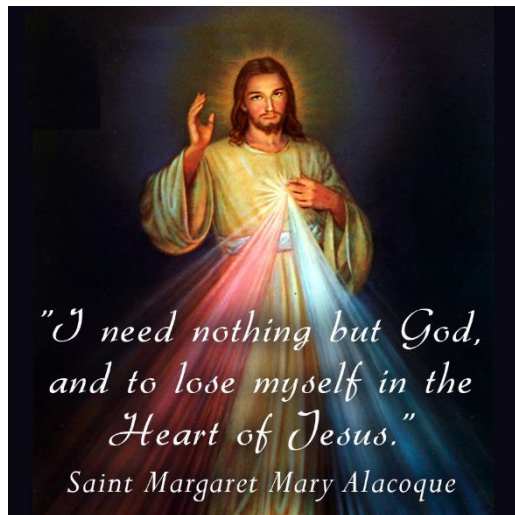


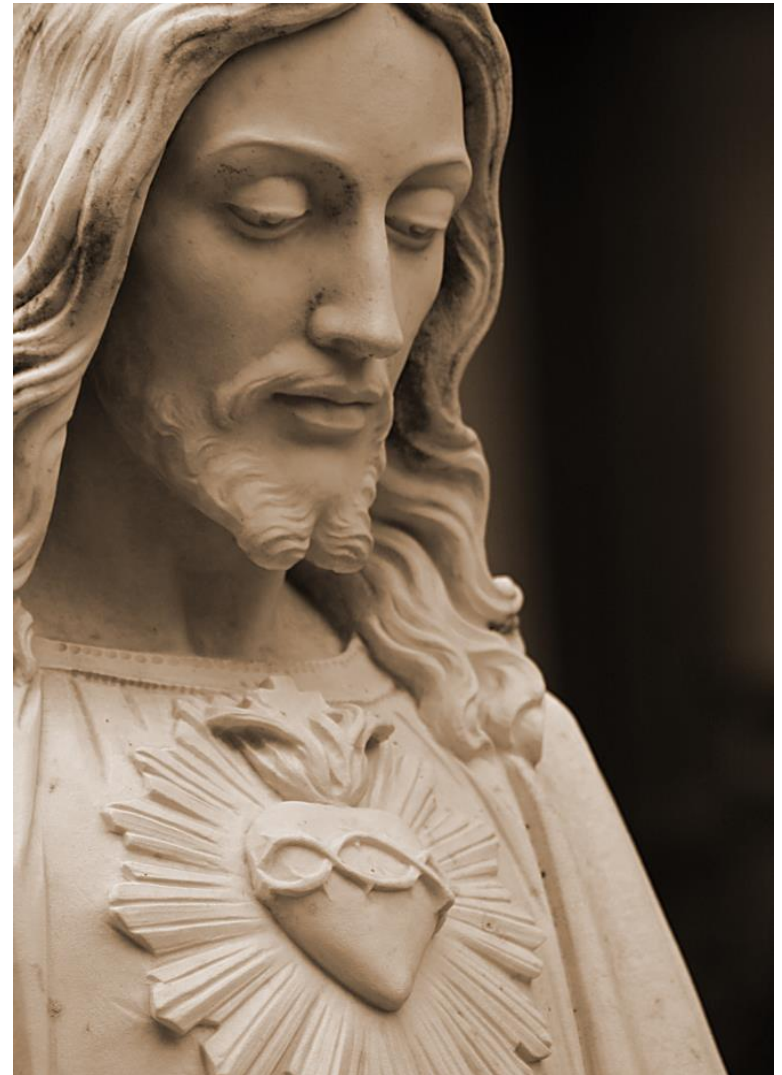
The Promises of the Sacred Heart of Jesus to St. Margaret Mary Alacoque

1. I will give them all the graces necessary in their state of life.
2. I will establish peace in their families and will unite families that are divided.
3. I will comfort them in their afflictions.
4. I will be their secure refuge during life, and above all in death.
5. I will bestow the blessings of heaven upon all their enterprises.
6. Sinners shall find in My Heart the source and the infinite ocean of mercy.
7. Tepid souls shall grow fervent.
8. Fervent souls shall quickly mount to high perfection.
9. I will bless every place in which an image of My Heart shall be exposed and honored and will imprint My Love on the hearts of all those who would wear this image on their person. I will also destroy in them all disordered movements.
10. I will give to priests who are animated by a tender devotion to My Divine Heart the gift of touching the most hardened hearts.
11. Those who shall promote this devotion shall have their names written on My Heart, never to be effaced.
12. I promise you in the excessive mercy of My Heart that My all-powerful love will grant to all those who communicate on the First Friday in nine consecutive months, the grace of final perseverance; they shall not die in My disgrace nor without receiving the Sacraments; My Divine heart shall be their safe refuge in this last moment.

(The nine Fridays must be made in honor of His Sacred Heart, meaning both practicing the devotion and having great love of His Sacred Heart. They must be consecutive and Communion must be received.)



HOLY HOUR IN HONOR OF HIS MOST SACRED HEART



Please leave in the church

Exposition of the Blessed Sacrament

O' Salutaris

#137 in the Journeysongs Hymnal

All Kneel

Priest: Open, O Lord our mouths.

All: To bless Your Holy Name. Cleanse our hearts from all vain, evil, and distracting thoughts. Enlighten our understanding. In flame our wills, that we may worthily, attentively, and devoutly spend this hour in the presence of Your Divine Majesty, through Jesus Christ Our Lord. Amen.

Psalm 51 – The Miserere

Side 1: (*Immaculate Heart Side w/Priest*)

Have mercy on me, God in your kindness
In your compassion blot out my offenses.
O wash me more and more from my guilt
And cleanse me from my sin.

Side 2: (*Sacred Heart Side*)

My offenses truly I know them.
My sin is always before me.
Against you, you alone have I sinned.
What is evil in your sight I have done.

Side 1: That you may be justified when you give sentence.

And be without reproach when you judge.
O see, in guilt I was born.
A sinner was I conceived.

Side 2: Indeed you love truth in the heart.

Then in secret of my heart teach me wisdom.
O purify me, then I shall be clean.
O wash me, I shall be whiter than snow.

Side 1: Make me hear rejoicing and gladness.

That the bones you have crushed may revive.
From my sins turn away your face.
And block out all my guilt.

Side 2: A pure heart create for me, O God.

Put a steadfast spirit within me.
Do not cast me away from your presence.
Nor deprive me of your Holy Spirit.

Side 1: Give me again the joy of your help.

With a spirit of fervor sustain me.
That I may teach transgressors your ways.
And sinners may return to you.

Side 2: O rescue me, God my helper.

And my tongue shall ring out your goodness.
O Lord, open my lips
And my mouth shall declare your praise.

Side 1: For in sacrifice you take no delight.

Burnt offerings from me you would refuse.
My sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.

Side 2: In your goodness, show favor to Zion.

Rebuild the walls of Jerusalem.
Then you would be pleased with lawful sacrifice.
Holocausts offered on your altar.

Side 1: Glory be to the Father, and to the Son, and to the Holy Spirit.

Side 2: as it was in the beginning, is now, and ever shall be world without end. Amen.

Prayer for Our Nation

All: God our Father, giver of life, we entrust the United States of America to your loving care. You are the rock on which this nation was founded. You alone are the true source of our cherished rights to life, liberty and the pursuit of happiness. Reclaim this land for your glory and dwell among your people. Send your spirit to touch the hearts of our nation's leaders. Open their minds to the great worth of human life and the responsibilities that accompany human freedom. Remind your people that true happiness is rooted in seeking and doing your will. Through the intercession of Mary Immaculate, Patroness of our land, grant us the courage to reject the "culture of death." And lead us into a new millennium of life. We ask this through Christ our Lord. Amen.

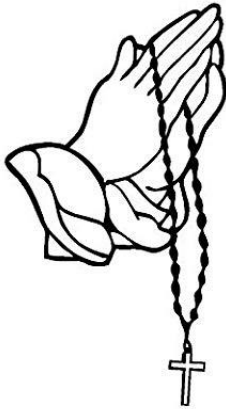
Prayer for the Church

Priest: Graciously hear the prayers of you Church, we beseech you, O Lord. That her enemies and all heresies may be brought to naught and that she may serve you in perfect security and freedom. Through Christ our Lord.

All: Amen.

Prayer for Life

All: God our loving Father, grant wisdom to those who govern us, compassion and courage to those who work to defend human life, and safety and care to every human being. For you alone who formed us in and our mother's wombs and who call us home to heaven, are God forever and ever. Amen.



Silent Adoration

(Private Devotions,
Rosary, Chaplets, etc.)

Prayer for Priests

Priest: O Jesus Eternal Priest,

All: Keep all priests within the shelter of your Sacred Heart. Where none may touch them. Keep unstained their anointed hands which daily touch your Sacred Body. Keep unsullied their lips, daily purpled by your Precious Blood. Keep pure and unworldly their hearts sealed with the sublime mark of the priesthood. Let your love surround them from the world's contagion. Bless their labors with abundant fruit and may the souls to whom they minister be their consolation here and their everlasting crown hereafter. Amen.

Prayer for Vocations

All: Dearest Jesus, Son of the Eternal Father and Mary Immaculate, grant to our boys and girls the generosity necessary to follow your call and the courage required to overcome all obstacles to their vocation. Give to parents a spirit of faith, love, and sacrifice which will inspire them to offer their children to God's service and cause them to rejoice exceedingly whenever one of their children is called to the religious life. Let your example and that of your Blessed Mother and St. Joseph encourage both children and parents and let your grace sustain them. Amen.

Prayer to St. Michael the Archangel

All: Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray, and do thou O Prince of the Heavenly Hosts, by the power of God, cast into hell Satan and all the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Litany of the Sacred Heart of Jesus

Priest: Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.
Christ, graciously hear us.

All: Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.
Christ, graciously hear us.

Priest: God, the Father of heaven
God the Son, Redeemer of the world
God the Holy Spirit
Holy Trinity, one God

All respond: Have mercy on us

Heart of Jesus, Son of the Eternal Father
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother.
Heart of Jesus, united substantially with the Word of God.
Heart of Jesus, of Infinite Majesty.
Heart of Jesus, Holy Temple of God.
Heart of Jesus, Tabernacle of the Most High.
Heart of Jesus, House of God and Gate of Heaven.
Heart of Jesus, glowing furnace of Charity.

Heart of Jesus, vessel of justice and love.
 Heart of Jesus, full of goodness and love.
 Heart of Jesus, abyss of all virtues.
 Heart of Jesus, most worthy of all praise.
 Heart of Jesus, King and center of all hearts.
 Heart of Jesus, in whom are all the treasures of wisdom and knowledge.
 Heart of Jesus, in whom dwells all the fullness of Divinity.
 Heart of Jesus, in whom the Father is well pleased.
 Heart of Jesus, of whose fullness we have all received.
 Heart of Jesus, desire of the everlasting hills.
 Heart of Jesus, patient and full of mercy.
 Heart of Jesus, enriching all who invoke You.
 Heart of Jesus, fountain of life and holiness.
 Heart of Jesus, propitiation for our sins.
 Heart of Jesus, loaded down with reproaches.
 Heart of Jesus, bruised for our offenses.
 Heart of Jesus, obedient unto death.
 Heart of Jesus, pierced with a lance.
 Heart of Jesus, source of all consolation.
 Heart of Jesus, our life and resurrection.
 Heart of Jesus, our peace and reconciliation.
 Heart of Jesus, victim for our sins.
 Heart of Jesus, salvation of those who trust in You.
 Heart of Jesus, hope of those who die in You.
 Heart of Jesus, delight of all the saints.

Priest: Lamb of God, who takes away the sins of the world

All: *Graciously hear us, O Lord.*

Priest: Lamb of God, who takes away the sins of the world

All: *Have mercy on us.*

Priest: Jesus, meek and humble of heart

All: *Make our hearts like yours*

Priest: Let us pray, O Almighty and Eternal God, look upon the Heart of Your dearly beloved Son, and upon the praise and satisfaction He offers You in the name of sinners -- and for those who seek Your mercy; be appeased and grant us pardon, in the name of the same Jesus Christ, Your Son, who lives and reigns with You, in the unity of the Holy Spirit, world without end. Amen.

Benediction

Tantum Ergo

#138 in the Journeysongs Hymnal

All Kneel

Priest: You have given them bread from heaven. (Eastertide: *Alleluia*)

All: *Having within it all sweetness* (Eastertide: *Alleluia*)

Priest: Let us pray – Lord Jesus Christ, You gave us the Eucharist as the memorial of your suffering and death. May our worship of this Sacrament of Your Body and Blood, help us to experience the salvation You won for us and the peace of the Kingdom where you live with the Father and the Holy Spirit. One God, forever and ever.

All: *Amen.*

(The priest makes the sign of the cross over the people with the monstrance, in silence)

The Divine Praises

All Together:

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Consoler.

Blessed be the great Mother of God, Mary most holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

Reposition

Holy God We Praise Thy Name

#566 in the Journeysongs Hymnal Verses 1 & 2.

All Stand