

Christi simus, non nostri

We belong to Christ, not ourselves

ST COLUMBAN CATHOLIC CHURCH

A Parish of the
Archdiocese of Seattle

St. Columban Church

506 First St. S | Yelm, WA 98597

Sunday Mass: 10:30 AM

Saturday 5:00 PM

Daily Mass 9:00 AM (*Tuesday-Friday, Except First Fridays*)

Eucharistic Adoration First Fridays 6:30 PM

Confessions Saturday 3:30-4:30 PM

Anointing of the Sick By request

Baptism & Wedding Preparation

Contact the Parish Office

St. Peter Mission

149 Keithahn St S | Tenino, WA 98589

Sunday Mass 8:00 AM

First Friday Mass 9:00 AM

Confessions Sunday 7:30-7:45 AM

Anointing of the Sick By request

Society of St. Vincent de Paul

Providing emergency assistance for those in need.

Help Line: 360-458-1904

Parish Office Hours at St. Columban Mon.-Thurs. 9:30 AM - 2:00 PM Friday by appointment

July 23, 2023

Sixteenth Sunday in Ordinary Time

Entrance Antiphon: *See, I have God for my help, and the Lord sustains my soul. O God my protector, let evils recoil upon my foes, and in your truth bring them to ruin.*

First Reading: Wisdom 12:13, 16-19

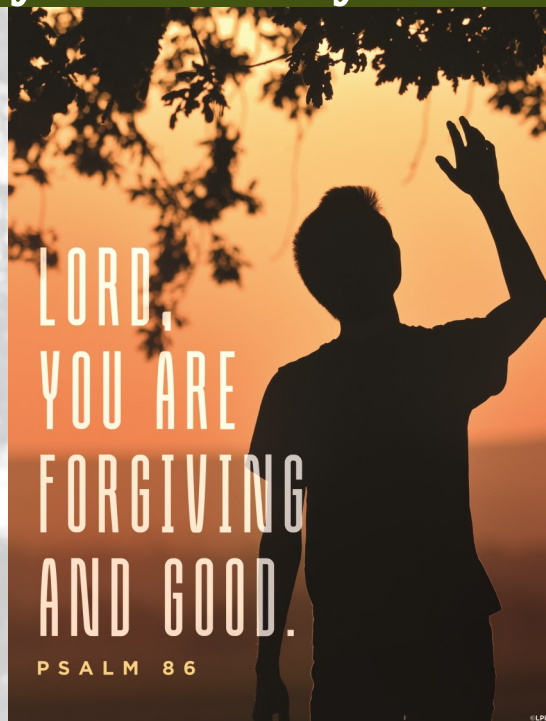
Responsorial Psalm: *Lord, you are good and forgiving.*
(Ps 86)

Second Reading: Romans 8:26-27

Gospel Acclamation: *Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom.*

Gospel: Matthew 13:24-43

Communion Antiphon: *You will receive a right sacrifice, oblations and burnt offerings upon your altar, O Lord.*



Welcome to St. Columban

Parish Staff

360-458-3031

Fr. Brian Thompson Priest Administrator
frthompson@saintcolumbanyelm.org Ext. 6

Jennifer Langham PA for Admin, Liturgy, and Music
jennifer@saintcolumbanyelm.org Ext. 1

Matthew Tolar PA for Admin, Bookkeeping, & Records
matthew@saintcolumbanyelm.org Ext. 4

Gabriela Makinster Elementary & Adult Faith Formation
gaby@saintcolumbanyelm.org habla Español Ext. 2

Chad Lucero Youth Ministry
chad@saintcolumbanyelm.org Ext. 3

Steve Slater St. Columban Maintenance
steven@saintcolumbanyelm.org

Gilberto Espino St. Peter Maintenance

St. Columban Parish Pastoral Council

Judith Cusick (Chairperson), Sheila Johnson, Jerome Didier, Joseph Judge, Dennis Stumpf

St. Peter Advisory Commission

Sherry Bachmann (Chairperson), Marilyn Ritter, Bernie Schwarz, Bob Bacon, Diane Weston

stpeteradvisory@saintcolumbanyelm.org

St. Columban Parish Finance Council

Joseph Judge (St Columban), Mari Evans (St Peter)

"Hearing nuns' confessions is like being stoned with popcorn."

-Venerable Archbishop Fulton Sheen

From the Parish Office

Week of July 9th

| Ordinary Income | St Columban | St Peter |
|---|-------------|------------|
| Weekly Goal | \$5,800.00 | \$1,000.00 |
| Collection (Cash & Envelopes) | \$2,633.85 | \$499.00 |
| Online Giving | \$2,218.00 | \$15.00 |
| Net | (\$948.15) | (\$486.00) |
| Special Funds | \$0.00 | \$0.00 |
| St Vincent DePaul | \$5.00 | \$0.00 |
| Sacramentals (Candles, Beeswax tapers, Salt) | \$18.00 | \$6.00 |
| Flowers | \$162.00 | \$5.00 |
| Building Fund | \$105.00 | \$0.00 |
| Mass Intentions | \$0.00 | \$0.00 |
| 2 nd Collection | \$49.28 | \$0.00 |

Weekly Calendar & Mass Intentions

All events are at St. Columban unless otherwise noted.

MONDAY July 24 **St. Charbel Makluf, Priest**
Rosary Prayer Group 7:00PM Church

TUESDAY July 25 **St. James, Apostle**
NO DAILY MASS
Spanish Prayer Group 6:30PM Church
Daughters of Mary Meeting 6:00PM Parish Hall

WEDNESDAY July 26 **Ss. Joachim & Anne, parents of BVM**
NO DAILY MASS

THURSDAY July 27
NO DAILY MASS
Altar Society Church Cleaning 9:00AM Church
Choir Practice 6:00PM Church

FRIDAY July 28
NO DAILY MASS

SATURDAY July 29 **Ss. Martha, Mary, & Lazarus**
Confession 3:30PM Church
Anticipatory Sunday Mass 5:00 PM Int.: Pro Populo Church

SUNDAY July 30 **17th Sunday in Ordinary Time**
Confession 7:30-7:45AM St. Peter
Sunday Mass 8:00 AM Int.: Pro Populo St. Peter
Sunday Mass 10:30 AM Int.: Pro Populo Church

For the Masses of July 29 and 30, we welcome Fr James Quinlan from Cross Catholic Outreach. Read more about him on Page 6.

Questions of the Week *Reflect and Respond to the Sunday Readings*

First Reading: *And you taught your people, by these deeds, that those who are just must be kind; and you gave your children good ground for hope that you would permit repentance for their sins.* (Wis 12:19)

Our Jewish wisdom writer describes God as lenient, powerful, and kind. What words would you use to describe God?

Second Reading: *The Spirit comes to the aid of our weakness; for we do not know how to pray as we ought, but the Spirit himself intercedes with inexpressible groanings.* (Rom 8:26)

Paul encourages the believers in Rome that the Spirit intercedes for us and teaches us what to pray for. What could you pray for this week?

Gospel: *"Let them grow together until harvest; then at harvest time I will say to the harvesters, 'First collect the weeds and tie them in bundles for burning; but gather the wheat into my barn.'"* (Mt 13:30)

In the parable of the weeds among the wheat, Jesus speaks privately to his disciples of the presence of the evil one, the devil in this world. How can we best defend our family and loved ones from evil?

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. Reflections ©LPI

Sign up for updates via email or text: saintcolumbanyelm.flocknote.com

A Word from Father Thompson



When I was in seminary, there was a quite elderly and very soft (and very slow) spoken priest, who served as a substitute priest in my hometown. He was so gentle and unassuming; I remember being quite surprised once by the boldness of a bumper sticker he had on his car: PORN KILLS LOVE.

Obviously that sin (and other sins bound up in it) is a particularly poignant, ubiquitous, and powerful example of the deadly sin of Lust, but really Lust in all forms is the murderer of love. Much like Gluttony to the appetite or Anger to passionate emotion, what is wrong with Lust is that it takes a human quality that is in fact good, when indulged properly, and corrupts it either in the wrong direction and/or indulges it to an excessive amount. We cannot really understand that Lust is bad if we do not also recognize that romantic, including sexual, attraction to the opposite sex is healthy and good! Attraction is what drives us to take the risks to our egos and emotions it takes to discern if the potential for spousal love is present, or if it is mere infatuation. (And if we already have a spouse, or this person is not intended to be our spouse, we turn that attraction into kindness and perhaps friendship in some cases).

Lust is something else, though. Romantic love and even healthy sexual attraction is ultimately oriented toward mutual and total self-gift of the whole of the spouses' lives. Lust, however, is ultimately consumption/use of the other as an object (even if the consumption/use is mutual, it is still objectification). Sexual sins turn us in on ourselves, and if unrepented, we gradually implode and eventually lose the instinct to give of ourselves in love; among other things, Lust trains one in selfishness (Strange but true moral tip: if you struggle with Lust, look for opportunities to be generous to others). Even in the context of marriage, one must guard against the selfishness of lust: hungering for intimacy, delighting in attraction to one's spouse, and remembering those moments fondly, is different from selfishly degrading one's spouse as an object—even if just in the mind.

I am just as human as anyone, and even though my vocation is a celibate one, maybe a powerful moment of insight I had can be illustrative: In College (before I joined the seminary) I had a friendship that semi-spontaneously deepened towards romance. One night, walking home after saying goodnight, the temptation occurred to me that I could enjoy the relationship in the meantime while I discerned and applied to seminary... Then it hit me: even though I wasn't intending anything unchaste per se (though moments of temptation might occur), even the thought of using her like that was Lust all the same. In some ways, it would have been a much more wicked form than "mere" unchastity, as it would have been malicious and calculated, not just being overwhelmed by hormones or something. I decided that if—indeed because—I loved her, because I felt my vocation in another direction, I could not let the relationship become romantic: If I were to use her like that, Lust would have killed love.

In Christ,

Remember in Your Prayers

Loving God, we join with others of your people here asking you to hold in Your hands all of our homebound brothers and sisters and those who have asked for our prayers:



The Sick and Homebound

Jessica Nash, Mary Taylor, Dan & Jeanine Kavanaugh, Vivienne Hayden, Eitan Hadayo, Tracy Slater, Stan Villadelgado, Pam Hensley

The Deceased

Forrest Slater

Extraordinary Intentions

- + All those in harm's way, especially those experiencing natural disasters and terrorism.
- + All the souls in purgatory, especially those who have no one to pray for them.

To add a name to this list or request a Mass Intention please contact the parish office. All submissions must have permission from the named individual or an authorized family member for privacy purposes. St. Columban Prayer Chain: Confidential and private prayer chain. To join, contact the parish office.

The Pope's Prayer Intention for July 2023: For a Eucharistic life We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

Faith Formation

REGISTER FOR RELIGIOUS EDUCATION

©LPI

prep begins in 1st Grade with First Reconciliation and First Holy Communion being received in the 2nd Grade. Youth Ministry activities are open for all students 6th –12 grade. Confirmation prep begins in 6th grade with the reception of Confirmation in 7th grade. —Gaby

MEETING CHRIST: EXPLORING THE LITURGY

THE EUCHARISTIC PRAYER AND COMMUNION RITE (Part 4 of 5)

The altar is prepared; the bread and wine are placed upon it; now we enter into the Eucharistic Prayer.

The first part of the prayer is called the Preface. This is not a preface in the sense of foreword or introduction. (We usually skip those!) The preface is a prayer, addressed (like the entire Eucharistic Prayer) to God the Father. The Missal contains more than fifty different prefaces, each of which praises God for a different aspect of the mystery of salvation: for the coming of Christ in human flesh at Christmas, for his glorious Resurrection at Easter, for God's provident care for humanity, for the saints, for the gift of the liturgy itself, with its times for penance and rejoicing. Every preface concludes with an invitation to join in the hymn of the angels, the Sanctus, the Holy, Holy, Holy.

The Sanctus is a song of praise, recognizing the power of God, whose glory fills heaven and earth. The text is drawn from two passages of Scripture. The first part is from Isaiah's vision of seraphim worshiping before the throne of God: "'Holy, holy, holy is the LORD of hosts! All the earth is filled with his glory!'" (6:2-3). The second part, beginning "Blessed is he," has deep Scriptural roots as well. Most directly, it recalls the words of those who welcomed Jesus to Jerusalem a few days before his Passion: "Hosanna to the Son of David; blessed is he who comes in the name of the Lord; hosanna in the highest" (Matthew 21:9). As we pray the Sanctus together, we lift up our hearts and unite our voices and prayer with the unending prayer of heaven. At the altar, the distance between earth and heaven narrows to a vanishing point.

Following the Sanctus, we kneel as the priest prays the words of the Eucharistic Prayer. This prayer is the heart of the Mass. Addressing God the Father, the priest prays on behalf of the community. The Missal includes ten different Eucharistic Prayers, all of which follow the same pattern:

We give praise and thanks to God. The priest calls down the Holy Spirit on the gifts of bread and wine, extending hands over them in what is called the epiclesis. Then comes the institution narrative—the story of what happened on the night of the Last Supper is told, as the priest takes first the bread, and then the cup. While the entire Eucharistic Prayer is consecratory, the words of Jesus in the institution narrative are especially important.

After the consecration, we sing an acclamation of remembrance and praise. Christ, crucified for our salvation, is

present upon the altar.

In the second part of the Eucharistic Prayer, the Church offers the Body and Blood of Christ to the Father in the Holy Spirit, and we ask that we may offer ourselves in the same way, so that all may be one in God. The priest then offers a series of intercessions—prayers for the members of the Church, both living and dead. The Pope and the bishop of the diocese are mentioned by name. The Eucharistic Prayer ends with a doxology of praise—"Through him, with him, in him"—and we join in and assent to all of this with our sung "Amen."



Sacrament and Sacrifice

Catholics call the Eucharist by many names: we call it Eucharist (Greek for "thanksgiving"), "Breaking of the Bread," "Lord's Supper," "Holy Sacrifice," "sacrifice of praise" (cf. CCC, 1328-32). The many names reflect the many different dimensions of this great mystery. We will never plumb its depths or understand it fully.

What does it mean to call the Mass a sacrifice? Jesus died on the cross, once, for all; that sacrifice cannot be not repeated. But the sacrifice of Jesus on the cross cannot be contained, either. In the Mass, we are not simply remembering a past event; the mystery of Christ's dying and rising is made present to us. Thus the Eucharist we celebrate and the sacrifice of Christ on the cross are not different things, but one single sacrifice.

Without the cross, there would be no Mass. But in a sense, the reverse is also true. Pope Francis writes: "If we had not had the Last Supper, that is to say, if we had not had the ritual anticipation of his death, we would never have been able to grasp how the carrying out of his being condemned to death could have been in fact the act of perfect worship, pleasing to the Father, the only true act of worship, the only true liturgy."

This ritual remembrance is what reveals the meaning of the cross to us.

In the Mass, the Church's offering is united with Christ's sacrifice. Thus, as we pray the Mass, we can offer our lives, our praise, our suffering, our prayer, our work, to be united with Christ's self-offering, and they gain new value (CCC, 1368). Thus the Mass is Christ's sacrifice and the Church's sacrifice, too.

Our liturgical remembering of Christ's sacrifice comes to life in our own lives when we imitate Christ's self-emptying and self-sacrificing love. We participate in the life of Christ by dying to self, so that we can live the sacrificial sacrament in which we share.

The Communion Rite

Following the Amen of the Eucharistic Prayer, we enter into the fourth part of the Mass, the Communion Rite. We have gathered in Christ's name, we have listened to Christ's word; Christ's saving action has been remembered and renewed in the Liturgy of the Eucharist. Now we receive the sacrament we celebrate in the high point of our participation, the reception of the Body and Blood of Christ in Holy Communion.

The communion rite begins with the recitation of the Lord's Prayer. We pray the prayer of Jesus himself: a prayer that praises God, that seeks only daily bread—and that makes a bargain: "Forgive us our trespasses, as we forgive those who trespass against us." Before we come to the altar, we seek forgiveness and reconciliation. The Lord's Prayer flows naturally into the exchange of peace, in which we turn to those who are already one with us in the Body of Christ, and share the peace of Christ. The "breaking of the bread" was one of the most ancient names for the Eucharist. It was in the breaking of bread that the disciples on the road to Emmaus finally recognized that their companion was Jesus himself. In the Mass, the host is broken and divided as we pray to Christ as the Lamb of God. This prayer is at once universal and individual—we acknowledge Christ as the one who takes away the sins "of the world," and we ask mercy for ourselves. The Savior of all comes to each.

The Eucharistic species, the bread and wine, are not brought to us or passed through the pews. Instead, we move towards the altar in procession. Communion isn't something that happens to us. Communion is something we assent to; something we do. The host can be received in the hand or on the tongue. Receiving in the hand is the more ancient practice; receiving on the tongue became common, and then mandatory, in the Middle Ages. The measure of our devotion is not, of course, in whether we open our hands or our mouth to receive, but whether we open our hearts to Christ and to those with whom we share this life.

We speak of "receiving communion." But when we receive the Body and Blood of Christ, we become one with Christ *and* with all the others who are joined to him in this sacrament. "As grain, once scattered on the hillsides, was in this broken bread made one," we sing in the ancient hymn, "so from all lands thy Church be gathered into thy kingdom by thy Son." Communion means communion with *this* community, *these* people. The Body of Christ is not a thing. It is a living reality. The sacrament we receive is a sacrament of unity.

—Corinna Laughlin, *Pastoral Assistant for Liturgy*

A Quiet Prayer at the Preparation of the Gifts

Lord Jesus Christ, as I come to this feast of faith, strengthen my faith in your presence. Receiving your Body, may I be united with you and with all who share at this table. Receiving your Blood, may my sins be washed away. In this holy moment, I bring before you my needs, my sufferings, my regrets; my hopes, my thanksgiving. As I walk towards the altar, I bring with me those I love and those I find it difficult to love. As I join in this holy banquet, I pray for all families and all nations, that peace and unity may flow from here to touch every corner of the world. Amen.

MEETING CHRIST: EXPLORING THE LITURGY is a 5-part series of articles provided by the Archdiocese of Seattle

Catholic Media Recommendations for Everyone

THIS WEEK ON FORMED

Our parish pays for a subscription to FORMED.org, a streaming service from the Augustine Institute and Ignatius press. Go to formed.org/signup and enter our parish name to redeem your FREE membership. Once logged-in access these suggestions at watch.formed.org/this-week-on-formed



Sts. Joachim and Anne | Sacred Art

In this episode on FORMED Now, Dr. Ben Akers and Taylor Kemp discuss the parents of the Blessed Virgin Mary in this famous painting "Joachim and Anne Meeting at the Golden Gate."



The Way of Saint James

This documentary follows the journey of several pilgrims who differ in culture and religious faith but are united in their journey across the Camino de Santiago. Each of them is traveling toward the shrine of St. James the Apostle, whose feast day we celebrate this week.



Catholic Parenting Tips w/ Catholic Sprouts | FORMED Now

Join Taylor Kemp and Nancy Bandzuch, who founded Catholic Sprouts alongside her husband Bill, for tips for raising Catholic children!



An intimate video portrait of our cathedral, the archdiocese and our bishops.

The Feast of St. James the Apostle is this Tuesday, July 25. He is the patron of our cathedral in Seattle and of our archdiocese. The Archdiocese of Seattle was featured in a new video series called "The Chair" from DeSales Media, celebrating cathedrals, bishops and dioceses throughout the United States. In the Seattle episode, you'll see an intimate portrait of St. James Cathedral, our archdiocese, and the bishops who served throughout its history, including the journey of Archbishop Etienne from his youth to today. It's free to watch but does require creating an account to access the Seattle episode and others. Go to <https://thechair.vhx.tv/videos/the-chair-seattle-wa>

Parish Ministries & Events

Please contact Jennifer at the Parish Office for more information about events and to connect with our various parish groups: 360-458-3031 x1 jennifer@saintcolumbanyelm.org



Altar Society

Meets every Thursday after Daily Mass to clean the church.



Daughters of Mary

St. Columban Catholic Church Yelm, WA

Next Fellowship

Aug 6th after the 10:30AM Mass
Parish Hall

Monthly Meeting

Aug 29th, 6:00PM
Parish Hall



Cross Catholic OUTREACH

Father James Quinlan of Cross Catholic Outreach will be visiting our parish next weekend to speak at all the Masses on behalf

of the poor in developing countries. Cross Catholic Outreach was founded to create a meaningful link between parishes in America and the priests and nuns working in the Church overseas in the Caribbean, Africa, Asia, Central and South America.

Father Quinlan was ordained May 12, 1976, in the Archdiocese of Chicago where he grew up in a family of 10 children. Before entering the seminary, Father Quinlan worked as a Market Research Consultant for a multi-national firm in Chicago, NYC, and London. After his ordination, he was Associate Pastor at various Illinois parishes until he became pastor of a multi-cultural parish in Maywood, Illinois for 21 years. Father also served as Vice-Chairman of the Association of Chicago Priests. In addition, he designed the layout, organization, and procedures for Special Pre-Cana Programs for the Archdiocese of Chicago. Father also received from the Archdiocese, the Augustus Tolton Award for his ministry and service to the African American Community. After retiring from the Archdiocese of Chicago

Father moved to Ft. Lauderdale, Florida and became an Assistant Priest at a parish in the Archdiocese of Miami. Father also served as an instructor teaching religion to recovery classes at Broward Outreach Center, a half-way house.

Father currently resides in Cathedral City, California and brings his excellent teaching and auditory skills to Cross Catholic Outreach where for the past 11 years he continues God's work on behalf of the poorest of the poor around the world.



Knights of Columbus

Council 17152 /
Assembly 3947

CHARITY + UNITY
FRATERNITY + PATRIOTISM

Next Council Meeting:

August 16th, Begins with Vespers in the Church at 5:30 PM



Next Assembly Meeting:

August 14th

Join us for our next breakfast!
Aug 20th, after the 10:30 Mass

Prayer Groups

Rosary Group Mondays 7pm, Church

Spanish Group Tuesdays 6:30pm, Church

Society of St. Vincent de Paul
Help Line: 360-458-1904

Next meeting:

August 17th, 7:00 PM Parish Hall



St. Peter's Circle

St. Peter Mission Tenino

Next Meeting

August 8, 9:30 AM

Sign up for updates via email or text: saintcolumbanyelm.flocknote.com

Outside Notices & Events



The Intersection of Faith, Spirituality & Peer Support

Archdiocese of Seattle's Mental Health Ministry

This month's Wellness Wednesday topic will be:

A brief overview of peer support and our speakers' approaches to it. We will also hear how faith and spirituality play an important role in peer support.

Register for this virtual gathering at archseattle.org/wellness.

Wellness Wednesdays virtual events are held online on Zoom and take place on the first Wednesday of the month.

Wednesday, August 2, 2023

7:00PM - 8:30PM

Featured Speakers:
Cole Devlin
Gabe Hamilton



Pope John Paul II High School

Have you considered the value of a Catholic, college-prep high school?

At Pope John Paul II High School students and families find a welcoming, faith-filled community where they are seen, heard, and belong.

Call Emily Cote at 360-438-7600 today for a personal tour where you will meet our thriving students and dynamic faculty.



Scan the QR code to learn more about JP II!



Due to the incredible support of our local parishes, business leaders, and other benefactors, generous financial assistance is available. For more information on supporting JP II students and families, contact our advancement office at advance@popejp2hseagles.org.



Holy Family School is a private Catholic school located in Lacey, serving Lacey, Olympia and surrounding Thurston County. We have a proud tradition of academic excellence. Our students are tomorrow's future leaders. With an emphasis on integrating Catholic values throughout our school's program, Holy Family is known for its outstanding student body, skilled staff, and welcoming community approach.

We are committed to helping students grow emotionally, spiritually, physically, and intellectually, thus providing them with a solid foundation. Holy Family students benefit from a 10-1 student-teacher ratio. This small classroom dynamic benefits our students immensely. No student is left behind, and every student is challenged by the curriculum. MAP testing scores demonstrate the high levels of proficiency that Holy Family students achieve each year in science, English and math.

Project Rachel - Hope and Healing After Abortion



English: (206) 920-6413
Español: (206)-450-7814
Email projectrachel@ccsww.org.
Visit us at www.ccsww.org/projectrachel or fb.com/projectrachelww

If you are suffering from the experience of an abortion, you do not need to walk alone. Project Rachel Western Washington offers a compassionate and confidential environment for those who suffer the effects of an abortion.

Find hope and healing after abortion at Rachel's Vineyard Retreat: English retreats - September 15-17, 2023, March 8-10, 2024 / Spanish retreats - October 27-29, 2023



worldwide

marriage encounter

"What I say to you in the darkness, speak in the light; what you hear whispered, proclaim on the housetops." Proclaim

the good news of a Christian marriage. Bring God into your marriage by attending a Worldwide Marriage Encounter Experience on Oct 13-15, 2023 at Archbishop Brunett Retreat Center at the Palisades, Federal Way, WA, Oct 6-8 Immaculate Heart Retreat Center, Spokane, WA or Aug 25-27 Beaverton, OR. For more information about Worldwide Marriage Encounter, please visit www.wwme.org. For questions, or to find out more about a Virtual Encounter Weekend, feel free to contact: Jeff and Sandy Corneil 360-930-2321.

As proclaimed by Pope Francis, July 23 is the World Day for Grandparents and the Elderly, which happens the same week as the feast day of Sts. Joachim and Anne, parents of Mary and grandparents of our Lord. Read the pope's full message online about this commemoration, linked on



World Day
for Grandparents
and the Elderly
2023

**For Immediate Release****Archdioceses of Seattle and Santa Fe Announce Pilgrimage of Peace to Japan**

SEATTLE, July 18, 2023 - A delegation from the Archdioceses of Santa Fe and Seattle is embarking on a transformative Pilgrimage of Peace to Tokyo, Akita, Kyoto, Hiroshima, and Nagasaki, Japan, from July 31 to August 12, 2023. The delegation comprises Most Reverend John C. Wester, Archbishop of Santa Fe, and Most Reverend Paul D. Etienne, Archbishop of Seattle, along with representatives from various organizations and archdiocesan offices dedicated to nuclear disarmament and social justice.

The Pilgrimage of Peace is driven by a compelling vision and mission statement, which is rooted in a world free from nuclear weapons due to their inherent threat to lasting peace. By advocating for universal disarmament and fostering global cooperation, the delegation aims to eliminate nuclear weapons and cultivate an environment where peace can flourish unimpeded.

Most Reverend John C. Wester, Archbishop of Santa Fe stated, "During this Pilgrimage of Peace to Japan, I hope to encourage conversation about universal, verifiable nuclear disarmament and to walk together toward a new future of peace, a new promised land of peace, a new culture of peace and nonviolence where we all might learn to live in peace as sisters and brothers on this beautiful planet, our common home. I hope one day, we will stop building these weapons, disarm our state and our world, and embark on a new future without the fear and terror of the nuclear threat.

The mission of the Archdioceses of Santa Fe and Seattle's Pilgrimage of Peace is to establish a strong ecclesial and personal relationship with the bishops of Japan.

"God calls us to build a global community where the whole human family can flourish," said Most Reverend Paul D. Etienne, Archbishop of Seattle. "Let us keep educating ourselves, praying for peace, and appealing for verifiable nuclear disarmament, which reflects our Catholic teachings and is the path for the common good."

Guided by the Holy Spirit and under the patronage of Our Lady of Guadalupe and Our Lady of Nagasaki, the delegation embarks on this sacred mission, standing in solidarity with the bishops of Japan to build a lasting legacy of peace for present and future generations.

As part of this pilgrimage, the delegations will be praying a Novena for peace starting on August 1 and ending on August 9, the anniversary of the dropping of the atomic bomb on Nagasaki in 1945.

For media inquiries and further information, please visit the [pilgrimage website](#) or contact media relations directly:

- Archdiocese of Santa Fe
Leslie Radigan, lradigan@asfnm.org | 505-831-8180
- Archdiocese of Seattle
Helen McClenahan, helen.mcclenahan@seattlearch.org | 206-375-5679



Calling all local high school students and college-aged young adults!

**JOIN US LOCALLY FOR
WORLD YOUTH DAY**



Aug. 1 - St. Mary's, Anacortes
Aug. 3 - Our Lady of Lourdes, Vancouver
Aug. 5 - St. James Cathedral, Seattle

High school students can attend with a parent, chaperone, or with their youth group. Young adults can come in organized groups or individually.

Learn more at archseattle.org

Register directly for each location or contact us to plan on attending together as a group from our area. parishoffice@saintcolumbanyelm.org

As youth from around the world celebrate World Youth Day with the Pope in Lisbon, Portugal, the Archdiocese of Seattle is participating locally with three regional gatherings, creating a mini version of the experience at Lisbon, with speakers, Mass, activities, lunch and more. Join for one or all three events.



REGISTER NOW AT <http://bit.ly/3ogTr1n>

AUGUST 15-17, 2023

At the Archbishop Brunett Retreat Center at the Palisades



HIGH SCHOOL RETREAT
For incoming juniors and seniors and recent graduates!

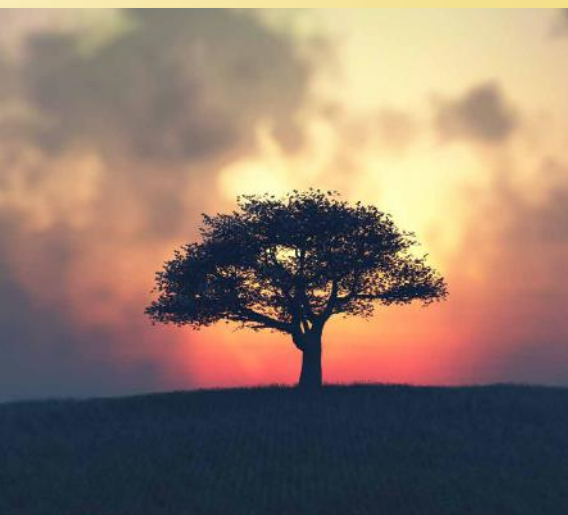
Register now to attend this retreat exploring ways to grow in relationship with the Lord and discern God's plan in your life.

Led by Fr. Justin Ryan and hosted by Youth Ministry Services.

ARCHDIOCESE OF SEATTLE

At Home with Faith

Scripture reminds us that the kingdom of heaven can spring forth from even the smallest beginnings. The seeds of faith that we plant today can one day grow and bear great fruit.



Read

Take time to read and reflect
on the Scriptures for
this day.

Don't have access to a Bible?

Visit www.usccb.org/bible/readings
or download an app such as *Laudate*
or *iBreviary* to access the
Mass readings.

"The kingdom of heaven is like a mustard seed that a person took and sowed in a field. It is the smallest of all the seeds, yet when full-grown it is the largest of plants." (Matthew 13:31-32)

We all have a role in passing along the faith, whether as parents, teachers, or friends. It doesn't always feel like our efforts are making a difference, and it's natural to wonder sometimes if we're trying in vain.

Scripture reminds us to always have hope. Great faith can spring forth from even the smallest seeds. God sees our attempts to share our faith, and his grace multiplies our efforts beyond our imagination. Let us trust in his abundant love and mercy.

Wisdom 12:13,16-19

"You taught your people, by these deeds, that those who are righteous must be kind."

Psalms 86:5-6,9-10,15-1

"Lord, you are good and forgiving."

Romans 8:26-27

"And the one who searches hearts knows what is the intention of the Spirit."

Matthew 13:24-43 (shorter form: Matthew 13:24-30)

Jesus describes the Kingdom of Heaven through parables.

At Home with **Faith**

Talk

Here are some reflection questions to help you have **Great Conversations** with the whole family.

"No, if you pull up the weeds you might uproot the wheat along with them. Let them grow together until harvest."

(Matthew 13:29-30) Sometimes, we make the mistake of judging others or ourselves prematurely. When someone acts in a way that conflicts with how we've taught them, we might feel frustrated and even give up on them. When we don't see results from our efforts at evangelization, we might be too quick to assume we have failed. Scripture reminds us that only God knows how the story ends, so we must trust in his judgment and not our own.

What are some situations in your life when you felt like you couldn't do much to help another? How did this experience make you feel? How did your emotions influence the choices you made? Now looking back at this experience, reflect on the parable of the mustard seed. How does this parable shift the way you view that experience?

Below is a prayer by Thomas Merton from his book, "Thoughts in Solitude." This is a wonderful prayer acknowledging that we do not have all the answers, but that God is always leading us if we commit ourselves to him wholeheartedly in all that we do.

My Lord God,
I have no idea where I am going.
I do not see the road ahead of me.
I cannot know for certain where it will end.
nor do I really know myself,
and the fact that I think I am following your will
does not mean that I am actually doing so.
But I believe that the desire to please you
does in fact please you.
And I hope I have that desire in all that I am doing.
I hope that I will never do anything apart from that desire.
And I know that if I do this you will lead me by the right road,
though I may know nothing about it.
Therefore will I trust you always though
I may seem to be lost and in the shadow of death.
I will not fear, for you are ever with me,
and you will never leave me to face my perils alone.

"The Merton Prayer" from Thoughts in Solitude by Thomas Merton

For more resources, visit us online at:

<https://www.athomewithfaith.org>





SUNDAY, JULY 23, 2023

16TH SUNDAY IN ORDINARY TIME



“The righteous will shine like the sun in the kingdom of their Father.” - Mt 13:43a

Weekly Prayer

Sunday's Readings

First Reading:

And you taught your people, by these deeds,
that those who are just must be kind;
and you gave your children good ground for hope
that you would permit repentance for their sins.
(Wis 12:19)

Psalm:

Lord, you are good and forgiving. (Ps 86)

Second Reading:

The Spirit comes to the aid of our weakness;
for we do not know how to pray as we ought,
but the Spirit himself intercedes with inexpressible
groanings. (Rom 8:26)

Gospel:

“Let them grow together until harvest;
then at harvest time I will say to the harvesters,
‘First collect the weeds and tie them in bundles for
burning;
but gather the wheat into my barn.’” (Mt 13:30)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of
Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on
English in the Liturgy Corporation. All rights reserved.

Live The Liturgy Inspiration of the Week

When the disciples cannot understand something, they approach Jesus, and beseech him to explain. Let us be this forthcoming when we are discerning the will of God or struggling with a decision. Let us ask him to explain in words we can understand.

Observances for the week of July 23, 2023

Sunday: 16th Sunday in Ordinary Time
Monday: St. Sharbel Makhlūf, Priest
Tuesday: St. James, Apostle
Wednesday: Sts. Joachim and Anne, Parents of the Blessed Virgin Mary
Saturday: Sts. Martha, Mary and Lazarus
Next Sunday: 17th Sunday in Ordinary Time



Saint of the week

Blessed Stanley Francis Rother spent most of his priestly life serving the Tz'utujil people of Southwest Guatemala, whom he loved. He was shot and killed by non-native guerilla forces in their attempt to terrorize the community. He is the first U.S.-born beatified martyr.

Prayer

O God, fount of all holiness, make us each walk worthily in our vocation, through the intercession of Your Saints, on whom You bestowed a great variety of graces on earth.

Having graced Your Church with the life of Your priest and martyr, Blessed Stanley Rother, grant that by his intercession this humble flock may reach where the brave shepherd has gone. Grant that Your Church may proclaim him a saint living in Your presence and interceding for us.

Through Christ our Lord.

(Prayer Source: <https://archokc.org/prayers-for-blessed-stanley-rother>)

Readings for the week of July 23, 2023

Sunday:

Wis 12:13, 16-19/Ps 86:5-6, 9-10, 15-16 (5a)/Rom 8:26-27/Mt 13:24-43 or 13:24-30

Monday:

Ex 14:5-18/Ex 15:1bc-2, 3-4, 5-6/
Mt 12:38-42

Tuesday:

2 Cor 4:7-15/Ps 126:1bc-2ab, 2cd-3, 4-5, 6/Mt 20:20-28

Wednesday:

Ex 16:1-5, 9-15/Ps 78:18-19, 23-24, 25-26, 27-28/Mt 13:1-9

Thursday:

Ex 19:1-2, 9-11, 16-20b/Dn 3:52, 53, 54, 55, 56/Mt 13:10-17

Friday:

Ex 20:1-17/Ps 19:8, 9, 10, 11/Mt 13:18-23

Saturday:

Ex 24:3-8/Ps 50:1b-2, 5-6, 14-15/Jn 11:19-27 or Lk 10:38-42

Next Sunday:

1 Kgs 3:5, 7-12/Ps 119:57, 72, 76-77, 127-128, 129-130 (97a)/Rom 8:28-30/Mt 13:44-52 or 13:44-46



Gospel Meditation

Encourage Deeper Understanding of Scripture

Patience is rooted in Hope (an image of a bush filled with birds would be great)

Life, like the church, is often burdened with evil, smallness, and impurities. The Lord's parables give us a hope-filled perspective on all three.

Evil: in Jesus' parable about the good farmer whose enemy plants weeds at night, Jesus tells us that God is not the cause of evil but permits evil to exist with good out of his patient love. He will finally deal with it, but his love lets things stay messy for a time.

Smallness: It's funny that Jesus says his kingdom looks like ... wait for it ... a bush. What a letdown! Yet this little shrub still somehow has room for all the birds of the sky. The smallness of the Church, and even our own little lives, still provides plenty of room for all whom God sends.

Impurities: divisions and hypocrisies in the Church and our own hearts exasperate us. Recall that Jesus compares his kingdom to a lump of dough with impure leaven eating away at it and therefore making it expand. It's the secret of the Cross. Not how we'd prefer it. But finally, great news.

The field, the bush, the loaf: all three parables invite us to embrace a patience rooted in hope: one day the field will be weeded, the bush filled with birds, and the risen loaf leaven-free.

— Father John Muir



Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

(PRACTICING) CATHOLIC

The Catholic Bubble

There's a dangerous myth that exists among pockets of faithful, observant Catholic families. I call it the Legend of the Catholic Bubble.

Here's how the legend goes: you find a devout Catholic parish and a devout Catholic community filled with devout Catholic people who care about devout Catholic things, and you stay away from everything and everyone else, you and your children will be safe from the influence of the evil one. Your children will never fall away from the faith, or even be tempted, and your own faith will stay steel-strong amidst the many tempests and trials of this earthly life.

But like the Loch Ness Monster and the Abominable Snowman, it's all made up.

Don't misunderstand me: I *love* a good devout Catholic parish. I *live* for a supportive, devout Catholic community. It's one of the biggest blessings in the Christian life, and I cannot overstate how helpful it is to raise children in an environment that upholds your Catholic faith and does not denigrate it.

But. *But.*

Make no mistake: the Catholic Bubble will not save you. The trials and the temptations will find you there, too: on the parish council, at Catholic school, in your Catholic moms' group. No community on earth is so supportive that it mimics Heaven. The weeds have been sown with the good seed, and the harvest time is not yet upon us.

Cherish your community, certainly — but beware of the lure of the Catholic Bubble. We are called to be yeast in the loaf of bread, and yeast is nothing on its own.

"And the one who searches hearts knows what is the intention of the Spirit, because he intercedes for the holy ones according to God's will."

— Romans 8:27

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

Why do priests wear a Roman collar?

Answer:

The practice of priests wearing the Roman collar developed in the mid-nineteenth century as an alternative to wearing the cassock which in some places was seen as impractical or which was even outlawed by anti-Catholic legislation. Since its introduction, it has taken different forms, and if you visit different countries today, you will see variation in what priests wear.

The Code of Canon Law simply observes that priests wear "suitable ecclesiastical garb" according to the judgments of the national bishops conferences and local custom (no. 284). The US Bishops have instructed that outside of liturgical functions, a "black suit and Roman collar are the usual formal attire for priests. The use of the cassock is at the discretion of the cleric." Priests who are members of religious communities are to follow the rules of their institute regarding the habit or other approved clothing.

In the end, whether a priest wears the Roman collar, a religious habit, or, as is the case in many European countries, a suit and tie (to distinguish them from Protestant clergy who wear a collar) the goal of their clerical clothing is to serve as a sign of their commitment to guide and to serve, and to also allow them to be truly public figures because they are ordained for the service of all.

“The Son of Man will send his angels, and they will collect out of his kingdom all who cause others to sin and all evildoers. They will throw them into the fiery furnace, where there will be wailing and grinding of teeth. Then the righteous will shine like the sun in the kingdom of their Father.”
- Mt 13:41-43a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

First Reading

Our Jewish wisdom writer describes God as lenient, powerful, and kind. What words would you use to describe God?

Second Reading

Paul encourages the believers in Rome that the Spirit intercedes for us and teaches us what to pray for. What could you pray for this week?

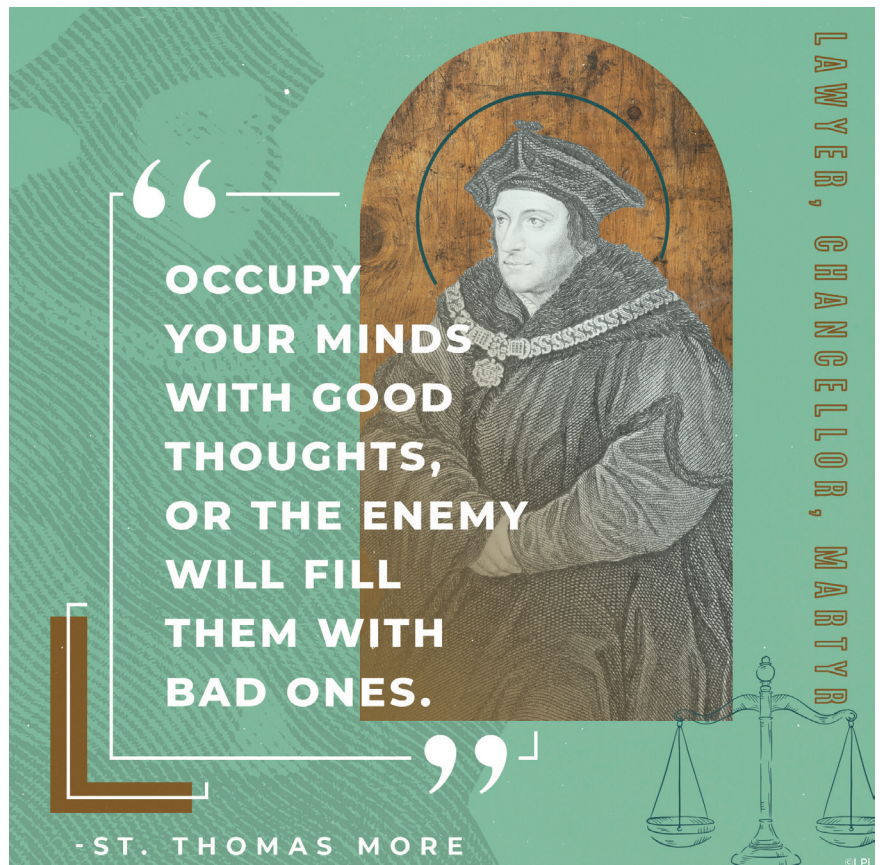
Gospel Reading

In the parable of the weeds among the wheat, Jesus speaks privately to his disciples of the presence of the evil one, the devil in this world. How can we best defend our family and loved ones from evil?



Support our local advertisers

Please show your support for your parish by also supporting our advertisers. We wouldn't be able to bring you our bulletin every week without them. Please encourage and remind others to show their support and shop local.





“He replied, ‘No, if you pull up the weeds you might uproot the wheat along with them. Let them grow together until harvest; then at harvest time I will say to the harvesters, “First collect the weeds and tie them in bundles for burning; but gather the wheat into my barn.” ’ ” - Mt 13:29-30

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Prayer

God, help my love and faith to grow strong.

Mission for the Week

Help your parents in the garden. Watch how carefully weeds need to be pulled, so you don't pull up the good plants, too.

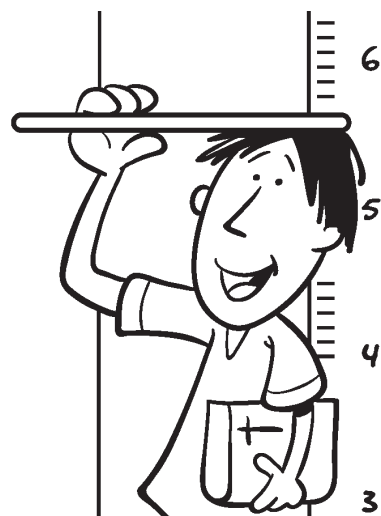
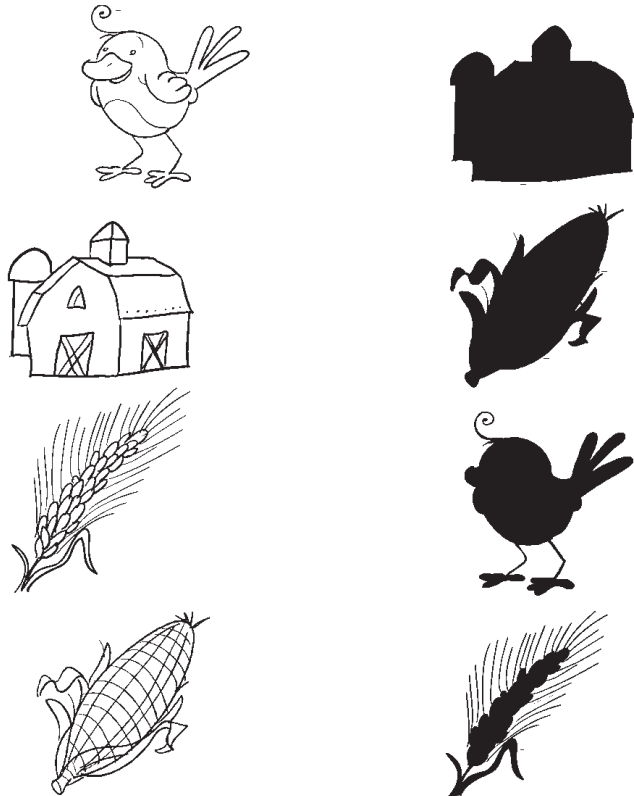
Sharing the Gospel

As God's child, you are the wheat in God's field. As you love and trust God more, your faith will grow. You will see others around you who love God, too. God will be happy to see you growing up in God's love. As you grow taller and stronger, you will also notice others around you who ignore or hate God. God will get rid of those weeds. Then he will bring you into heaven.

Now color the picture!



Find the matching shadow.



Mr. Family Restaurant
Dougs
 360-458-2255
 "Thursday Nights All You
 Can Eat Beer Battered
 Fish & Chips
 w/Cole Slaw \$11.99"
 210 NE 103rd Ave •Yelm

LET'S GROW YOUR BUSINESS
 Place Your Ad Here
 and Support Our Parish!

CONTACT ME
Kelly Day

kday@4LPi.com
(800) 950-9952 x2115

Valley Water Solutions

Filtrations, Pumps & Well Service

360-915-8360 - store

360-359-1016 - Dave Cell

209 Yelm Ave. E. Yelm, WA 98597

ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary • Flood Detection
- Fire Safety • Carbon Monoxide



SafeStreets

833-287-3502

SUPPORT OUR ADVERTISERS!



FREE
AD DESIGN
 with purchase
 of this space

CALL
800-950-9952



CAPITAL
HEATING & COOLING

Delivering Comfort Since 1937

Lacey, WA

capitalheatingandcooling.com

(360) 491-7450

RE/MAX

REALTY SOUTH
Chrissy DeHan

Broker - Parishioner
 Specializing in Yelm Area
 buyers and sellers

(360) 789-4093

ChrissyDeHan@gmail.com

www.chrissyhomes.com



NEVER MISS OUR BULLETIN!

SUBSCRIBE

Have our bulletin
 emailed to you
 every week.



Visit **www.parishesonline.com**



CHURCH SUPPLIES & FURNISHINGS

CANDLES ♦ BOOKS ♦ BIBLES

RELIGIOUS GIFTS & DECOR

STATUARY ♦ JEWELRY ♦ ROSARIES

SACRAMENTAL & SEASONAL ITEMS

& SO MUCH MORE!

5201 4th Avenue South

Seattle, WA 98108

(206) 622-3100

Visit us Online!

kaufers.shop

**Place Your Ad Here and
 Support our Parish!**

Instantly create and
 purchase an ad with

AD CREATOR STUDIO



4lpi.com/adcreator



For ad info. call 1-800-950-9952 • **www.4lpi.com**

St. Columban, Yelm, WA

A 4C 05-1744