

Christi simus, non nostri

We belong to Christ, not ourselves

ST COLUMBAN CATHOLIC CHURCH

A Parish of the
Archdiocese of Seattle

St. Columban Church

506 First St. S | Yelm, WA 98597

Sunday Mass: 10:30 AM

Saturday 5:00 PM

Daily Mass 9:00 AM (*Tuesday-Friday, Except First Fridays*)

Eucharistic Adoration First Fridays 6:30 PM

Confessions Saturday 3:30-4:30 PM

Anointing of the Sick By request

Baptism & Wedding Preparation

Contact the Parish Office

St. Peter Mission

149 Keithahn St S | Tenino, WA 98589

Sunday Mass 8:00 AM

First Friday Mass 9:00 AM

Confessions Sunday 7:30-7:45 AM

Anointing of the Sick By request

Society of St. Vincent de Paul

Providing emergency assistance for those in need.

Help Line: 360-458-1904

Parish Office Hours at St. Columban Mon.-Thurs. 9:30 AM - 2:00 PM Friday by appointment

June 4, 2023

Solemnity of the Most Holy Trinity

Entrance Antiphon: Blessed be the Holy Trinity and undivided Unity. We shall praise him, for he has shown us his merciful love.

1st Reading: Exodus 34:4b-6, 8-9

Responsorial Psalm: *Glory and praise for ever.*

2nd Reading: 2 Corinthians 13:11-13

Gospel Acclamation: *Glory to the Father, the Son, and the Holy Spirit, to God who is, who was, and who is to come.*

Gospel: John 3:16-18

Communion Antiphon: *We bless the God of heaven, and we shall praise him before all the living, for he has shown us his merciful love.*



Welcome to St. Columban

Parish Staff

360-458-3031

Fr. Brian Thompson Priest Administrator
frthompson@saintcolumbanyelm.org Ext 6

Jennifer Langham PA for Admin, Liturgy, and Music
jennifer@saintcolumbanyelm.org Ext. 1

Holly Dodd PA for Admin, Bookkeeping, & Records
holly@saintcolumbanyelm.org Ext. 4

Gabriela Makinster Elementary & Adult Faith Formation
gaby@saintcolumbanyelm.org habla Español Ext. 2

Chad Lucero Youth Ministry
chad@saintcolumbanyelm.org Ext. 3

Steve Slater St. Columban Maintenance
steven@saintcolumbanyelm.org

Gilberto Espino St. Peter Maintenance

St. Columban Parish Pastoral Council

Judith Cusick (Chairperson), Sheila Johnson, Jerome Didier, Joseph Judge, Dennis Stumpf

St. Peter Advisory Commission

Sherry Bachmann (Chairperson), Marilyn Ritter, Bernie Schwarz, Bob Bacon, Diane Weston

stpeteradvisory@saintcolumbanyelm.org

St. Columban Parish Finance Council

Joseph Judge (St Columban), Mari Evans (St Peter)

On the Cover: Andreï Rublev n *Hospitality of Abraham* c. 1400 Tretyakov Gallery, Moscow
 Public Domain, Wikimedia

Weekly Calendar & Mass Intentions

All events are at St. Columban unless otherwise noted.

MONDAY June 5 **St. Boniface, Bishop & Martyr**
Rosary Prayer Group 7:00PM Church

TUESDAY June 6 **St. Norbert, Bishop**
Mass 9:00 AM Church
Choir Practice 6:00PM Church
Spanish Prayer Group 6:30PM Parish Hall

WEDNESDAY June 7
Mass 9:00 AM Church
Bible Study 11:00AM St. Peter

THURSDAY June 8
Mass 9:00AM Church
Sunday Scripture Study 6:30PM

FRIDAY June 9 **St. Ephram, Deacon & Doctor**
Mass 9:00AM Church

SATURDAY June 10 **BVM**
Confession 3:30PM Church
Anticipatory Sunday Mass 5:00 PM Int.: Pro Populo Church

SUNDAY June 11 **Corpus Christi**
Confession 7:30-7:45AM St. Peter
Sunday Mass 8:00 AM Int.: Pro Populo St. Peter

Sunday Mass
 10:30 AM Int.: Pro Populo Church
Procession with the Blessed Sacrament to follow

From the Parish Office

Week of May 22, 2023

Ordinary Income	St Columban	St Peter
Weekly Goal	\$5,800.00	\$1,000.00
Collection (Cash & Envelopes)	\$3,323.00	\$654.00
Online Giving	\$921.81	\$170.15
Net	(\$1,555.19)	(\$175.85)
Special Funds		
St Vincent DePaul	\$98.61	\$0.00
Sacramentals (Candles, Beeswax tapers, Salt)	\$15.00	\$0.00
Flowers	\$0.00	\$0.00
Building Fund	\$9.41	\$0.00
Mass Intentions	\$20.00	\$0.00

We will be implementing a new Parishioner Relationship and Engagement database in the coming months.

As part of the preparation for data migration from our current database, we need to make sure your contact information is correct.

It is essential we hear back from everyone regardless of whether changes need to be made.

Please contact us if you have had any change in your contact information or family, so we can get our database migration off to the right foot! Thank you!

Please support our advertisers found on the back of this bulletin!

A Word from Father Thompson



This weekend I had the opportunity to attend the ordination to the Priesthood of Father John Paul Thomassi, a man from the parish I grew up in down in Vancouver. Indeed, our families have been friends for years and years and various of our parents and siblings have been each other's students and teachers and participants in ministries and any number of other connections. I myself remember learning to serve Mass with John Paul: I had never been an altar boy growing up and so had to learn how the summer before starting seminary, and John Paul was a little kid learning to serve at the same time. I am so happy and proud for Fr Thomassi and especially joyful that he and I are now brothers in the Priesthood.

Priests do not appear out of nowhere, we come from strong and faithful parishes comprised of strong and faithful families. It is important for us to pray for vocations and encourage them in our children, not as a status symbol for the family, nor a pious but unrealistic aspiration, but as a realistic possibility. Yes, a religious vocation is a call to be distinct among the faithful of Christ, and in that way it is a very special thing, but it is not arrogant to aspire to it nor is it a call to be some unlivable caricature of sanctity (or at least any more than we are all called to be saints). Yes, a religious vocation entails sacrifices and living in a way different than many other people in our world, but if one is made for it and called to it, it is where one's greatest joy and life-giving purpose can be found. I could go on with the bad input and examples we set for our young people and then we wonder why so many set aside interest in considering a religious vocation, but I think you get the point: don't balk or ask discouraging questions when a child expresses interest in a religious vocation, or any good vocation, but rather ask what is attractive to him about that calling. If it is a real call, God will continue to affirm it, if it is not it will pass like any other infatuation toward a vocation.

Warts and all, joys and sorrows, excitement and frustrations, I very much enjoy being a priest. I can imagine and did at times while I was in formation and even before game out such scenarios, what my life might look like following another path, but I realized and realize still that such a path is simply not mine. I recall as a younger man recognizing women who would be excellent wives and companions, and who I would have been glad in turn to support and accompany through life, the only problem was that I was not called to be that for them nor they for me. Marriage and family and a secular career and all other such things are indeed great and good and blessed things, and I could imagine being happy with them, but they are not my vocation, they are not what God made me for, and thus they are not capable of giving me the fullest happiness in this life and eternity that God has in store. This is my vocation. This is who I am. I am a priest. I was meant to be a priest.

A far better question for kids than "what do you want to be?" is "what is God calling you to be?"

In Christ,

Remember in Your Prayers

Loving God, we join with others of your people here asking you to hold in Your hands all of our homebound brothers and sisters and those who have asked for our prayers:



The Sick and Homebound

Jessica Nash, Mary Taylor, Dan & Jeanine Kavanaugh,
Vivienne Hayden, Kolleen Kelly, Eitan Hadayo, Tracy Slater

The Deceased

Extraordinary Intentions

- + All those in harm's way, especially those experiencing natural disasters and terrorism.
- + All the souls in purgatory, especially those who have no one to pray for them.

To add a name to this list or request a Mass Intention please contact the parish office. All submissions must have permission from the named individual or an authorized family member for privacy purposes. St. Columban Prayer Chain: Confidential and private prayer chain. To join, contact the parish office.

The Pope's Prayer Intention for June 2023: *For the abolition of torture:* We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

Rosary begins 30 minutes before every Mass

Elementary & Adult Faith Formation

Gaby Makinster 360-458-3031 x2 habla Español gaby@saintcolumbanyelm.org

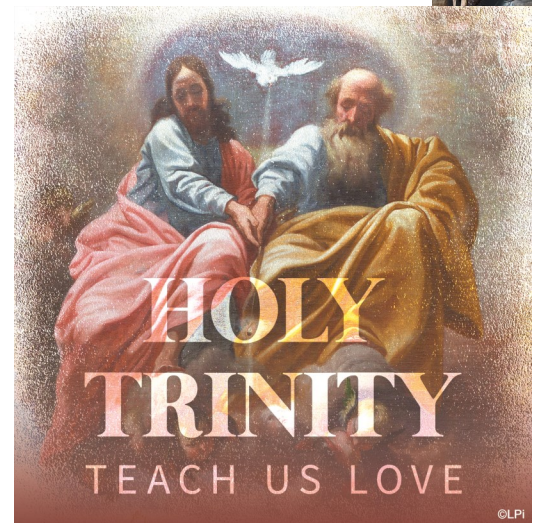


Gospel Meditation Encourage Deeper Understanding of Scripture
by Father John Muir, provided by LPI

In my experience, one of the peculiarities of being a man is the somewhat unlikely ability to look into the mirror, no matter how out of shape he may be, and declare with full confidence: "Looking good, buddy!" Ask a man. He'll probably confirm it.

Therein lies a mystery. You might think I refer to man's ability to deceive himself or his propensity toward vainglory. But in this case, I refer to the mystery of a healthy and proper sense of self-love. We human beings (both men and women) have the utterly weird ability to look at ourselves as if we were another. Then we tend to love this "other." Then, somehow, that love becomes a bond between the two. We are three and yet one.

This Sunday is Trinity Sunday. We ponder anew that God in His unity is a play of multiplicity: Lover, Beloved, and shared Love. Or, as we also proclaim, Father, Son, and Holy Spirit. If we allow it, this mystery heals our temptation toward self-hatred and destruction. We all know how awful it is to look into the mirror and not know the person we see, or, equally bad, to know and hate who we see. Jesus, the Son of God, draws us into the dynamics of authentic self-knowledge and self-love. Perhaps we could ask the Holy Trinity this Sunday to teach us to truly look at ourselves and to properly love who we see looking back.



Readings for the week of June 4, 2023

Sunday: Ex 34:4b-6, 8-9/Dn 3:52, 53, 54, 55, 56 (52b)/2 Cor 13:11-13/Jn 3:16-18
Monday: Tb 1:3; 2:1b-8/Ps 112:1b-2, 3b-4, 5-6/Mk 12:1-12
Tuesday: Tb 2:9-14/Ps 112:1-2, 7-8, 9/Mk 12:13-17
Wednesday: Tb 3:1-11a, 16-17a/Ps 25:2-3, 4-5ab, 6 and 7bc, 8-9/Mk 12:18-27
Thursday: Tb 6:10-11; 7:1bcd, 9-17; 8:4-9a/Ps 128:1-2, 3, 4-5/Mk 12:28-34
Friday: Tb 11:5-17/Ps 146:1b-2, 6c-7, 8-9a, 9bc-10/Mk 12:35-37
Saturday: Tb 12:1, 5-15, 20/Tb 13:2, 6efgh, 7, 8/Mk 12:38-44
Next Sunday: Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19-20 (12)/1 Cor 10:16-17/Jn 6:51-58

For ideas on celebrating Trinity Sunday with your children please visit:



Shower of Roses at <https://showerofrosesblog.com/2016/glory-be-prayer-poster/>
Catholic Icing at <https://www.catholicicing.com/?s=most+holy+trinity>
These links will be also available on our Facebook page.



Our RCIA classes have come to an end. Registration is now open for the upcoming year 2023-2024 are happening now through September when classes begin. Please contact Gaby Makinster for more information on how to register.

Faith Formation: Grades K-12 All classes for the 22-23 catechetical school year have come to an end. We are now accepting registrations for the 23-24 catechetical school year. Tuition is used for the purchase of the curriculum books used in class along with other catechetical items.

From the Archdiocese

"Give and it will be given to you." - Luke 6:38 /

If you received Archbishop Etienne's letter this past week, please prayerfully consider your gift to the Annual Catholic Appeal. In addition to the many ministries that support those in need, your gift also supports the staff of insert parish name and name pastor/ vicar, on a regular basis with a range of centralized services such as seminarian support, continuing education for our priests, deacons, and lay leaders and much more. Thank you to the many of you who have chosen to make your best gift by pledging over several months. To date, we have heard from only 17% of our parish. Make your pledge using the QR code, or the pew envelope which may be mailed or included in the collection.



Clickable links to suggested webpages may be found on the emailed version and on our Facebook page

Youth Ministry



The Litany of the Sacred Heart of Jesus

In 1899 Pope Leo XIII approved this Litany of the Sacred Heart of Jesus for public use. This litany is actually a synthesis of several other litanies dating back to the 17th century. After the final invocations were added by the Sacred Congregation for Rites, it was approved for public use in 1899. This makes a total of 33 invocations, one for each year of life of our Lord Jesus Christ. A partial indulgence is attached to this litany.



Lord, have mercy *Lord, have mercy.*
Christ, have mercy *Christ, have mercy.*
Lord, have mercy *Lord, have mercy.*
Christ, hear us. *Christ, graciously hear us.*

God the Father of Heaven, *have mercy on us.*
God the Son, Redeemer of the world, *have mercy on us.*
God, the Holy Spirit, *have mercy on us.*
Holy Trinity, One God, *have mercy on us.*

Heart of Jesus, Son of the Eternal Father, *have mercy on us.*
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother, *have mercy on us.*
Heart of Jesus, substantially united to the Word of God, *have mercy on us.*

Heart of Jesus, of Infinite Majesty,
Have mercy on us
Heart of Jesus, Sacred Temple of God, etc.
Heart of Jesus, Tabernacle of the Most High, "
Heart of Jesus, House of God and Gate of Heaven,
Heart of Jesus, burning furnace of charity,

Heart of Jesus, abode of justice and love,
Heart of Jesus, full of goodness and love,
Heart of Jesus, abyss of all virtues,
Heart of Jesus, most worthy of all praise,
Heart of Jesus, king and center of all hearts,
Heart of Jesus, in whom are all treasures of wisdom and knowledge,
Heart of Jesus, in whom dwells the fullness of divinity,
Heart of Jesus, in whom the Father was well pleased, have mercy on us. Heart of Jesus, of whose fullness we have all received, have mercy on us. Heart of Jesus, desire of the everlasting hills,
Heart of Jesus, patient and most merciful,
Heart of Jesus, enriching all who invoke Thee,
Heart of Jesus, fountain of life and holiness,
Heart of Jesus, propitiation for our sins,
Heart of Jesus, loaded down with opprobrium,
Heart of Jesus, bruised for our offenses,
Heart of Jesus, obedient to death,
Heart of Jesus, pierced with a lance,
Heart of Jesus, source of all consolation, have
Heart of Jesus, our life and resurrection,

Heart of Jesus, our peace and our reconciliation,
Heart of Jesus, victim for our sins
Heart of Jesus, salvation of those who trust in Thee,
Heart of Jesus, hope of those who die in Thee,
Heart of Jesus, delight of all the Saints,

Lamb of God, who taketh away the sins of the world, *spare us, O Lord.*
Lamb of God, who taketh away the sins of the world, *graciously hear us, O Lord.*
Lamb of God, who taketh away the sins of the world, *have mercy on us, O Lord.*
V. Jesus, meek and humble of heart.
R. Make our hearts like to Thine.

Let us pray:

Almighty and eternal God, look upon the Heart of Thy most beloved Son and upon the praises and satisfaction which He offers Thee in the name of sinners; and to those who implore Thy mercy, in Thy great goodness, grant forgiveness in the name of the same Jesus Christ, Thy Son, who lives and reigns with Thee forever and ever. Amen.

Questions of the Week, Reflect and Respond to the Sunday Readings

First Reading: "The LORD, the LORD, a merciful and gracious God, slow to anger and rich in kindness and fidelity." (Ex 34:6)

At Mount Sinai, the Lord revealed himself to Moses as merciful, gracious, kind, and faithful. Do you see these positive traits in yourself?

Second Reading: The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with all of you. (2 Cor 13:13)

In the closing remarks of his second letter to the Corinthians, Paul encouraged the believers in Corinth to live in peace and love with one another, modeled after the grace, love, and fellowship of our Triune God. Where do you think you most need to show peace and love with others this week?

Gospel: For God did not send his Son into the world to condemn the world, but that the world might be saved through him. (Jn 3:17)

Jesus taught his disciples that God loved the world and desired to save the world by offering believers eternal life. How do you think believers having eternal life saves the world?

Excerpts from the Lectionary for Mass ©2001, 1988, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1987, International Commission on English in the Liturgy Corporation. All rights reserved.

Our Youth Ministry Values

Our primary identity is as beloved sons and beloved daughters of God, no matter what. You are here because God wanted you here. Willing our existence, God create each of us out of love to love and for love.

We glorify God by striving to fully live our state in life. God gave us families and communities where we learn our faith, pray for each other's needs, and build virtue together as members of his Church, the Body of Christ.

As pilgrims on a journey together we are always on mission. We attend Holy Mass and receive the sacraments to better endure the trials of life, train us to be of service to one another, and to prepare us for eternal life in Heaven.

Saints of the Week



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Parish Ministries & Events



Please contact Jennifer at the Parish Office for more information about events and to connect with our various parish groups: 360-458-3031 x1 jennifer@saintcolumbanyelm.org



Altar Society
Meets every Thursday
after Daily Mass to clean
the church.



Daughters of Mary
St Columban Catholic Church Yelm, WA

Monthly Meeting

June 13th, 10:00 AM
RE Bldg.

[daughtersofmary@
saintcolumbanyelm.org](mailto:daughtersofmary@saintcolumbanyelm.org)



**Knights of
Columbus®**

Council 17152 / Assembly 3947

CHARITY + UNITY
FRATERNITY + PATRIOTISM

Next Council Meeting:

Wednesday, June 21,
Begins with Evening Prayer in
the Church at 5:30 PM

Next Assembly Meeting:

Monday, June 19

Join us for our next breakfast!

June 25, after the
10:30 AM Mass

Prayer Groups

Rosary Group Mondays
7pm, Church

Spanish Group
Tuesdays 6:30pm, Hall

Society of St. Vincent de Paul

Monthly Meeting
June 22, 7:00 PM Parish Hall



St. Peter's Circle
St. Peter Mission Tenino

Next Meeting
July 11th 9:30 AM

Corpus Christi Procession June 11

Begins in the Church and ends in the Prayer Garden,
immediately following the 10:30am Sunday Mass

Out of safety, cars blocked by procession path will not be
allowed to exit the parking lot until the procession is complete.
Thank you for your cooperation.



Father's DAY BRUNCH

**Sunday, June 18, Parish Hall
following the 10:30am Mass**

**Sponsored by the
Daughters of Mary**



5TH ANNUAL COATS FOR KIDS CAR SHOW

Presented by The Knights of Columbus Council 17152, Assembly 3947
Saturday June 24, 9am-3pm / In conjunction with Yelm Prairie Days 2023



Register your car for only \$20!

Proceeds benefit the purchase of winter coats for distribution within our community.
For more information contact Darren Johnson @ 253-709-4588 or kofc@saintcolumbanyelm.org

Sign up for updates via email or text: saintcolumbanyelm.flocknote.com

Catholic Media Recommendations for Everyone

THIS WEEK ON FORMED

Our parish pays for a subscription to FORMED.org, a streaming service from the Augustine Institute and Ignatius press.

Go to formed.org/signup and enter our parish name to redeem your FREE membership.

Once logged-in access these suggestions at watch.formed.org/this-week-on-formed



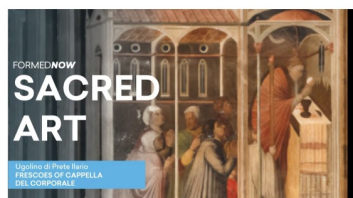
God Is with Us | Presence | Episode 1

What does it mean to say that God is with us in the Eucharist? What is the Eucharist? Watch Episode 1 of Presence today!



The Bread of Life: Jesus and John 6 by Dr. Brant Pitre

Dr. Brant Pitre unpacks Jesus' hard saying in John 6 and dives in the mystery of Christ's Real Presence in the Eucharist.



Corpus Christi | Sacred Art

Dr. Ben Akers and Taylor Kemp sit down with different pieces of Sacred Art to discuss their theological meanings and how they can speak to us today.

Outside Events



REGISTER NOW

AUG 5-10th, Camp Hamilton, Monroe WA

A Catholic Camp aimed at Middle School aged boys to grow in Friendship, Leadership, and Discipleship



WE ARE HIRING SUMMER CAMP STAFF

If you're looking for a job to make a difference while having fun, camp is for you. You'll help campers make friends, grow in their faith, and unplug from technology for a week all while playing outdoors. Staff must be 16 by July 1.



NORTHWEST PRO-LIFE CONFERENCE

"A DESTINATION FOR LIFE CHAMPIONS"

JUNE 24, 2023



CELEBRATE THE 20TH ANNIVERSARY OF THE ARCHBISHOP'S GOLF TOURNAMENT

Tuesday, August 22

Online registration is now open!



YOUNG CATHOLIC PROFESSIONALS
Working in Witness for Christ™



EXECUTIVE PANEL DISCUSSION

VIRTUE OF FORTITUDE

HELEN NGUYEN, MSW
SHELDON SWEENEY, CHSNC®, CHFC®, RICP®
SISTER SABINA MBENGE, SMK

Thursday, June 8th // 7:00PM-9:00PM

Archdiocese of Seattle Chancery

@ycpseattle || ycpseattle.org

You Are My Friends: Summer Fellowship

WEDNESDAY | JUNE 28TH

6:00 PM - 7:00 PM

VIA ZOOM

The Archdiocese of Seattle Inclusion Ministry serves and works collaboratively with our parishes and schools to promote the inclusion and meaningful participation of people with disabilities in the life of our Catholic faith community.

For more information, contact Joe Cotton at joe.cotton@seattlearch.org

See more events at archseattle.org/eventslist



Annual Catholic Appeal

“Give,
and it will
be given
to you.”

— Luke 6:38

Your donation to the **Annual Catholic Appeal** ensures the availability of outreach ministries, education, faith formation and support services for your parish and people in your community – and much more.



“All our work reaching out to those on the margins is because of you!”

Your support enables our Pastoral Outreach team to hold the hands of the dying in hospitals, to accompany our incarcerated brothers and sisters, support the seafarers entering our ports after months away at sea and be a welcoming neighbor for immigrants and those seeking asylum.

Our Pastoral Outreach team also provides guidance to support your parish ministries – most recently for our mental health, deaf and inclusion ministries. Thank you for your generous support of the Annual Catholic Appeal!”

Joe Cotton, Director of Pastoral Care and Outreach Ministry

PICTURED FROM TOP: Joe Cotton with seafarer volunteer, Hospital ministry, Prison baptism



Make Your Gift Today

archseattle.org/GiveACA | Call 800-809-4921 | Scan the QR code

Annual Catholic Appeal | 710 9th Avenue, Seattle, WA 98104 | aca@seattlearch.org





Annual Catholic Appeal

“Den, y les será dado.”

— Lucas 6,38

La **Petición Católica Anual** financia ministerios y servicios para su comunidad católica local -que incluye a su prójimo y su parroquia. Su donativo asegura la disponibilidad de ministerios de asistencia social, educación, servicios de administración para parroquias, ¡y mucho más!



“¡Todo el trabajo realizado para llegar a los marginados es gracias a ustedes!”

Su apoyo permite al Equipo de Asistencia Social tomar la mano del que agoniza en un hospital, acompañar a nuestros hermanos encarcelados, apoyar a los marineros que llegan a nuestros puertos luego de meses en alta mar y acoger a los inmigrantes y refugiados que buscan asilo.

Nuestro Equipo de Asistencia Social también brinda orientación y apoyo a sus ministerios parroquiales –más recientemente a nuestros ministerios de salud mental, de ayuda a sordomudos y de inclusión. ¡Gracias por su generoso apoyo a la Petición Católica Anual!”

Joe Cotton, Director de Cuidado Pastoral y Asistencia Social

IMÁGENES DESDE ARRIBA: Joe Cotton con un voluntario marino, ministerio en hospitales, bautismo en una cárcel.



Haga su donativo HOY

archseattle.org/GiveACA | Llame 800-809-4921 | Escanee el código QR

Annual Catholic Appeal | 710 9th Avenue, Seattle, WA 98104 | aca@seattlearch.org



SUMMER BACKPACK PROJECT
TENINO FOODBANK PLUS
SUMMER PROGRAM



Some of you may not know that the Tenino Food Bank Plus has a backpack program for school children of families in need. The packs are distributed every Thursday to provide food for the weekend. During the summer months, donations for the backpack program decrease as many people do not realize this is a year-round program.

St. Peter's Circle members are planning a food drive during the month of June to help fill the summer gap. Please help us make a meaningful difference in our community by donating some of the items included in these backpacks.

Following is a list of items that can be included:

- Gelatin, pudding & fruit cups
- Raisins, single size
- Instant oatmeal, single size
- Small bags of dry cereal
- Snack, Clif or breakfast bars
- Microwave Popcorn
- Small packs of cookies
- Peanut butter
- Caprisun drink pouches
- Instant drinks of cocoa, cider or Crystal Light
- Boxed Mac & Cheese
- Top Ramen
- Cans of Tuna, Pork & Beans, Spaghetti, Soup, Vegetables, Fruit
- Jelly/Jam

There will be a bin available in the narthex throughout the month of June for your donation. Thank you for your support of this program!

Grace, Love, and Fellowship

June 4, 2023

The Solemnity of the
Most Holy Trinity

ARCHDIOCESE OF SEATTLE

At Home with Faith

As we celebrate Trinity Sunday, let us reflect on all the ways that we have been nurtured by the grace of Jesus Christ, the love of God, and the fellowship of the Holy Spirit.

Photo: Adobe Stock

It is difficult to explain and fully grasp the mystery of the Holy Trinity. But this much we know for certain:

God so loved the world that he gave us his only Son, Jesus Christ.

And Jesus, in his love for us, sent us the Holy Spirit to be our advocate.

Like the Trinity, there are things in life that are difficult for us to understand or accept. This Sunday's scripture readings remind us to keep believing in the Lord and calling on him, through trials and triumphs alike. We are also called to mend our ways, encourage each other, and live in peace. In doing all of this, we can be living witnesses to the Holy Trinity – the love of the Father, the grace of his Son, and the fellowship of the Holy Spirit.

Read

Take time to read and reflect
on the Scriptures for
this day.

Don't have access to a Bible?

Visit www.usccb.org/bible/readings
or download an app such as *Laudate*
or *iBreviary* to access the
Mass readings.

Exodus 34:4b-6,8-9

Moses asks God to forgive the sins of his people.

Daniel 3:52-56

Glory and praise to God forever!

2 Corinthians 13:11-13

The grace of Jesus Christ, the love of God, and the fellowship of the Holy Spirit, be with all of you.

John 3:16-18

God did not send his Son to the world to condemn, but to save.

At Home with **Faith**

Talk

Here are some reflection questions to help you have **Great Conversations** with the whole family.

Think of a time when you experienced grace, love, and fellowship, whether it be in your family or in your circle of friends and loved ones. Perhaps it was a time when you made a mistake, and you experienced the grace of forgiveness from the person you hurt. It might have also been a time when you felt affection or support from the people in your life, especially during a time when you needed it most. Or maybe it was a time when you enjoyed the presence of family and friends, making memories and simply being together. Reflect and share your insights with one another.

The Holy Trinity is a complex concept to explain with words. However, it is quite simple to experience the presence of the Holy Trinity in our lives and to share it with those around us.

By opening our hearts to moments of grace, love, and fellowship, we are allowing the Holy Trinity to teach us and transform us through our love for one another.

Photo: Shutterstock



Below is a prayer that you can recite on your own or with your family as you reflect on the Most Holy Trinity.

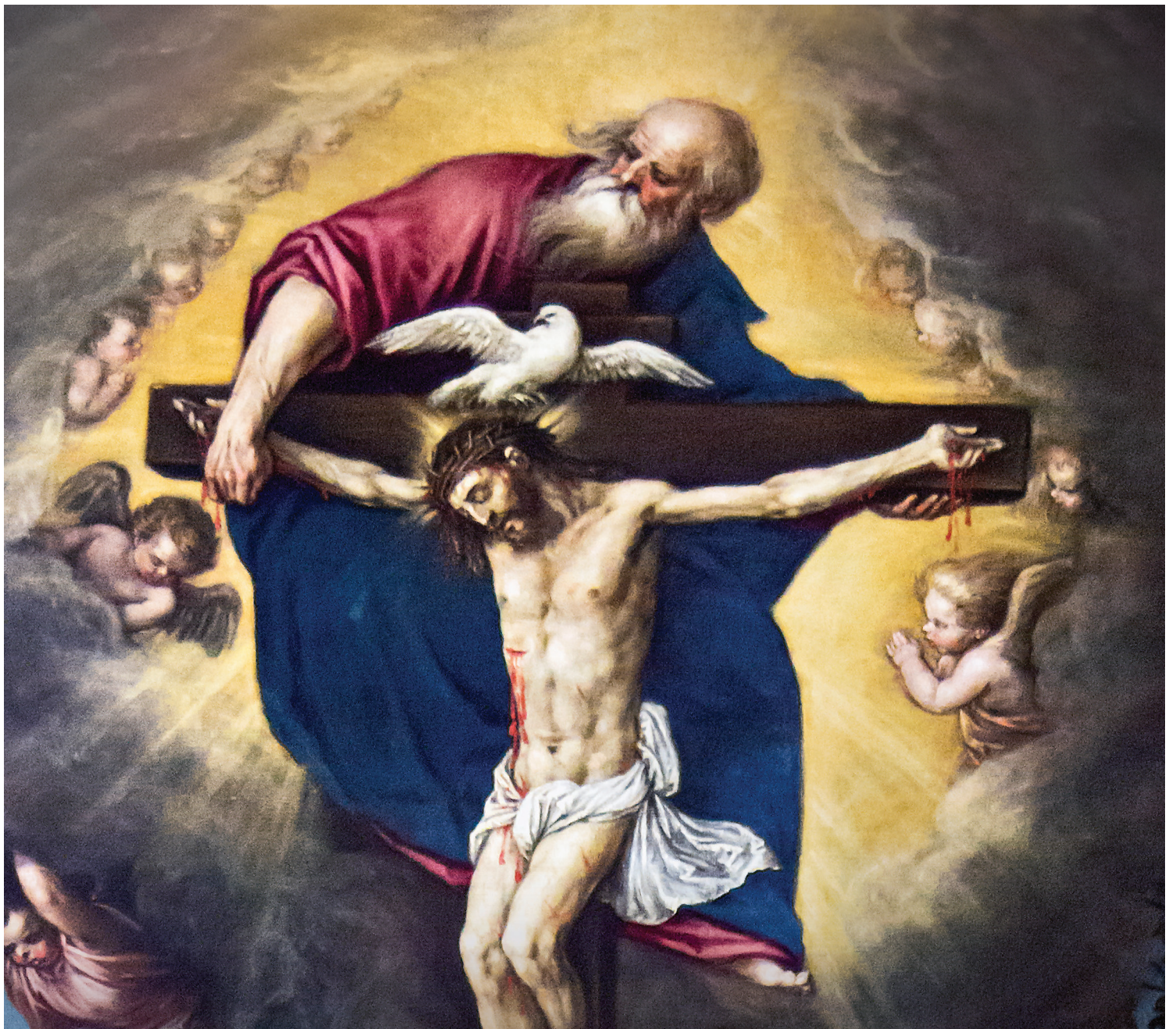
AN ACT OF PRAISE

I praise you, Father all-powerful.
I praise you, Divine Son, our Lord and Savior.
I praise you, Spirit of Love and Consolation.
One God, three Persons, Triune Unity,
be near me in the temple of my soul.
Draw me to share in your life and love.
In your kindness
grant to me and to my family
the riches of your mercy,
and a share in your blessing,
that we may come to the glory of your Kingdom
and rejoice in loving you for all eternity. Amen.

Source: <http://www.ibreviary.com/m2/preghiere.php?tipo=Preghiera&id=373>

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SUNDAY, JUNE 4, 2023

THE MOST HOLY TRINITY



God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. - Jn 3:16

Weekly Prayer

Sunday's Readings

First Reading:

"The LORD, the LORD, a merciful and gracious God, slow to anger and rich in kindness and fidelity."
(Ex 34:6)

Psalm:

Glory and praise for ever! (Dn 3:52b)

Second Reading:

The grace of the Lord Jesus Christ
and the love of God
and the fellowship of the Holy Spirit be with all of
you. (2 Cor 13:13)

Gospel:

For God did not send his Son into the world to
condemn the world,
but that the world might be saved through him.
(Jn 3:17)

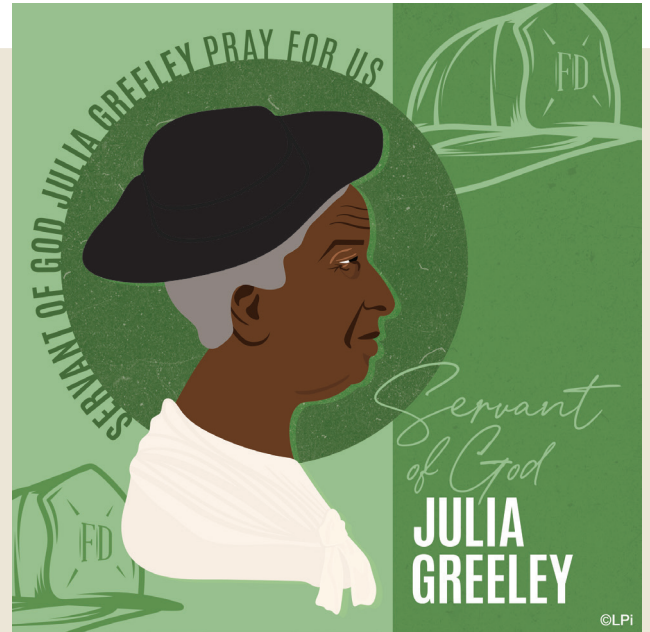
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Live The Liturgy Inspiration of the Week

On this Solemnity of the Most Holy Trinity, we are reminded to encourage one another, to show affection and support. Can we do it? Can we do it in our daily interactions, in our families? Can we even do it on social media?

Observances for the week of June 4, 2023

- Sunday:** The Most Holy Trinity
Monday: St. Boniface, Bishop and Martyr
Tuesday: St. Norbert, Bishop
Friday: St. Ephrem, Deacon and Doctor of the Church
Next Sunday: The Most Holy Body and Blood of Christ



Saint of the week

Servant of God Julia Greeley, Denver's Angel of Charity, was born into slavery and emancipated after the Civil War. She spent her life serving the poor with a special devotion to the Sacred Heart of Jesus and a love for children and praying for the city's fire fighters.

Prayer

Heavenly Father, Your servant Julia Greeley dedicated her life to honoring the Sacred Heart of Your son and to the humble service of the poor. Grant to me a generous heart like Your son's, and if it be in accordance with your holy will, please grant this favor I now ask through Julia's intercession (insert intention).

I pray this through Christ our Lord.
Amen.

(Prayer Source: Julia Greeley Guild, 1535 N. Logan St., Denver CO 80213.)

Readings for the week of June 4, 2023

Sunday:

Ex 34:4b-6, 8-9/Dn 3:52, 53, 54, 55, 56 (52b)/2 Cor 13:11-13/Jn 3:16-18

Monday:

Tb 1:3; 2:1b-8/Ps 112:1b-2, 3b-4, 5-6/Mk 12:1-12

Tuesday:

Tb 2:9-14/Ps 112:1-2, 7-8, 9/Mk 12:13-17

Wednesday:

Tb 3:1-11a, 16-17a/Ps 25:2-3, 4-5ab, 6 and 7bc, 8-9/Mk 12:18-27

Thursday:

Tb 6:10-11; 7:1bcde, 9-17; 8:4-9a/Ps 128:1-2, 3, 4-5/Mk 12:28-34

Friday:

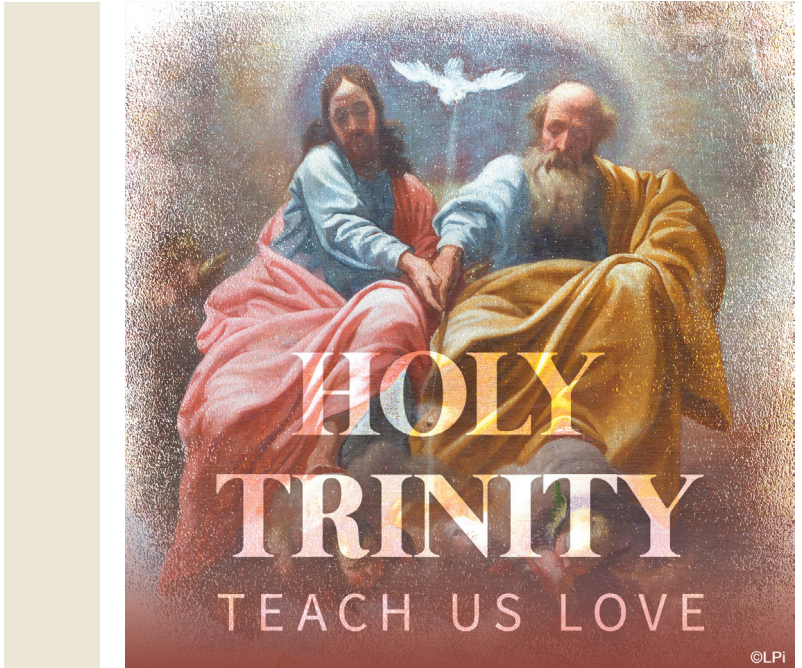
Tb 11:5-17/Ps 146:1b-2, 6c-7, 8-9a, 9bc-10/Mk 12:35-37

Saturday:

Tb 12:1, 5-15, 20/Tb 13:2, 6efgh, 7, 8/Mk 12:38-44

Next Sunday:

Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19-20 (12)/1 Cor 10:16-17/Jn 6:51-58



Gospel Meditation

Encourage Deeper Understanding of Scripture

In my experience, one of the peculiarities of being a man is the somewhat unlikely ability to look into the mirror, no matter how out of shape he may be, and declare with full confidence: “Looking good, buddy!” Ask a man. He’ll probably confirm it.

Therein lies a mystery. You might think I refer to man’s ability to deceive himself or his propensity toward vainglory. But in this case, I refer to the mystery of a healthy and proper sense of self-love. We human beings (both men and women) have the utterly weird ability to look at ourselves as if we were another. Then we tend to love this “other.” Then, somehow, that love becomes a bond between the two. We are three and yet one.

This Sunday is Trinity Sunday. We ponder anew that God in His unity is a play of multiplicity: Lover, Beloved, and shared Love. Or, as we also proclaim, Father, Son, and Holy Spirit. If we allow it, this mystery heals our temptation toward self-hatred and destruction. We all know how awful it is to look into the mirror and not know the person we see, or, equally bad, to know and hate who we see. Jesus, the Son of God, draws us into the dynamics of authentic self-knowledge and self-love. Perhaps we could ask the Holy Trinity this Sunday to teach us to truly look at ourselves and to properly love who we see looking back.

— *Father John Muir*



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(PRACTICING) CATHOLIC

We Bear the Name of the Lord

The name of the Lord is a curiously powerful thing. Say it deliberately, even in a group of people who are not particularly religious, and you'll know what I mean. There is a shift in the mood, a change in the atmosphere. When we utter the name of the Lord, He turns His head.

Once, in confession, I admitted to the sin of using the Lord's name in vain. "When you do that, tell God that you love him," advised the priest, who was wise enough to know that I would repeat this sin at some point. "You've said His name, after all. You have His attention."

We hear the name of the Lord, and we think of what it represents — John 3:16, salvation history summed up in a neat little sentence, the why and the how and the who of it all laid out before us. The Lord, so slow to anger that He offers us a million chances. The Lord, so rich in kindness and fidelity that He literally gave Himself to us that we might be saved.

But the name of the Lord is more than that. It is not just a symbol, it is an invitation. I think of Moses clutching the commandments, beseeching the Lord: "Come with us. Forgive us. Receive us as your own." The Lord accompanies us down the mountain. We bear the name of the Lord into the world with us wherever we go.

I have to ask myself: do I do that name justice?

*"Blessed is your holy and glorious name,
praiseworthy and exalted above all for all ages."
— Daniel 3:52*

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

We live in a country that upholds the separation of Church and state. What is the role of Catholics in society?

Answer:

The role of the Church in the world has taken different forms over time, but the theme is the same. Be disciples in it! As the lay faithful — that is, not vowed priest or religious — we are called to live and love in the circumstances of our daily lives. St. John Paul II wrote a document about the laity. In it he wrote, "In their situation in the world God manifests His plan and communicates to them their particular vocation of seeking the Kingdom of God by engaging in temporal affairs and by ordering them according to the plan of God" (On the Lay Members of Christ's Faithful, 15).

God wants us in the hospitals, the board rooms, the law offices, the food pantries, and the little league games! We are to engage in the affairs of the world. But when we're there, we should live the plan of God. We need to respect those around us, engage in just business and legal practices, and love our children. We should care for the earth, use our money wisely, and get to know our neighbors. We must advocate for social policies that respect human dignity and human freedom. No matter our state in life, we are invited to build the kingdom of God!

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him.

- Jn 3:16-17

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Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

First Reading

At Mount Sinai, the Lord revealed himself to Moses as merciful, gracious, kind, and faithful. Do you see these positive traits in yourself?

Second Reading

In the closing remarks of his second letter to the Corinthians, Paul encouraged the believers in Corinth to live in peace and love with one another, modeled after the grace, love, and fellowship of our Triune God. Where do you think you most need to show peace and love with others this week?

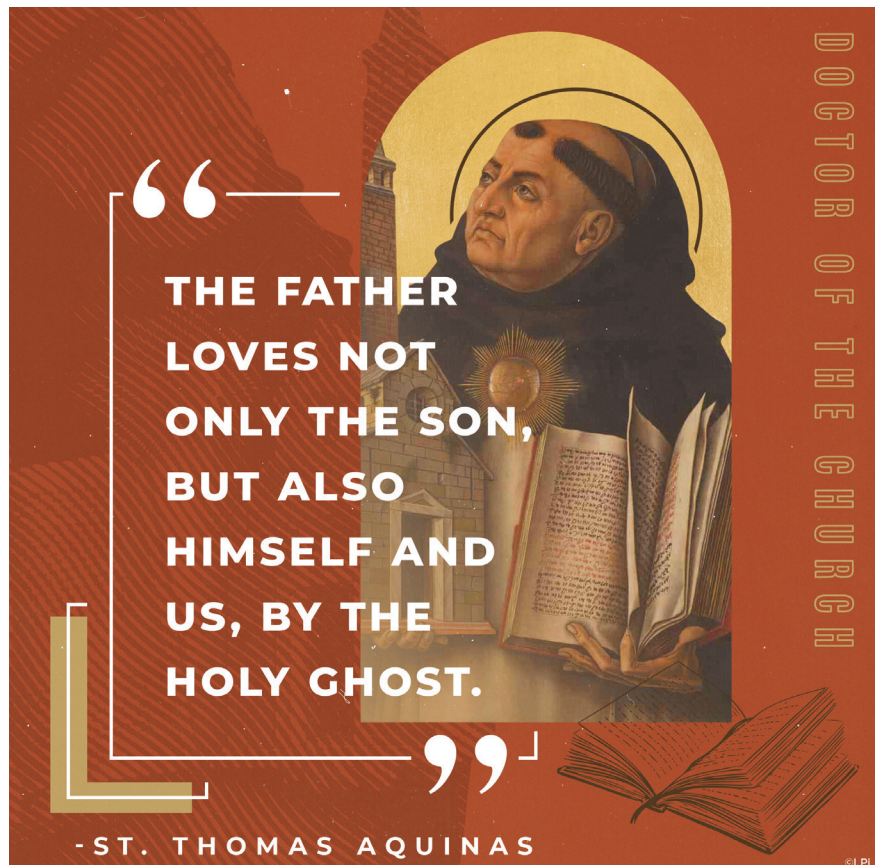
Gospel Reading

Jesus taught his disciples that God loved the world and desired to save the world by offering believers eternal life. How do you think believers having eternal life saves the world?



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God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him.
- Jn 3:16-17

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Prayer

Jesus, thank you for taking away my sins.

Mission for the Week

Read John 3:16-18 with your family. Thank Jesus for taking all of your sins away.

Sharing the Gospel

God loves you so much. He sent Jesus into the world to take your sins away. Jesus died on the cross as punishment for all of your sins so that you could have a new, better life with God. Believe in Jesus. Trust in God's love. Then you can live with God forever.

Now color the picture!



Unscramble the words from today's Gospel

God
loved
world

gave
believes
perish

eternal
Son
save

oGd

G o d

presih

noS

levod

geva

eetrnla

wrodl

bleevis

vase



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