Ps 145:8-9, 15-16, 17-18 [cf. 16]/Rom 8:35, 37-39/
Mt 14:13-21
- MON 8/3** Jer 28:1-17/Ps 119:29, 43, 79, 80, 95, 102 [68b]/Mt 14:22-36
- TUE 8/4** Jer 30:1-2, 12-15, 18-22/Ps 102:16-18, 19-21, 29 and 22-23 [17]/
Mt 14:22-36 or Mt 15:1-2, 10-14
- WED 8/5** Jer 31:1-7/Jer 31:10, 11-12ab, 13 [cf. 10d]/Mt 15:21-28
- THR 8/6** Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9 [1a, 9a]/2 Pt 1:16-19/Mt 17:1-9
- FRI 8/7** Na 2:1, 3; 3:1-3, 6-7/Dt 32:35cd-36ab, 39abcd, 41 [39c]/
Mt 16:24-28
- SAT 8/8** Hb 1:12—2:4/Ps 9:8-9, 10-11, 12-13 [11b]/Mt 17:14-20
- SUN 7/26** 1 Kgs 19:9a, 11-13a/Ps 85:9, 10, 11-12, 13-14 [8]/Rom 9:1-5/
Mt 14:22-33

OBSERVANCES FOR THE WEEK OF AUGUST 2, 2020

- Sunday:** 18th Sunday in Ordinary Time
- Tuesday:** St. John Vianney, Priest
- Wednesday:** The Dedication of the Basilica of St. Mary Major
- Thursday:** The Transfiguration of the Lord
- Friday:** St. Sixtus II, Pope, and Companions, Martyrs; St. Cajetan, Priest
- Saturday:** St. Dominic, Priest
- Next Sunday:** 19th Sunday in Ordinary Time

LIVE THE LITURGY Inspiration for the week

What do you really hope and hunger for? We are most familiar with our physical hungers and cravings as they are quite obvious. What we don't always realize is that we also have emotional and spiritual hungers. Many are starving for acceptance and love. Many others hunger for a sense of purpose, more focused direction, and deeper connection and meaning. Our hungers can easily get confused. We think we are in need of one thing but are actually being driven by another. We need to recognize and pursue our spiritual hungers. If we do not do so, we will attempt to fill these needs with lesser, and not always healthier, things. God, ultimately through the Eucharist, is the only One who can quench our more profound thirsts. Have we discovered this yet?



*Transfiguration
of the
Lord*

WORSHIP & MEDITATION



FIRST READING

Come to me heedfully,
listen, that you may have life. (Is 55:3a)



PSALM

The hand of the Lord feeds us; he answers
all our needs. (Ps 145)



SECOND READING

For I am convinced that neither death, nor life,
nor angels, nor principalities,
nor present things, nor future things,
nor powers, nor height, nor depth,
nor any other creature will be able to separate us
from the love of God in Christ Jesus our Lord.
(Rom 8:38-39)



GOSPEL

Taking the five loaves and the two fish, and
looking up to heaven,
he said the blessing, broke the loaves,
and gave them to the disciples,
who in turn gave them to the crowds.
They all ate and were satisfied. (Mt 14:19-20a)

*Excerpts from the Lectionary for Mass ©2001,
1998, 1970 CCD. The English translation of Psalm
Responses from Lectionary for Mass © 1969, 1981,
1997, International Commission on English in the
Liturgy Corporation. All rights reserved.*



GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

Many people in our world are hungry and thirsty. This hunger and thirst go well beyond physical needs for food, security, and shelter. Many are emotionally and spiritually parched, too. Behind every act of violence is a soul who hungers. People live with relationships that actually starve them. They are abused, exploited, disrespected, laughed at, and marginalized. There is a lot of confusion and inner pain that needs to be acknowledged and expressed. We all long to be understood and loved, even when our inner demons or who I am make it difficult to be. Do you live with inner confusion and pain? Folks often wander through life without any real direction or purpose and take their cues from what seems satisfying or popular at the moment. The deeper dots of our lives can easily remain unconnected, and we can find ourselves without grounding, purpose, or real happiness. Life becomes shallow and without real purpose as we hunger and thirst for an ultimate love.

It's easier to see the physical hungers and thirsts. We try to respond to these as best we can. Much more needs to be done. With all that God's earth can provide, nobody ought to face sleep at night with a belly that's empty. It's sinful. It's unjust. But isn't all hunger unjust? It doesn't need to be, and it should not be. Just as no one ought to be physically hungry and thirsty, there is really no need to be emotionally or spiritually deficient either. If we have more privileges at our fingertips, it is easier to try to satisfy our emotional and spiritual hungers and thirst by acting on impulse or self-indulgence, carelessly following passions, or by seeking self-destructive ways to dull the ache of emptiness.

Folks need to know where to look for nourishment and need the right friends to help them find it. We may not think that we have enough to respond to and to satisfy all of the needs, but we do. It doesn't take much. Five loaves and two fish provided for a huge crowd. With God, all things are possible. Our faith provides the direction for where God's children must go to find the nourishment they seek. It also tells us how to structure life so that justice and equity can be a reality for all. It also tells us how to respond to pain, sinfulness, and confusion. Come to the water and then help another get there.

LITURGICAL LIFE

RESPONDING *to the Call*

EVERYDAY STEWARDSHIP

Recognize God In Your Ordinary Moments

The Power of a Simple Action

I remember seeing a story on a morning news program about a little girl who wanted to give an elderly man in a grocery store a hug. She had no way of knowing that this man had just lost his wife of many years and now felt so very alone and depressed. Her reaching out to the man seemed odd to her mom at first, but the girl was so insistent about giving a hug she moved the shopping carts close together so the exchange could take place. No one knew that from that moment on the little girl would ask to visit her new friend at least once a week for the next four years until he passed away. In an interview soon after the initial encounter, the man said, "I haven't been this happy in some time." Imagine the joy that relationship brought to them both over the years!

It was just a moment. It was a simple gesture. Yet, it had a large impact that no one could have predicted. You never know what will result when we give just a little of ourselves. That uncertainty too often leads us to hold back or refrain from the simple actions of love or gestures of generosity that could come so easily for us if we wanted. We should never doubt the power of a simple random act of kindness. Generosity does not need to be grand to make a big difference. The time is now, and the opportunity presents itself often to plant a small seed that God can water and nourish so that something beautiful can grow.

— Tracy Earl Welliver, MTS

PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your continued support. Thank you!



WHY DO WE DO THAT?

Catholic Life Explained:

Sunday Mass

Question:

Why do Catholics need to go to Mass every Sunday?

Answer:

The heart of the Church's instruction that we are to attend Mass on Sundays goes back to the Third Commandment: "Take care to keep holy the sabbath day as the LORD, your God, has commanded you" (Deuteronomy 5:12). Although the Jewish People celebrate the Sabbath on Saturday, the first generations of Christians began to observe the sabbath on Sunday, recognizing how important it is for Christians to celebrate the day that Jesus rose from the dead. As the United States Catholic Catechism for Adults observes, "Sunday extends the celebration of Easter throughout the year ... It makes present the new creation brought about by Christ" (364).

The focus of our Sunday should be the celebration of the Eucharist in the Mass. This is our time to be formed by God's Word and nourished at the table of the Lord, becoming prepared to live out and share our faith in the week that follows. In his encyclical, *Dies Domini*, Pope Saint John Paul II reminded us that Christians "cannot live their faith or share fully in the life of the Christian community unless they take part regularly in the Sunday Eucharistic assembly" (no. 81). This is why the Church teaches us that Sunday Mass is a non-negotiable part of being a Christian (see *Catechism of the Catholic Church*, no. 2192).

Beyond being a time of worship, we should also remember that Sunday is intended to be a day of rest, when we make time for recreation, for sharing meals, and enjoying the company of friends and family. Sunday is given to us as a day to take stock of and enjoy the blessings that God has given us (see *Catechism of the Catholic Church*, no. 2187). Pope Francis reminds us, "The day of rest, centered on the Eucharist, sheds its light on the whole week, and motivates us to greater concern for nature and the poor" (*Laudato Si'*, no. 237).

LITURGICAL LIFE

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He said the blessing,
broke the loaves, and gave
them to the disciples, who in
turn gave them to the crowds.
They all ate and were satisfied,
and they picked up the
fragments left over— twelve
wicker baskets full. Those
who ate were about five
thousand men, not counting
women and children.

— Mt 14:19c-21

Excerpts from the Lectionary for Mass
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QUESTIONS OF THE WEEK

Invite Parishioners to Reflect and Respond to Scripture

First Reading

Near the end of Israel's captivity in Babylon (597-538 BC), the prophet Isaiah spoke of the Lord's desire to be unimaginably generous and life-giving to his people. How has the Lord been generous in gifts to you and your family?

Second Reading

In his letter to the Christians in Rome, Paul speaks of God's inseparable bond of love for us through Jesus Christ. In what ways does this sense of God's love for us help you in times of stress and anxiety?

Gospel Reading

In the immediate aftermath of the news of the death of John the Baptist, Matthew reports that Jesus, "moved with pity," cured those who were sick in the crowds and fed the entire crowd of 5,000. How do you react toward others for whom you feel "pity"?



18th SUNDAY IN ORDINARY TIME

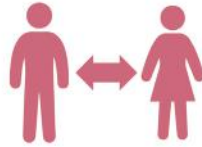


LITURGICAL LIFE

3 EASY STEPS

To Keeping Yourself & Others Healthy!

We are cautioned to be especially careful during the Coronavirus outbreak. Here are some simple ways to keep sickness away.



Wash Your Hands

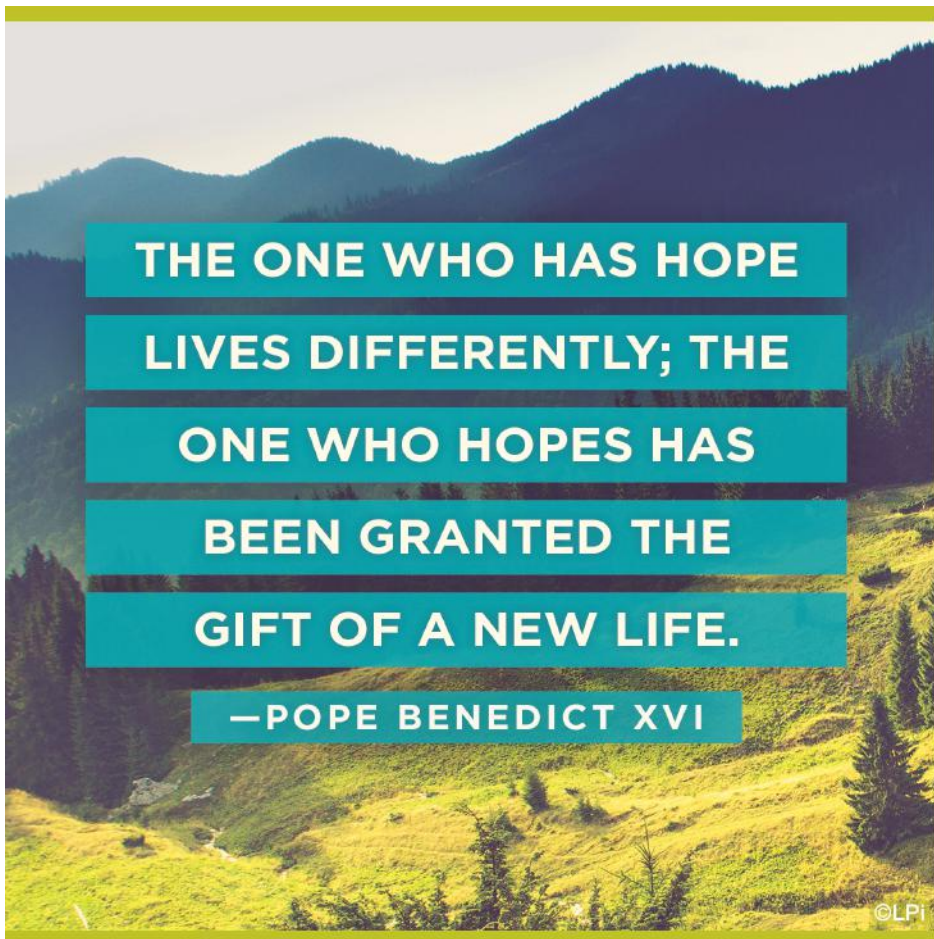
Wash your hands for at least 20 seconds using soap and water. If you can't wash your hands, use hand sanitizer frequently.

Don't Touch Your Face

Especially around the eyes, nose and mouth. If you must sneeze, use a tissue or your arm.

Keep Your Distance

Practice social distancing during this epidemic and stay away from large groups. Instead, call, email or check up on family and friends using social media.



*But they said to him,
“Five loaves and two fish
are all we have here.”
Then he said, “Bring
them here to me,” and
he ordered the crowds
to sit down on the grass.
Taking the five loaves
and the two fish, and
looking up to heaven, he
said the blessing, broke
the loaves, and gave
them to the disciples,
who in turn gave them
to the crowds.*

- Mt 14:17-19

Excerpts from the Lectionary for Mass
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KIDS CORNER

READ THE GOSPEL AND COMPLETE A PUZZLE!

Find the matching pair.



SHARING THE GOSPEL

Today you filled your basket with five loaves of freshly baked bread and two fish you caught in the Sea of Galilee. You sat down in front of Jesus to hear him better. You shared your food with Jesus and the others nearby. You were amazed when the disciples had 12 basketfuls left over. The disciples gave you two basketfuls to take home with you. Your mother and grandmother were very proud that you shared.

PRAYER

Lord, thank you for giving me enough to share.

MISSION FOR THE WEEK

I will give five loaves of bread and two fish (or some other food) to the homeless shelter.

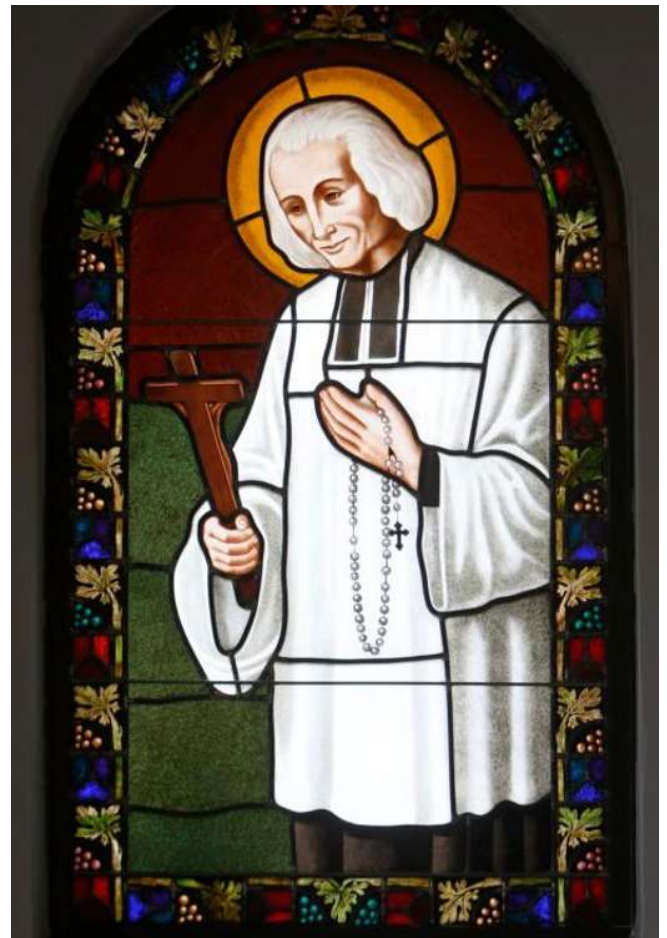


Saint John Vianney

DATES: 1786–1859

FEAST DAY: AUGUST 4

Born near Lyon, France, this farmer's son studied for the priesthood for many years, and eventually was ordained more for his devoutness and good will than for other qualities. But he became a model parish priest in Arsen-Dombes, where he served for 40 years. He was devoted to his parishioners, and became famous for rigorous preaching and insights in the confessional. The Cure of Ars, as he was known, spent up to 18 hours a day hearing the confessions of pilgrims who sought him out. He is the patron of parish priests.



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Catholic
Current

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