

Christi simus, non nostri

We belong to Christ, not ourselves

# ST COLUMBAN CATHOLIC CHURCH

A Parish of the  
Archdiocese of Seattle

February 4, 2024

Fifth Sunday in Ordinary Time

## St. Columban Church

506 First St. S | Yelm, WA 98597

**Sunday Mass:** 10:30 AM

Saturday 5:00 PM

**Daily Mass** 9:00 AM (Tuesday-Friday, Except First Fridays)

**Eucharistic Adoration** First Fridays 6:30 PM

**Confessions** Saturday 3:30-4:30 PM

**Anointing of the Sick** By request

**Baptism & Wedding Preparation** Contact the Parish Office

## St. Peter Mission

149 Keithahn St S | Tenino, WA 98589

**Sunday Mass** 8:00 AM

First Friday Mass 9:00 AM

**Confessions** Sunday 7:30-7:45 AM

**Anointing of the Sick** By request

### Society of St. Vincent de Paul

Providing emergency assistance for those in need.

Help Line: 360-458-1904

**Parish Office Hours at St. Columban** Mon.-Thurs. 9:30 AM - 2:00 PM Friday by appointment

**Sacramental Emergencies:** 208-572-5251 The church may be open for prayer during office hours upon request.

**Entrance Antiphon:** *O come, let us worship God, and bow down before the God who made us, for he is the Lord our God.*

**First Reading:** Job 7:1-4, 6-7

**Responsorial Psalm:** Ps 147 "Praise the Lord, who heals the brokenhearted"

**Second Reading:** 1 Corinthians 9:16-19, 22-23

**Gospel Acclamation:** *Christ took away our infirmities and bore our diseases.*

**Gospel:** Mark 1:29-39

**Communion Antiphon:** *Blessed are those who mourn, for they shall be consoled. Blessed are those who hunger and thirst for righteousness, for they shall have their fill.*

**On the Cover:** *Jesus Heals a Mute Possessed Man (Jésus guérit un possédé muet)* James Tissot

[www.saintcolumbanyelm.org](http://www.saintcolumbanyelm.org)

360-458-3031

[parishoffice@saintcolumbanyelm.org](mailto:parishoffice@saintcolumbanyelm.org)



# Welcome to St. Columban

## Weekly Calendar & Mass Intentions

All events are at St. Columban unless otherwise noted.

**MONDAY February 5** St. Agatha, Virgin & Martyr  
Rosary Prayer Group 7 p.m. Church

**TUESDAY February 6** St. Paul Miki & Comp., Martyrs  
Mass 9:00 a.m. Int: Rafael & Cecilia Fregoso Church  
Winter Clothes Closet 6:00PM-8:00 p.m. Small Hall  
Spanish Prayer Group 6:30 PM Hall

**WEDNESDAY February 7**  
Mass 9:00 a.m. Church  
Bible Study 10:00 a.m. St. Peter  
Winter Clothes Closet 2-4 p.m. Small Hall

**THURSDAY February 8**  
St. Jerome Emiliani; St. Josephine Bakhita, Virgin  
Mass 9:00 a.m. Church  
Winter Clothes Closet 6-8 p.m. Small Hall  
Choir Practice 6 p.m. Church  
Bible Study 6:30 p.m. Small Hall

**FRIDAY February 9**  
Mass 9:00 a.m. Church  
Homeschool Enrichment 9:45 a.m. RE Bldg

**SATURDAY February 10** St. Scholastica, Virgin  
Confession 3:30PM Church  
Anticipatory Sunday Mass 5:00PM Int.: Pro Populo Church

**SUNDAY February 11 SIXTH SUNDAY IN ORDINARY TIME**  
Confession 7:30-7:45AM St. Peter  
Sunday Mass 8:00 AM Int.: Pro Populo St. Peter  
Religious Ed 9:15 a.m.-10:15 a.m. RE Bldg  
Confirmation 9:15 a.m.—10:15 a.m. Sm. Hall/Youth Space  
Sunday Mass 10:30 AM Int.: Pro Populo Church

**Superbowl Watch Party & Chili Cookoff Contest**  
2 p.m. Large Hall

We proclaim the Roman Catholic faith to the communities of McKenna, Nisqually, Rainier, Roy, Tenino, and Yelm in southeast Thurston and southwest Pierce counties.

Our community has grown since its origins at the former St. Margaret Mary Church in McKenna, and our current church in Yelm is named for the Irish-born 6th century missionary to Europe St. Columbanus of Bobbio. We have also been present in Tenino since 1891 through St. Peter Mission, named for the apostle and first pope.

**Are you registered?** Registration ensures that we know you are here, makes us aware of your needs and gifts, but most of all it helps us to welcome you to the parish! Stop by and introduce yourselves! The Parish Office is open Monday through Thursday, 9:30am to 2:00pm or call us for an appointment on Fridays. You may also register online at [saintcolumbanyelm.org/](http://saintcolumbanyelm.org/)

### Announcements

**Next Sunday is the 1st Annual Super Bowl Watch Party & Chili Cookoff Contest**, sponsored by KofC Assembly 3947. See Page 4 for full announcement.



**9:00AM @ St. Peter Mission (Tenino)**

**7:00PM @ St. Columban**

*Announcements continue on page 4.*

### Connect with us

WEBSITE [saintcolumbanyelm.org](http://saintcolumbanyelm.org)  
LIVESTREAM  
[youtube.com/@stcolumbanyelm](https://youtube.com/@stcolumbanyelm)  
SOCIAL MEDIA  
[facebook.com/saintcolumbanyelm](https://facebook.com/saintcolumbanyelm)  
ONLINE GIVING  
[pushpay.com/g/saintcolumbanyelm](https://pushpay.com/g/saintcolumbanyelm)

PARISH STAFF (360) 458-3031

Fr. Brian Thompson In Office: Tu-Th/AM  
Priest Administrator  
[frthompson@saintcolumbanyelm.org](mailto:frthompson@saintcolumbanyelm.org) x6

Jennifer Langham In Office: M-Thu  
PA for Admin, Liturgy, & Music  
[jennifer@saintcolumbanyelm.org](mailto:jennifer@saintcolumbanyelm.org) x1

Matthew Tolar In Office: M-Tu/AM  
PA for Admin, Bookkeeping & Records  
[matthew@saintcolumbanyelm.org](mailto:matthew@saintcolumbanyelm.org) x4

Gabriela Makinster In Office: Tu-Th  
Elementary & Adult Faith Formation,  
[gaby@saintcolumbanyelm.org](mailto:gaby@saintcolumbanyelm.org) x2  
\*habla Español

Chad Lucero  
Youth Ministry & Confirmation  
[chad@saintcolumbanyelm.org](mailto:chad@saintcolumbanyelm.org) x3

Steven Slater St. Columban Maintenance  
[steven@saintcolumbanyelm.org](mailto:steven@saintcolumbanyelm.org)  
Gilberto Espino St. Peter Maintenance  
[gilberto@saintcolumbanyelm.org](mailto:gilberto@saintcolumbanyelm.org)

**St. Columban Parish Pastoral Council** Judith Cusick (Chairperson), Sheila Johnson, Jerome Didier, Joseph Judge, Dennis Stumpf  
**St. Peter Advisory Commission** Sherry Bachmann (Chairperson), Marilyn Ritter, Bernie Schwarz, Bob Bacon, Diane Weston  
[stpeteradvisory@saintcolumbanyelm.org](mailto:stpeteradvisory@saintcolumbanyelm.org)

**Parish Finance Council** Joseph Judge (St Columban), Mari Evans (St Peter)

## A Word from Father Thompson



At my pervious parish, near the beginning of the pandemic, I was teaching Latin as an enrichment class for homeschoolers that was forced to move to an online format. My students and I had finished our textbook prior to the plague and so I gave them prayers to translate from the 1962 edition of the *Missale Romanum* (i.e. the “old” Mass).

At one point we got to a particular prayer called *Veni Sanctificator* (meaning “come Sanctifier”), which is part of the Offertory. In the Ordinary Form Mass (the missal we use today) you are likely more used to, we have the two much briefer “Blessed are you Lord, God of all creation...” prayers (modeled on Jewish pre-meal blessings) at this point, but the Historical Roman Catholic Mass has a series of longer prayers more evocative of preparing a victim for sacrifice in a temple (since the Mass is, of course, a sacrifice first and foremost), one of which is the *Veni Sanctificator*: “*Veni, Sanctificator omnipotens aeterne Deus, et benedic hoc sacrificium tuo sancto nomini praeparatum.*” (Come, Sanctifier, almighty and eternal God, and bless this sacrifice prepared in your holy name).

I mentioned to the kids that I had recently learned while reading a book by Cardinal Sarah (who is brilliant and about whom I have written before) that this prayer is why it is not a theological problem that the Roman Canon (the “long” Eucharistic prayer I use on Sundays) does not call on the Holy Spirit directly during the Eucharistic Prayer. For context, it is often noted as an oddity in theological and liturgical history that the historical Roman Mass mentions the Holy Spirit less often and directly than the Eastern Christian liturgies do. A desire to “fix” this is why the shorter Eucharistic Prayers in the current form of the Roman Missal we use today are so incredibly explicit about calling the Holy Spirit down on the bread and wine to be consecrated, e.g. “May your Holy Spirit come upon these gifts to make them holy, that they may become the Body and Blood of Our Lord, Jesus Christ.” Effectively, Cardinal Sarah was saying that our prayer calling the Holy Spirit down upon the gifts was, in the past, simply put before the Eucharistic Prayer proper rather than within it. The kids found the bit of trivia interesting.

However, a bolt of insight came as I was describing the motion the priest saying the “old” Mass would make with his hands while saying the prayer: beginning bowed down with his hands on the center of the altar and then waving them in a circle as he stood again, finally joining his hands in the classic praying hands pose, one of the girls in the Latin class asked why he was doing that particular gesture of all things. The answer came to me almost instantly and completely blew my mind: by doing that action the priest is stirring the air! During the prayer calling on the Holy Spirit, the priest is causing air symbolically to move over the gifts! The realization unlocked a number of spiritual and intellectual insights and connections that I hadn’t ever made before. This little gesture showed not an oddity of the Roman tradition but a profound unity of both belief and historical continuity between the Roman, Greek, African, and Middle Eastern forms of Catholic and Orthodox Christianity (all of which ritually stir the air over the gifts to represent the Holy Spirit’s action); this little gesture gives lie to the aforementioned “problem” that the Roman Catholic liturgy doesn’t call on the Holy Spirit directly; this little gesture shows a historical continuity with many of our brothers and sisters in Christ across time and space. A middle-schooler’s random question caused me to encounter and understand the Spirit of the Living God just that much better.

As I mentioned back in Advent, we should foster a Liturgical spirit at the core of our faith. This is an example of a fruit it bore in my life.

In Christ

*F. Thompson*

Loving God,  
we join with  
others of  
your people  
here asking  
you to hold in Your  
hands all of our  
homebound brothers  
and sisters and those  
who have asked for our  
prayers



### FOR THE SICK AND HOMEBOUND\*

Stan Villadelgado,  
Robert Fisher, Tina  
Wilson, Marcella  
Thornton, Bob Bacon,  
and Gary Henslee.

### FOR THE DECEASED

Grace Dvorak, Richard  
Suver, and all the souls in  
purgatory, especially  
those who have no one to  
pray for them.

### FOR OUR EXTRAORDINARY INTENTIONS

All those in harm’s way,  
especially those  
experiencing natural  
disasters and terrorism.

### PRAYER INTENTIONS OF THE POPE FEBRUARY:

For The Terminally Ill  
Let us pray that the sick  
who are in the final stages  
of life, and their families,  
receive the necessary  
medical and human care  
and accompaniment.

*Our Father..., Hail  
Mary..., Glory Be...*

*The church may be open  
for prayer during office  
hours upon request.*

\*To add a name to this list or request a Mass Intention please contact the parish office. All submissions must have permission from the named individual or an authorized family member for privacy purposes. St. Columban Prayer Chain: Confidential and private prayer chain. To join, contact the parish office.

## Ministries & Events

Whether you are new to the parish or have been here for many years, we encourage you to share your time, talents and treasures in support of the mission of our parish community. Contact Jennifer Langham at the Parish Office for more information about events and to connect with a group: 360-458-3031x1 / [jennifer@saintcolumbanyelm.org](mailto:jennifer@saintcolumbanyelm.org)



### The Parish office will be C!

**Monday February 19th**  
for President's Day.

**There will be NO DAILY MASS**  
**Tuesday February 20th!**

### Outside Events & Notices

**Worldwide Marriage Encounter Retreats:** “9-11, 2024 at LaQuinta in Tacoma, Mar 8-10, 2024, Immaculate Heart Retreat Center, Spokane, Apr 26-28, 2024 in Everett. Visit [wwme.org](http://wwme.org) or contact: Jeff and Sandy Cornell 360-930-2321

**Project Rachel**—Hope and Healing After Abortion English: (206) 920-6413 / Español: (206)-450-7814 [projectrachel@ccsww.org](mailto:projectrachel@ccsww.org) If you are suffering from the experience of an abortion, you do not need to walk alone. We offer a compassionate and confidential environment for those who suffer the effects of an abortion. Find hope and healing after abortion at Rachel's Vineyard Retreat.

### Financial Stewardship Report

	Jan 20-21	
Ordinary Income	St Columban	St Peter
Weekly Goal	\$5,800.00	\$1,000.00
Collection (Cash & Envelopes)	\$2,659.00	\$642.00
Online Giving	\$1,025.00	\$20.00
Net	(\$2,116.00)	(\$338.00)
Special Funds		
St Vincent DePaul	\$30.00	\$0.00
Sacramentals	\$30.02	\$12.25
(Candles, Beeswax tapers, Salt)		
Flowers	\$5.50	\$0.00
Building Fund	\$20.00	\$0.00
Mass Intentions	\$0.00	\$0.00
Second Collection	\$0.00	\$0.00
(Human Development)		

### Altar Society

A team of talented parishioners beautifully maintain and clean the Church every Thursday after Daily Mass.

### Daughters of Mary

[daughtersofmary@saintcolumbanyelm.org](mailto:daughtersofmary@saintcolumbanyelm.org)

All women of the Parish are invited. Next monthly meeting is **Tuesday, Jan. 23 at 6 p.m.** in the Parish Hall. Bring your favorite snack to share!

**Liturgical Ministries** [parishoffice@saintcolumbanyelm.org](mailto:parishoffice@saintcolumbanyelm.org)  
Altar Servers, Choir, Greeters/Ushers, Readers

**Knights of Columbus** [kofc@saintcolumbanyelm.org](mailto:kofc@saintcolumbanyelm.org)  
Council 17152 and Assembly 3742 meets monthly third Wednesdays of every month. Next meeting **Feb. 21, 5:30 p.m.**

Open to all Catholic gentlemen committed to the exemplification of charity, unity, fraternity, and patriotism and to the defense of the priesthood.

**1st Annual Super Bowl Watch Party and Chili Cook-Off Contest Feb. 11, Doors open 2 p.m. Free!** All parishioners and their families are invited for an afternoon of fellowship, entertainment, and good food. Bring an electric crockpot of your most famous Chili and/or Corn Bread for a chance to win a trophy (1st and 2nd places awarded for both Chili or Cornbread). Register your entry with Darren Johnson at [darrenejohnson61@gmail.com](mailto:darrenejohnson61@gmail.com) or 253-709-4588. Beverages will be available for purchase and the Knights will provide hot dogs and buns so everyone can enjoy all the chili after the contest is over. *Presented by KofC Assembly 3947.*

**Next Sunday Breakfast** Feb. 25 following the 10:30 Mass. Knights please come help starting at 8 a.m. All Parishioners are welcome to eat; donations accepted to help offset costs.

**St. Patrick's Dinner** Saturday March 16 following the 5 p.m. Mass. Tickets are on sale after Sunday Masses next month.

**Society of St. Vincent de Paul** 360-458-1904

Our chapter is composed of parishioners who provide assistance and prayerful healing to those in need in our community. Members meet weekly and monitor the helpline.

**St. Peter Circle** 360-264-4856

*Second Tuesdays every other month, beginning in January at St. Peter Tenino. Next meeting this Tuesday March 12.*

### Prayer Groups

Rosary group Mondays 7 PM in the Church,  
Spanish Group Tuesdays 6:30 PM in the Parish Hall

### Winter Clothes Closet

Tuesdays & Thursdays from 6-8 p.m. and Wednesdays from 2-4 p.m. October thru March. Donations of Coats, Knit Caps, Gloves, Warm socks, Scarves, Raincoats, and Rain boots are always welcome. Please remember that all donations should be of the highest quality, something you would wear. Donation boxes are located in the narthex.



## Faith Formation

### Elementary Religious Education

*Links to related articles & blogs will be posted in the emailed bulletin and on our social media channels.*



Please read all the flyers regarding Circle of Grace. There will be another one shared in the bulletin this week. Keep in mind that our lesson for the youth in our K-5 program will be next Sunday February 11. Please let me know if you have any questions or concerns.

Faith Formation K-5  
Feb 04 Class  
Feb 11 Class (Safe Environment)  
Feb 18 NO CLASS  
President's Day



Mrs. Makinster  
Elementary & Adult Faith Formation,  
gaby@saintcolumbanyelm.org  
360-458-3031 x2 *habla Español*

At St. Columban, we provide an opportunity for children and youth to learn about their Catholic faith and grow in their relationship with Jesus Christ through study, prayer, and community service.



### Christian Initiation for Adults (RCIA)/Adult Faith Formation

*Classes meet Tuesdays 6:30-8pm in the Religious Education building. These classes are open to all adult learners and to those seeking the Sacraments of Initiation: Baptism, Eucharist, and Confirmation.*

Next Class is February 6th and the lesson will be Moral Decision Making. Mr. James Briggs will be our instructor. Mr. Briggs will help us understand how a Catholic makes decisions in a complex world and when there are conflicting values in a given situation.

**RCIA**

### Youth Ministry & Confirmation (Grades 6-12)

Join us for fellowship & discipleship! Youth Ministry meet monthly for a mini-retreat

### Saint of the Week

The story of St. Josephine Bakhita (1869-1947) is a story that many people taken into slavery have experienced. Born in the Darfur region of Sudan, she was kidnapped at the age of 8 and sold into slavery many times. As she passed from owner to owner, she experienced the moral and physical humiliations associated with slavery. It was only at the age of 13 that her suffering was alleviated after she was bought for the Italian Consul in Sudan. It was here that she was fortunate to receive kindness, respect, and peace from her new master.

She was later handed over to the Canossian Sisters when she made the case that slavery had been outlawed in Italy for years. She was baptized and confirmed in the Catholic Church in 1890, where she took the name Josephine. She later entered the Institute of St. Magdalene of Canossa in 1893 and made her profession three years later.

St. Josephine Bakhita's next 50 years were spent serving people through cooking, sewing, embroidery, and housekeeping. She was a source of encouragement and her constant smile won people's hearts, as did her humility and simplicity. Today she is known as the patron saint of victims of modern slavery and human trafficking.



Mr. Lucero  
Youth Ministry & Confirmation



chad@saintcolumbanyelm.org  
360-458-3031 x2 x3

#### Our Youth Ministry Values

1. Our primary identity is as beloved sons and beloved daughters of God, no matter what. You are here because God wanted you here. Willing our existence, God create each of us out of love to love and for love.
2. We glorify God by striving to fully live our state in life. God gave us families and communities where we learn our faith, pray for each other's needs, and build virtue together as members of his Church, the Body of Christ.
3. As pilgrims on a journey together we are always on mission. We attend Holy Mass and receive the sacraments to better endure the trials of life, train us to be of service to one another, and to prepare us for eternal life in Heaven.

## Living our Faith



### Reflect and Respond to the Sunday Mass Readings:



**First Reading:** *I am filled with restlessness until the dawn.* (Job 7:4)

Job was overwhelmed with feelings of sadness and despair. How does your faith help you get through difficult times?

**Second Reading:** *If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it!* (1 Cor 9:16)

St. Paul sees his “gospel” (the good news of Jesus Christ) as the center of his life. What do you think is the focus of your life?

**Gospel:** *He cured many who were sick with various diseases, and he drove out many demons.* (Mk 1:34)

At the start of Jesus’s public ministry in Galilee, we hear he was purpose-driven in performing many healings and exorcisms, as well as preaching the good news of the kingdom of God. What could you do this week as an intentional act of charity or kindness?

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. Reflections, select clip art and content are ©LPi, our bulletin publisher.

### Question & Answer

**Question:** I have a friend who receives communion, but who I know for a fact is in a state of mortal sin. Should I tell our priest? Is it my responsibility to say something?

**Answer:** While we may always want to do what is best for our friends and family members, we have a responsibility to respect their privacy and their conscience. In its reflections on the Eighth Commandment (“You shall not bear false witness against your neighbor”), the Catechism of the Catholic Church states, “Respect for the reputation of persons forbids every attitude and word likely to cause them unjust injury. [One] becomes guilty: -of rash judgment who, even tacitly, assumes as true, without sufficient foundation, the moral fault of a neighbor; -of detraction who, without objectively valid reason, discloses another’s faults and failings to persons who do not know them; of calumny who, by remarks contrary to the truth, harms the reputation of others and gives occasion for false judgments concerning them” (no. 2477).

We will never truly know what is in a person’s mind, heart, and soul; only God knows those things. We should, of course, take our concerns to God and entrust the person about whom we are concerned to God’s grace and mercy. If we have concerns about the spiritual wellbeing of someone with whom we are close, we should go to the person themselves and talk about our fears and concerns. Unless it is a case of abuse or endangerment (which we have a moral and even legal responsibility to report to the appropriate authorities), we ultimately do not have the freedom to share another’s persons faults or sins, however good we think our intentions might be.

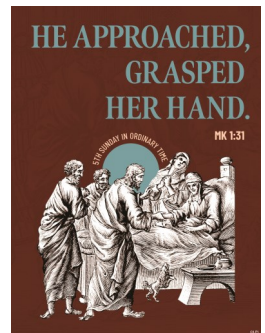
—LPi

### Introduction to the Devout Life by St. Francis de Sales

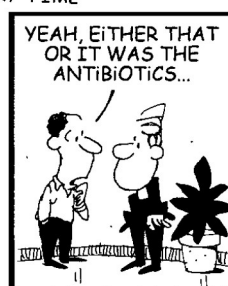
#### CHAPTER V. The First Step must be Purifying the Soul.

“THE flowers appear on the earth,” says the Heavenly Bridegroom, and the time for pruning and cutting is come. And what, my child, are our hearts’ flowers save our good desires? Now, so soon as these begin to appear, we need the pruning-hook to cut off all dead and superfluous works from our conscience. When the daughter of a strange land was about to espouse an Israelite, the law commanded her to put off the garment of her captivity, to pare her nails, and to shave her head; even so the soul which aims at the dignity of becoming the spouse of Christ, must put off the old man, and put on the new man, forsaking sin: moreover, it must pare and shave away every impediment which can hinder the Love of God. The very first step towards spiritual health is to be purged from our sinful humors. St. Paul received perfect purification instantaneously, and the like grace was conferred on St. Magdalene, St. Catherine of Genoa, St. Pelagia, and some others, but this kind of purgation is as miraculous and extraordinary in grace as the resurrection of the dead in nature, nor dare we venture to aspire to it. The ordinary purification, whether of body or soul, is only accomplished by slow degrees, step by step, gradually and painfully.

*Continues Next Sunday*



5th SUNDAY IN ORDINARY TIME



Father Flood © LPi



# World Day for Consecrated Life–February 4, 2024

## World Day for Consecrated Life

In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples. The celebration of World Day for Consecrated Life is transferred to the following Sunday in order to highlight the gift of consecrated persons for the whole Church.

Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

## A Vocation Glossary

**Consecrated Religious Brother:** A member of a men's religious order who is not in Holy Orders but engages in the work of the order. Members typically take vows of poverty, chastity and obedience.

**Consecrated Religious Sister:** A member of a religious order or congregation of women devoted to active service or meditation. Members typically take vows of poverty, chastity and obedience.

**Discernment:** The process of coming to know God's will via prayer and the guidance of the Holy Spirit.

**Deacon, Diaconate:** A third degree of the hierarchy of the Sacrament of Holy Orders, after bishop and priest. The deacon is ordained for ministry and service (but not to the priesthood). Deacons are ordained to assist the bishop and priests in celebrating the divine mysteries, above all the Holy Eucharist. They also can help distribute Holy Communion, proclaim the Gospel, preach, preside over funerals and perform charitable ministries.

**Holy Orders:** The Sacrament of Apostolic Ministry by which the mission entrusted by Christ to the Apostles continues to be exercised in the Church through the laying on of hands. This sacrament has three distinct degrees or orders: deacon, priest and bishop. All three confer a permanent, sacramental character.

**Novice:** A person who has been accepted into a religious order and who is undergoing a period of training and formation before taking vows.

**Novitiate:** The period a novice spends in training, usually 1-3 years, depending on the community

**Ordination:** The rite of the Sacrament of Holy Orders by which the bishop, through the imposition of hands and the prayer of consecration, confers the order of bishop, priest or deacon to exercise a sacred power which comes from Christ on behalf of the Church.

**Priest:** Someone who is ordained to minister within the Church. The main duties of the priest are preaching, leadership, and celebration of the Sacraments: baptizing, hearing confessions, offering the Holy Sacrifice of the Mass, overseeing the exchange of marital vows and anointing the sick. In celebrating the sacraments, the priest acts in the person of Christ (in persona Christi).

**Profession:** The taking of vows upon joining a religious order.

**Seminary:** A school which offers theological studies, especially for the purpose of training priests.

**Sister:** A member of a religious order of women (see consecrated religious sister).

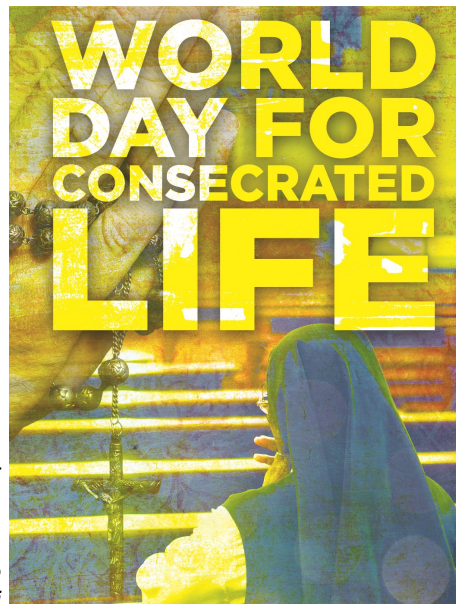
**Transitional Deacon:** For men moving toward the priesthood, this is a bridge to priesthood, not a permanent state of life. They spend six months to a year in the role before priestly ordination. At this time the man makes his permanent vow to live a life of obedience, celibacy and prayer for the Church.

**Religious Priest:** Those who belong to a religious order such as the Dominicans, Franciscans or Benedictines. They live according to the rules of the community and under the jurisdiction of their superiors in the community.

**Vocation:** The calling we have in this life. God has created us to love and serve Him, and He has a unique plan for each person's life -- a vocation. As God is the source of all lasting happiness, satisfaction and joy, then living according to God's plan for us will be the best life we can lead. Courage, obedience and persistent prayer are needed for us to live our vocation, whether it is to single life, to marriage or in service to the Church as a priest or religious.

**Vow:** An act of devotion in which persons dedicate themselves to God or promise God some good work. It is a deliberate and free promise made to God concerning a possible and better good which must be fulfilled by reason of the virtue of religion. Religious order vows are to chastity, obedience and poverty.

*A Resource from the  
Arch. of Cincinnati*



## From the *Catechism of the Catholic Church*

Already dedicated to him through Baptism, the person who surrenders himself to the God he loves above all else thereby consecrates himself more intimately to God's service and to the good of the Church. By this state of life consecrated to God, the Church manifests Christ and shows us how the Holy Spirit acts so wonderfully in her. And so the first mission of those who profess the evangelical counsels is to live out their consecration. Moreover, "since members of institutes of consecrated life dedicate themselves through their consecration to the service of the Church they are obliged in a special manner to engage in missionary work, in accord with the character of the institute."

In the Church, which is like the sacrament- the sign and instrument - of God's own life, the consecrated life is seen as a special sign of the mystery of redemption. To follow and imitate Christ more nearly and to manifest more clearly his self-emptying is to be more deeply present to one's contemporaries, in the heart of Christ. For those who are on this "narrower" path encourage their brethren by their example, and bear striking witness "that the world cannot be transfigured and offered to God without the spirit of the beatitudes." (CCC 931-932)



## Family Based Catechesis

Dioceses and parishes have used *Circle of Grace* in family based catechesis successfully in a variety of ways. It is best practice to have the children meet separately from parents when being taught the sections on recognizing and reporting boundary violations.

There are several reasons for this. Statistics show that 90% of abuse occurs by people known to the child (parents, step-parents, siblings, extended family, friends, coaches, teachers, etc.). Being in a separate group with peers, led by a catechist/facilitator, allows children to better receive the age- appropriate lessons about boundary violations, how to ask for help and how to ask questions.

Even with a close parent/child relationship, children may be hesitant to talk to their parents about abuse. One of the most successful components of *Circle of Grace* is having children choose several trusted adults, in addition to their parents, to turn to if something happens. When the child and parents have identified several other trusted adults that God has placed in their child's life, a bigger safety net is developed to protect them if abuse occurs.

While the children are in small groups experiencing the lessons, it is a great opportunity to have clergy or another leader available to talk to parents on an adult level about child protection, topical concerns or even handling questions about sexuality with their children. This would also be a good time to distribute the *Parents First* handouts.

One of the formats for presenting *Circle of Grace* in a large group event would be to begin with opening prayer and activities chosen from a lesson before sending children to grade-level groups (see above). To end the event, families can join together for a wrap up (like having parents talk with their children about what they learned and help them pick their trusted adults) and close with a prayer from one of the lessons.

## Outline of the Program

*Circle of Grace* lessons must be taught exactly as written to fully meet the requirements of the USCCB for child and youth protection. They cannot be altered or replaced by a lesson on a similar topic.

- Children in Pre-K through Gr. 3 and Gr. 6 have multiple lessons. Psychologists identify children as especially vulnerable when they are younger or in a time of transition. These lessons should be scheduled within two weeks of each other
- Grades 4, 5, 7 and 8 are taught *Circle of Grace* through the lens of a specific topic. These lessons take one class and still fully meet the requirements of the USCCB for child protection..

### Pre-Kindergarten - Grade 2

What is the *Circle of Grace*?

The Spotlight: Feelings, Touch, Secrets and Safety Plan

### Grade 3 - What is the *Circle of Grace*?

Boundaries, limits of our *Circle of Grace* and Action Plan

### Grade 4 - Internet Safety

Grade 5 - Understanding the Influence of the Media on our *Circle of Grace*

### Grade 6 - *Circle of Grace*: Pieces of the Puzzle

Safe Relationships, Boundaries, Safety PLAN

### Grade 7 - Saying "No" to Disrespect: Honoring

Everyone's *Circle of Grace*

Grade 8 - How to be Morally Responsible in Today's Culture

### Middle School Alternate Lessons

- ◊ Coping with Stress and Pressure
- ◊ Honoring Relationships

### High School Lessons

Please see our brochure of helpful 'Guide for Using *Circle of Grace* in High School classes, R.E. and Youth Ministry'.

*If you have any Circle of Grace ideas or stories to share (successes or failures!) or if you have a question or need some assistance, please contact me at:*

Mary K. Maguire, Safe Environment Specialist  
Archdiocese of Omaha Nebraska  
[mkmaguire@archomaha.org](mailto:mkmaguire@archomaha.org) or 402-557-5562

I have 20 years experience as a DPE for a very large program which used *Circle of Grace* and was part of the initial implementation. It is a blessing to share the experiences of sharing our faith and our *Circle of Grace* with children, youth and adults.

# Circle of Grace

## Guide for Using

### Circle of Grace

## in Religious Education



Pre-Kindergarten  
through  
Grade 8

Archdiocese of Omaha

*Imprimatur* Most Reverend George Lucas  
Archbishop of Omaha  
February 2018 Omaha, NE  
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## For Religious Education Directors or Coordinators

When planning for child protection lessons, every Religious Education Director's first concern is "How am I ever going to fit one more thing into an already overfilled calendar?"

Since *Circle of Grace* is faith-based, the lessons are built on Catholic teachings that are already the basis of the curriculum: respect for ourselves and others as children of God, Creation, the Ten Commandments, Beatitudes, conscience formation, responsible relationships and the sanctity of life are just a few.

*Circle of Grace* is easy for the catechists to teach. In fact, the lessons are no different than following their regular religion lesson plans! The success of *Circle of Grace* depends on the catechist's ability to teach that God is truly present in our lives and desires to keep His children safe. The curriculum does not require teaching any sex education or human physiology.

Many catechists are volunteers and come with a variety of gifts and skill levels. It is important as a DRE that we know they will have the tools they need to teach these important lessons and that it will be done appropriately. *Circle of Grace* provides this for catechists of each grade-level.

There is a strong parent component that respects parents as the *primary* catechists of their children. In addition to parent letters included with lessons, there are *Parents First* educational fliers for each grade to give parents information and resources to help answer questions their children may ask about human dignity, sacred relationships and sexuality in an age-appropriate manner.

Your leadership is very important in implementing *Circle of Grace* and keeping the passion alive in future years. When you begin, it helps to build excitement by sharing program information in the bulletin, newsletters and social media. It is good to remind adults each year of our common goal to create a safe environment in our parishes and schools and to teach our children and youth how to keep themselves safe in the world they live and navigate each day.

Catechists also need to have their enthusiasm for child protection reignited each year before teaching *Circle of Grace*. It is a great topic to discuss at catechist meetings. It can be combined with a reminder that since we are teaching faith, any lesson or discussion all year can bring forth a disclosure of abuse. It can also be a good time to review how to handle a disclosure with catechists. Check for mandatory reporting laws in your state.

It is no wonder catechists say *Circle of Grace* lessons have the best student participation for the whole year because it shows how our faith affects every relationship in our lives. It won't be long before *Circle of Grace* becomes part of your parish culture.

### *Circle of Grace brings God and our Catholic beliefs into the center of child protection by teaching:*

- God's presence and assistance in difficult and confusing situations as an essential component in its Pre-K–gr. 8 curriculum.
- a philosophy that can be used at all times that reinforces God's real presence in our lives, respect for self and others, and skills for good decision making.
- the sacredness of each person and how relationships are called to be experiences of divine love.

*Circle of Grace* lessons are taught in relationship: the student's relationship with God, God's relationship with them, and their relationship with others in their family and community.

## Circle of Grace makes your job easier!

Circle of Grace is easy to manage by providing your catechists with the lessons and tools they need to teach.



- Philosophy and goals are consistent throughout the Pre-K–Gr. 8 curriculum, so you and all of your catechists are on the same page! The Catholic teachings that are being taught are listed at the beginning of each lesson, helping you see where *Circle of Grace* may reinforce or enhance your current religion lessons.
- Comprehensive and self-contained materials for each grade. Leader guidelines, key concepts, goals and objectives, vocabulary, list of materials needed, complete lessons with opening and closing prayers, lesson development and activities, copy masters of handouts, activity sheets, pre- and post-tests (in appropriate grades), parent letters and a lesson evaluation.
- This means as DRE, you can copy or email one file to catechists with all the materials needed for each grade, keeping you from searching all over to find the correct parent letters, handouts, etc.
- An administrator's section is included with resources just for you, including help with implementation, special needs students, suicide prevention and how to handle a disclosure of abuse by a child. It has additional information about the program, common questions parents ask, abuse and neglect recognition and other topics that you can send directly to parents, catechists and others in the parish.

# **ALTAR SERVER BOOT CAMP**

**SUNDAY  
FEBRUARY 25, 2024  
12:00PM – 3:00PM**

This is for all boys of the parish who have received their First Holy Communion, contact the parish office to sign up!

A snack will be provided but if your child has special dietary needs, please send them with an appropriate snack of their own.



## St. Peter Mission

Fridays During Lent

Stations of the Cross

6:00PM

Soup Supper

6:30PM

## LENTEN FASTING & ABSTINENCE



### Fasting

Ash Wednesday  
Good Friday

Ages 18-59

### Abstinence

Every Friday  
during Lent

Ages 14+

### How do we fast?

When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

### Am I excused from fasting and abstinence?

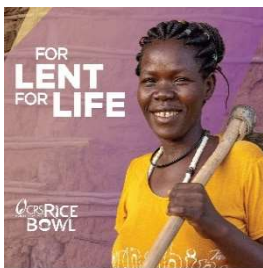
Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women.

For more information on fasting and abstinence, visit [uscbb.org](http://uscbb.org).



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## ALMSGIVING OPPORTUNITIES



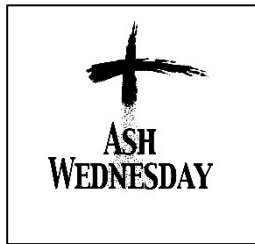
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# Lent 2024 Events

*At St. Columban Catholic Church of Yelm*



## February 14th

*\*Obligatory Day of Fasting & Abstinence*

**9:00AM** Mass @ St. Peter Mission

**7:00PM** Mass @ St. Columban

## Friday February 16<sup>th</sup>

**Stations of the Cross w/ Confession**

**6:00PM**

**Lenten Soup Supper**

**6:30PM**

*hosted by the Faith Formation & Youth Ministries*

## Friday February 23<sup>rd</sup>

**Stations of the Cross w/ Confession**

**6:00PM**

**Lenten Soup Supper**

**6:30PM**

*hosted by the Daughters of Mary & the Altar Society*

## Friday March 1<sup>st</sup>

**Stations of the Cross w/ Confession**

**6:00PM**

**Lenten Soup Supper**

**6:30PM**

*hosted by the Knights of Columbus*

## Friday March 8<sup>th</sup>

**Stations of the Cross w/ Confession**

**6:00PM**

**Lenten Soup Supper**

**6:30PM**

*hosted by the Altar Servers*

## Friday March 15<sup>th</sup>

**Stations of the Cross w/ Confession**

**6:00PM**

**Lenten Soup Supper**

**6:30PM**

*hosted by the St. Vincent de Paul*

## Friday March 22<sup>nd</sup>

**Stations of the Cross w/ Confession**

**6:00PM**

**Lenten Soup Supper**

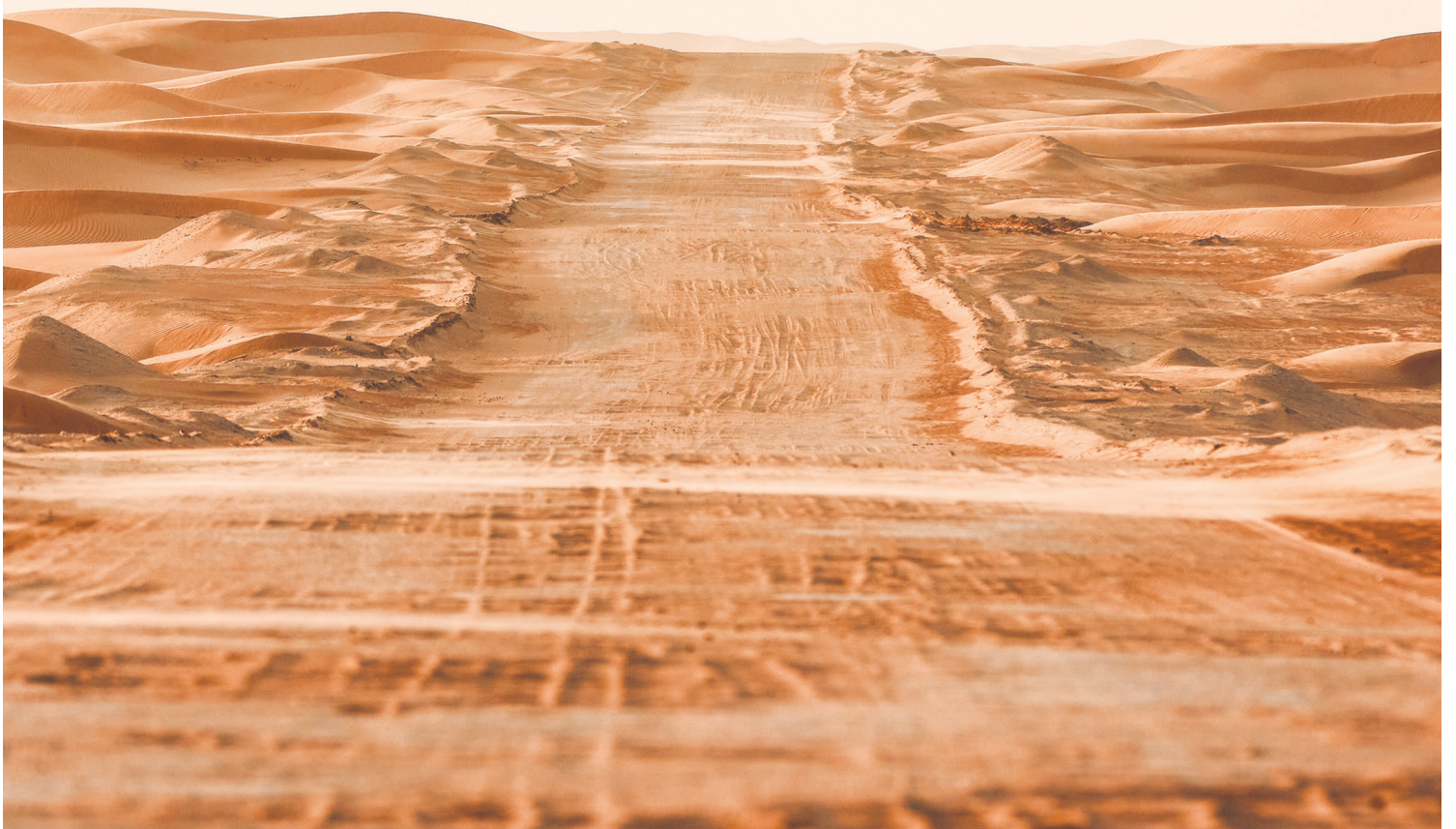
**6:30PM**

*hosted by the Spanish Prayer Group*

FIFTH SUNDAY IN ORDINARY TIME

# HE LEFT AND WENT OFF.

— MARK 1:35 —



— SUNDAY, FEBRUARY 4, 2024 —



# Weekly Prayer

## Sunday's Readings

### First Reading:

I am filled with restlessness until the dawn. (Jb 7:4)

### Psalm:

Praise the Lord, who heals the brokenhearted. (Ps 147)

Or: Alleluia.

### Second Reading:

If I preach the gospel, this is no reason for me to boast,  
for an obligation has been imposed on me,  
and woe to me if I do not preach it! (1 Cor 9:16)

### Gospel:

He cured many who were sick with various diseases,  
and he drove out many demons. (Mk 1:34)

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## Live The Liturgy Inspiration of the Week

Jesus went from town to town, synagogue to synagogue, following the need. He follows it still, to this very day. Your life is the town he is visiting, your heart the synagogue where he preaches. Remember that for this purpose he has come.

## Observances for the week of February 4, 2024

- Sunday:** 5th Sunday in Ordinary Time
- Monday:** St. Agatha, Virgin and Martyr
- Tuesday:** St. Paul Miki and Companions, Martyrs
- Thursday:** St. Jerome Emiliani; St. Josephine Bakhita, Virgin
- Saturday:** St. Scholastica, Virgin
- Next Sunday:** 6th Sunday in Ordinary Time,  
World Marriage Day



## Saint of the week

St. Hyacinth of Poland's devotion to the Christ in the Eucharist ignited a missionary fire that spread the Gospel across Central and Eastern Europe. He established Dominican communities all over Poland and is the patron saint of the pierogi!

## Prayer for God's presence

Dear Jesus,  
Reveal yourself to me! When I am alone and in darkness, fill me with your light. I want to know you, I want to experience your healing. Be with me, Lord. Amen.

## Readings for the week of February 4, 2024

### Sunday:

Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 (see 3a)/1 Cor 9:16-19, 22-23/Mk 1:29-39

### Monday:

1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/  
Mk 6:53-56

### Tuesday:

1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10,  
11/Mk 7:1-13

### Wednesday:

1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/  
Mk 7:14-23

### Thursday:

1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and  
40/Mk 7:24-30

### Friday:

1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13,  
14-15/Mk 7:31-37

### Saturday:

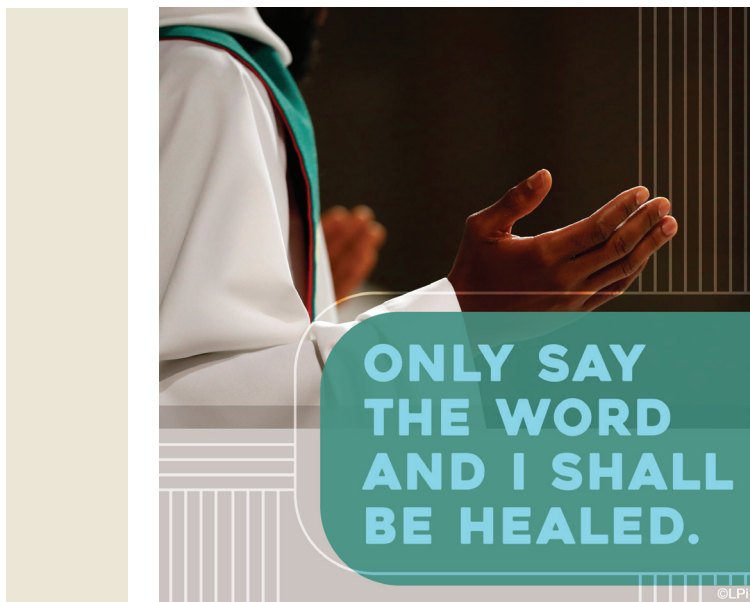
1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab,  
19-20, 21-22/Mk 8:1-10

### Next Sunday:

Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 (7)/1 Cor  
10:31—11:1/Mk 1:40-45



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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

Maybe I'm weird, but I like spending time in doctor's offices, confession lines in churches, auto repair shops, prison cells, and support groups of various kinds. It's refreshing to be with people who humbly admit something is wrong and forthrightly set out on a path toward a solution. When we ignore what is off kilter, we become alone and fragile. In places where people are honest and hopeful about brokenness, sturdy if subtle fellowship usually ensues.

Consider the image we see of Jesus in the Gospel of Mark. **"...they brought to him all who were ill or possessed by a demon. The whole town was gathered at the door."** The entire human community is afflicted in various ways, and so it gradually forms a strange new community around Jesus. The healer from Nazareth is like a sun of health around which orbits a throng of humanity absorbing his healing rays. These blessed souls can't fix themselves and become healthy, and they know it. But they have found in him the living source of all imaginable healing.

It's the Church, isn't it? A sin-sick community gathered and healed is what happens at the beginning of every Mass. We shuffle in through the door from everywhere and announce that we are not okay, and we can't fix it. In doing so, we are drawn into the orbit of the healing power of Christ — and into a renewed community with the whole human family. It's nothing to fear or rush. Maybe we can even learn to enjoy more how good it is to be in such a happy place.

— *Father John Muir*



## (PRACTICING) CATHOLIC

### Purpose and Pride

Father, forgive me. Today's Gospel made me want to fight somebody.

If you want to make me really, really angry, you are sure of doing so if you tell me about an old woman who was sick, but felt a little better, and then her son-in-law and all his buddies showed up, so she cooked them a bunch of food and cleaned up after them.

We all project our own feelings, fears, insecurities, and desires onto the word of God. I certainly do. And most of my feelings, fears, insecurities, and desires spring from my current role as a tired mom of little kids.

I think there is a fear inside many of us of God's purpose for our lives. What if it's not aligned perfectly with what we think we need, or what we imagine we want? Most of the time, I think I need a nap, and I imagine that I want absolutely no one asking me for any kind of help. And here I am, perpetually napless and always being called on to render assistance.

The actions of Peter's mother-in-law were the only actions we would expect of a woman who had just received a miracle. She jumped up, and with bravery and boldness she served the Lord.

But couldn't she rest? Couldn't she serve him later? Couldn't she thank him with a smile and take a nap? Well, I suppose. But is that how you react to a miracle?

I have received my miracle — my family. My purpose. So why am I still lying down?

*"He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them."  
— Mark 1:31*

*Colleen Jurkiewicz Dorman*

## Why do we do that? Catholic Life Explained

### Question:

Is gossip a mortal sin?

### Answer:

To really ask this question, we must consider the Eighth Commandment: "You shall not bear false witness."

In its reflections on this commandment, The Catechism of the Catholic Church invites us to not only think about what bearing "false witness" means, but to also consider how we understand the truth and how we communicate more broadly. This is why so much of this section of the Catechism has to do with the gift of language. With this in mind, we will notice that the word "gossip" isn't used by the Catechism. Instead, we find the words "detraction" and "calumny," which are actually two forms that gossip can take, and both can be quite serious.

First, detraction is the of revealing "another's faults and failings to persons who did not know them," without morally valid reasons. Calumny, by extension, is saying something about another person that is untrue, and it is sinful because it "harms the reputation of others and gives occasion for false judgements" (see no. 2477).

In all of our communication, we have to always recognize that we have a moral obligation to the truth and to always work to protect the reputation and honor of our neighbors (see no. 2479).

Gossip can, in fact, prove to be a very serious sin. After all, the Catechism reminds us: "No one is bound to reveal the truth to someone who does not have the right to know it" (no. 2489). When we have gossiped, especially if we are aware we have damaged another person's good name or reputation, we want to make every effort to undo the damage we have done, including seeking the grace and forgiveness offered in the Sacrament of Reconciliation.

He told them, “Let us go on to the nearby villages that I may preach there also. For this purpose have I come.” So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee. - Mk 1:38-39

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

## Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

### First Reading

Job was overwhelmed with feelings of sadness and despair. How does your faith help you get through difficult times?

### Second Reading

Paul sees his “gospel” (the good news of Jesus Christ) as the center of his life. What do you think is the focus of your life?

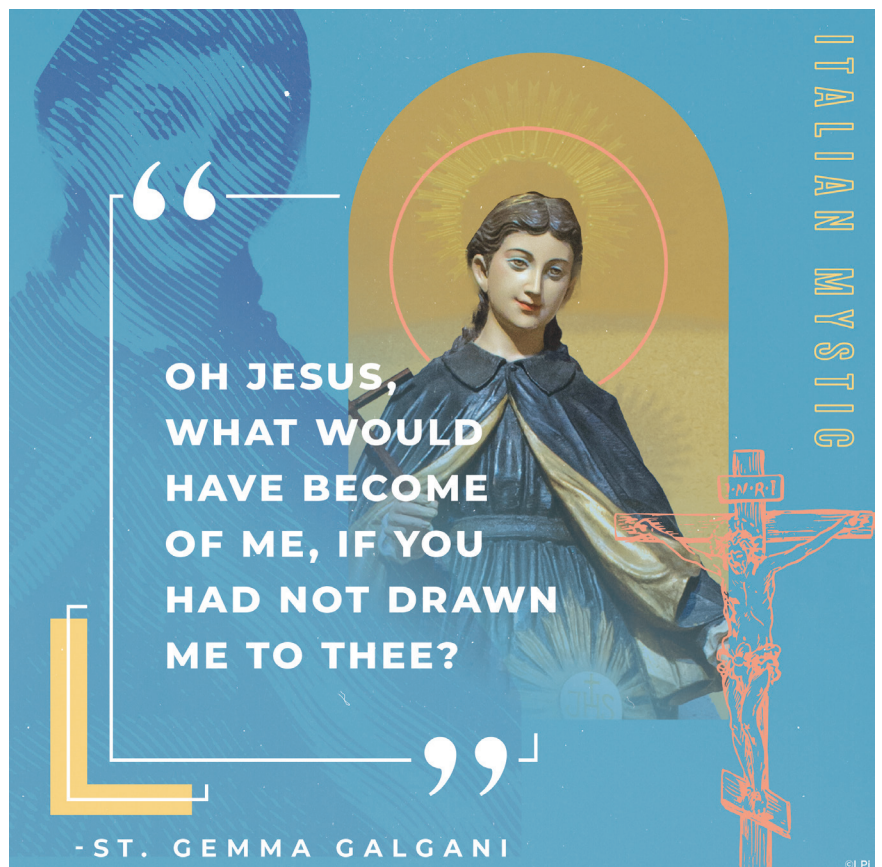
### Gospel Reading

At the start of Jesus’s public ministry in Galilee, we hear he was purpose-driven in performing many healings and exorcisms, as well as preaching the good news of the kingdom of God. What could you do this week as an intentional act of charity or kindness?



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# THE LORD HEALS THE *brokenhearted.*

PSALM 147



When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him. - Mk 1:32-34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

## Prayer

God, help me to start every day with you in prayer.

## Mission for the Week

When you get home, choose a special quiet place where you can talk to God every morning. Tell your family about your special place. They may want to join you in spending quiet time to pray.

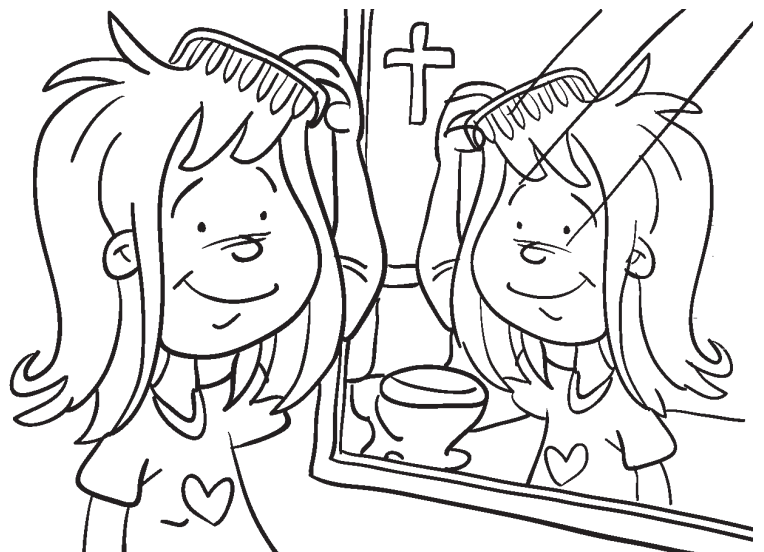
## Sharing the Gospel

Think about how you get ready for a busy day. You eat a healthy breakfast. You wash up and brush your teeth. Then you get dressed and comb your hair. There's one more thing you could do to start your day off right. Pray. Find a quiet spot where you can be alone to talk to God. That's what Jesus did.

**Now color the picture!**

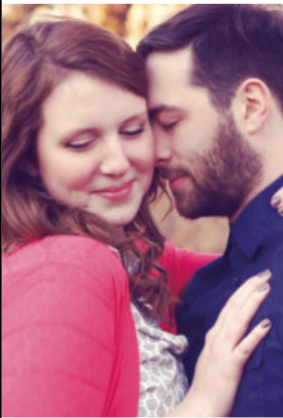


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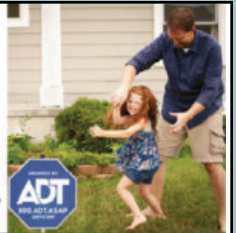
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