

Christi simus, non nostri

We belong to Christ, not ourselves

ST COLUMBAN CATHOLIC CHURCH



16TH SUNDAY IN ORDINARY TIME

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd.
- Mk 6:34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 COD. ©LPi

July 21, 2024

Sixteenth Sunday in Ordinary Time

St. Columban Church

506 First St. S | Yelm, WA 98597

Sunday Mass: 10:30 AM

Saturday 5:00 PM

Daily Mass 9:00 AM

(Tuesday-Friday, Except First Fridays)

Eucharistic Adoration First Fridays 6:30 PM

Confessions Saturday 3:30-4:30 PM

Anointing of the Sick By request

Baptism & Wedding Preparation Contact the office

Parish Office Hours at St. Columban Mon.-Thurs. 9:30 AM - 2:00 PM Friday by appointment

[NEW PHONE NUMBER] Sacramental Emergencies: 360-704-7051

Society of St. Vincent de Paul Providing emergency assistance for those in need. Help Line: 360-458-1904

St. Peter Mission

149 Keithahn St S | Tenino, WA 98589

Sunday Mass 8:00 AM

First Friday Mass 9:00 AM

Confessions Sunday 7:30-7:45 AM

Anointing of the Sick By request

Prayer Groups at St. Columban

Rosary Group Mondays 7 p.m. in the Church

Spanish Group Tuesdays 6:30 p.m. in the Parish Hall

The church may be open for prayer during office hours upon request.

www.saintcolumbanyelm.org

360-458-3031

parishoffice@saintcolumbanyelm.org

For your Prayer and Meditation —Sixteenth Sunday in Ordinary Time

FROM THE CATECHISM OF THE CATHOLIC CHURCH

772 It is in the Church that Christ fulfills and reveals his own mystery as the purpose of God's plan: "to unite all things in him." St. Paul calls the nuptial union of Christ and the Church "a great mystery." Because she is united to Christ as to her bridegroom, she becomes a mystery in her turn. Contemplating this mystery in her, Paul exclaims: "Christ in you, the hope of glory."

Sunday Liturgy

Entrance Antiphon

See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

Readings

Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 (1)/Eph 2:13-18/Mk 6:30-3

Communion Antiphon

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

Or Behold, I stand at the door and knock, says the Lord. If anyone hears my voice and opens the door to me, I will enter his house and dine with him, and he with me.

Reflect on the Sunday Readings

First Reading

I will appoint shepherds for them who will shepherd them so that they need no longer fear and tremble; and none shall be missing, says the LORD. (Jer 23:4)

We hear Jeremiah prophesy that the Lord will bring justice and security to Judah and Israel from the unjust shepherds (false rulers) who led them astray. How do you help family or friends who need to make better choices?

Psalm

The Lord is my shepherd; there is nothing I shall want. (Ps 23)

Second Reading

In Christ Jesus you who once were far off

have become near by the blood of Christ. For he is our peace, he who made both one and broke down the dividing wall of enmity. (Eph 2:13-14)

St. Paul taught the Ephesians that in his death and resurrection, Jesus established peace and reconciliation between all believers, Jews, and Gentiles alike. How do you know you are at peace with a friend or loved one?

Gospel

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things. (Mk 10:34)

Although Jesus wanted the Twelve to rest after their successful mission of preaching and healing, the crowds of people made it challenging to do so. Who could you encourage this week to rest well from their hard work?

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Mass Intentions

Parishioners may schedule a Mass intention on our website or by calling the office. Sunday Masses are offered *Pro Populo*

July 23—
July 24—
July 25—
July 26—

The Code of Canon Law confirms the practice of offering Masses for particular intentions is ancient: "The Christian faithful who give an offering to apply the Mass for their intention contribute to the good of the Church and by that offering share its concern to support its ministers and works" (945 §2).



Prayer Intentions

Loving God, we join with others of your people here asking you to hold in Your hands all of our homebound brothers and sisters and those who have asked for our prayers

For The Sick and Homebound*

Robert Fisher, Marcella Thornton, Bob Bacon, Theresa Gonzales, Bill Bachmann, Betty Tretheway, Gloria Lopez, and Joe Judge.

For The Deceased

All the souls in purgatory, especially all those who have no one to pray for them. May the souls of the faithful departed, through the mercy of God, rest in peace.

For peace in the world

For God's protection on those in danger, the defeat and true repentance of unjust aggressors, and mercy for those who have died by violence.

For our young people attending the Ignite NW Catholic Conference, for their protection and safety, and that they may eagerly seek and generously respond to their vocations from God as they receive the witness of many religious, seminarians, and pro-life mentors.

Monthly Prayer Intentions of the Pope

For the pastoral care of the sick—We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.

Monthly Prayer Intention of the Archdiocese

For the elders in our parishes, that as we strive to become one family, we will draw on their wisdom and treasure the history of our communities.

Connect with us

WEBSITE saintcolumbanyelm.org

PHONE (360) 458-3031
Ministries x1, Spanish/Español x2

LIVESTREAM youtube.com/@stcolumbanyelm

SOCIAL MEDIA
facebook.com/saintcolumbanyelm
instagram.com/saintcolumbanyelm

ONLINE GIVING pushpay.com/g/saintcolumbanyelm

MOBILE APP
"Our Catholic Community"
(Apple App Store & Google Play)

FREE STREAMING CONTENT
FORMED.org



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(St. Columban), Mari Evans (St. Peter)

WELCOME TO SAINT COLUMBAN

We proclaim the Roman Catholic faith to the communities of McKenna, Nisqually, Rainier, Roy, Tenino, and Yelm in southeast Thurston and southwest Pierce counties. Our community has grown since its origins at the former St. Margaret Mary Church in McKenna, and our current church in Yelm is named for the Irish-born 6th century missionary to Europe St. Columbanus of Bobbio. We have also been present in Tenino since 1891 through St. Peter Mission, named for the apostle and first pope.

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A Word from our Pastor

Dear Parishioners,



Last week our second reading was from St. Paul's letter to the Ephesians. We will hear from this letter every Sunday until August 25th, so we will basically be hearing from this letter for the rest of the summer. It is fortunate, because this letter teaches us a lot about the Church and what it means to be a disciple, which is important to consider as we begin the Partners in the Gospel initiative.

I plan to focus my preaching on this letter in the coming weeks, so if you are at Mass with me you can mostly expect to hear more about this letter. That said, I want to encourage you to study this letter privately over the coming weeks. It is a very rich letter with insights that strike us at the core and help us to follow Christ more closely.

Studying scripture alone can be a bit intimidating. The Bible was written centuries ago and references places, people, and cultures we don't understand. Still, there are so many resources at our disposal that can help us understand these sacred writings. One resource I want to direct you to is The Bible Project's synopsis of Ephesians.

The Bible Project is not a Catholic ministry, but I have found that it is very Catholic in its approach to scripture. In fact, the Catholic website Formed.org, which our parishes subscribe to (if you haven't logged into Formed.org do it right now, and if you have trouble logging in contact your parish) has their videos in its collection. You can find them there, but I find it is easier to use Youtube. Just search for "Bible Project

Ephesians," and you will find the video I'm suggesting.

Paul's letters are enhanced by the book of Acts, or the Acts of the Apostles as we usually call it. In chapter 19 of Acts we hear about Paul's visit to Ephesus. Upon arrival he found that there were already men and women who had heard of Jesus and were following his teachings, which of course, were handed onto them orally at that point.

These men and women had received the baptism of John the Baptist, but had not been baptized in Christian baptism, so Paul baptized them and laid hands on them to give them the Holy Spirit (the seed of the Sacrament of Confirmation). This work of the Holy Spirit becomes a key theme in the letter to the Ephesians. St. Paul will remind the Ephesians of this and explain how this spirit is working in their community to build up the Church.

If you keep reading the Acts of the Apostles you'll see that Paul eventually travels to Rome and is arrested. It was from prison where he is believed to have written this letter to the Ephesians. It is worth noting, however, that Paul himself might not have written the letter himself due to his imprisonment, but had a coworker write it for him which he then signed.

The letter is not long. I recommend trying to read it in one sitting, and then reading a few verses at a time closely and prayerfully. Don't get distracted by what you don't understand. Focus on what you do understand, and your faith will be enriched!

Sincerely, Fr. Bryan

Announcements continue on Page 4



WELCOME TO OUR PARISH FAMILY!

Sacred Heart | St. Columban | Mission Church of St. Peter

SCHEDULE AT SACRED HEART LACEY

812 Bowker St SE, Lacey, WA 98503

Sunday Mass

Saturday 5 p.m.
Sunday 8 a.m., 10 a.m., Noon
Spanish 2 p.m.
Korean 10 a.m. (Fabian Hall)

Daily Mass

Mon., Wed., Thur., Fri. 9 a.m.

Confession

Saturday 3-4:30 p.m.

Office

Mon-Fri 8 a.m.-Noon, 1-4 p.m.

sacredheartlacey.com

360-491-0890

Sixteenth Sunday in Ordinary Time

Elementary Religious Education

Links to related articles & websites will be posted in the emailed bulletin and on our social media channels.

Contact: Mrs. Makinster *Elementary & Adult Faith Formation*, gaby@saintcolumbanyelm.org 360-458-3031 x2 *habla Español*

Registration for next school year is now open! Go directly to the online registration form:

saintcolumbanyelm.org/FFReg

At St. Columban, we provide an opportunity for children and youth to learn about their Catholic faith and grow in their relationship with Jesus Christ through study, prayer, and community service.

Do you have a gift for teaching the faith or for serving our youth?

We're looking for additional catechists, classroom assistants, and youth ministry volunteers to help with Sunday Faith Formation classes for all grades and Youth Ministry activities throughout the year. **Faith Formation fees are waived** for children of volunteers. Safe environment training and background check required. Training provided. Contact gaby@saintcolumbanyelm.org.

Youth Ministry

Saint of the Week— St. Angela of Foligno

The St. Angela of Foligno (c. 1248 – January 4, 1309) was born to a life of privilege and wealth. Like other women of her class, she was married, had a family, and entertained. She was absorbed with earthly things. However, near the middle of her life Angela became consumed with fear of damnation and the fires of hell. She made a confession but driven by shame she omitted some sins, and her torment became greater. A vision of St. Francis assured her of God's immeasurable mercy. She confessed again, was freed of her torment, and began to use her wealth and position for charity work.

Unfortunately, not long after, her mother, husband, and

sons died. She gave up all her earthly possessions and began a pilgrimage to nearby Assisi. When she arrived, she was overcome by an ecstasy, and embarrassed monks, not understanding, asked her to leave the town. Angela returned to Foligno and became a lay penitent, inspired by Franciscan ideals, caring for the sick and poor. She attracted other women to her, but she insisted the community remain open, to be in the world caring for those in need. The Third Order of St. Francis came from communities like Angela's.

Angela, like St. Mary Magdalen de' Pazzi, experienced many ecstasies, and was often in prayer and Eucharistic adoration. Her visions, theological teachings, and path to holiness were written down by those around her, compiled into the Book of Visions and Instructions. Sometimes called the "Teacher of Theologians" Angela's first life as a wife and mother gave her unique insights into the divine and the incarnation. Her path to sainthood was not through perfection but through penitence and charity. She experienced periods of certainty and doubt, temptation and steadfastness. She was beatified in 1693 and canonized in 2013. St. Angela of Foligno, pray for us!!"

Reflection.—St. Camillus venerated the sick as living images of Christ, and by ministering to them in this spirit did penance for the sins of his youth, led a life precious in merit, and from a violent and quarrelsome soldier became a gentle and tender Saint.

(Text ©LPI, our bulletin publisher)

Adult Faith Formation

Bible Study

Adult Scripture Study will resume its Thursday evening meetings on September 3.

Christian Initiation for Adults (OCIA)

Classes will resume in the Fall. Contact the parish office for more information or scan the QR code:



St. Columban Yelm

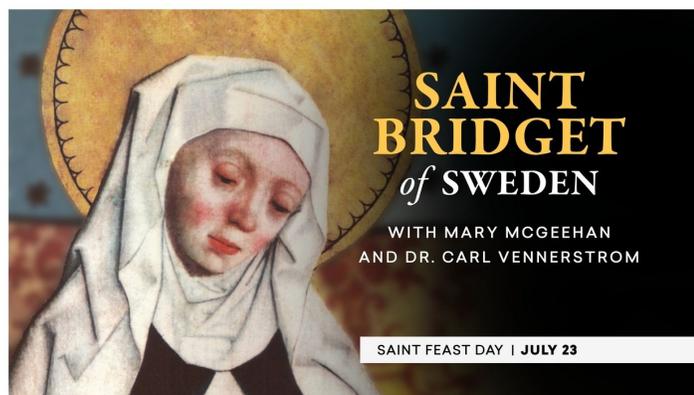


Faith Formation Registration

St. Columban Yelm



RCIA Registration



FORMED® THE CATHOLIC FAITH. ON DEMAND.

St. Bridget of Sweden | Catholic Saints

Join Dr. Carl Vennerstrom and Mary McGeehan as they dive into the life of this medieval saint: St. Bridget of Sweden. A wife, mother, and visionary, St. Bridget was an evangelist both inside and outside the home. St. Bridget's visions of Christ's Nativity have greatly influenced its depiction in Christian art. Watch to find out more!

Our parish has a FORMED subscription. Visit formed.org/signup and select our parish. Scan the QR code to download the FORMED app to your phone.



Q&A

What can I do to help our family practice our faith each day?

Answer: Some families practice their religion together as just another event on their schedule: go to church, observe Lent, help at the parish picnic, go to a meeting, volunteer time, make your confession, use your envelope... But the focus needs to be on who we are—God’s people, in relationship with him, loved, forgiven, and redeemed, and called to live and proclaim the Gospel. Our awareness of God’s presence and our sense of mission are supported by the daily rituals, celebrations, and traditions that help us stay focused. Sharing our faith strengthens us and clarifies the beliefs and values of Christian living.

Daily family practices include time for prayer—before meals, before bed, before important meetings and activities. Attend Sunday Mass together and discuss the homily afterward. Create family celebrations for holy days and holidays. Make religion a regular part of your discussions. Include others, especially the elderly and the less fortunate, in your activities and charitable efforts. By applying the virtues of faith, hope, and love to each day, faith becomes part of who your family is. It influences how you act towards others, what you value, and how mindful of God you are. Faith is the leaven of life that helps all of us rise to our calling and dignity as God’s people.

(Text ©LPi, our bulletin publisher)

NFP Week, July 21-27, 2024

As an educational campaign of the United States Conference of Catholic Bishops (USCCB), “NFP Week” celebrates God’s design for married love and the gift of life and raises awareness about Natural Family Planning (NFP) methods. “NFP,” as the U.S. bishops have written, are supportive of Catholic beliefs about married love because NFP “respects the God-given power to love a new human life into being”.

How Natural Family Planning Changed My Life

Dawn Farias

As a child I was baptized Catholic, but essentially grew up with no religious practice. As a married adult, I reentered the Church, and soon after felt a tugging at my heart to stop practicing contraception. At that time, I did not know about Natural Family Planning (NFP). More basic, I did not know about Church teachings on the moral practice of family planning. What I would learn about God’s design for my married life and through the practice of NFP would change my life.

True Freedom and Openness to Life

When my husband, Ariel and I took an NFP class, I have to admit that I was scared. Giving up control, was frightening! It was one thing to be committed to an ideal, but something quite different to follow through on it. It definitely involved a leap of faith! Over time and with some experience, I began to appreciate the gift and beauty of NFP.

In practicing NFP, my husband and I must decide if we, as a couple, are ready to embrace the possibility of a new life in each menstrual cycle. When we had used contraception, we ignored this reality. With NFP we could not ignore how God made us— as a man and a woman. NFP helped us understand the relationship that God designed between the marital act and procreation. It has made us “open to life.” It even brought our last two children into the family!

The Gift of Self

In using NFP over the years both my husband and I, now see that we give ourselves to each other fully in the marital act. For us, the idea of contraception has become almost vulgar. It cheapens the marital act. Contraception seems to say: “I love you, honey, but I don't love you THAT much.”

NFP also guards against the objectification of the woman in the relationship. Contraception often keeps the woman in a defensive position because it allows “intimacy on demand.” NFP does not allow this because of the practice

16TH SUNDAY IN ORDINARY TIME

“How do you know that the Sea of Galilee is friendly?”

THE FAITHFUL EDWINES

FUN FACT! A lot of special things occurred at the Sea of Galilee. It’s where Jesus called Peter and Andrew to be his disciples and where Jesus walked on water!

16TH SUNDAY IN ORDINARY TIME

NOW THAT MY CHILDREN ARE GROWN AND HAVE THEIR OWN LIVES I CAN'T BE THERE TO PROTECT THEM ANY MORE.

BUT YOUR PRAYERS CAN.

FATHER FLOOD © LPi

16TH SUNDAY IN ORDINARY TIME

AS YOUR PASTOR, IT IS MY DESIRE TO GUIDE YOU TO PASTURES OF SPIRITUAL REFRESHING.

BA-A-A-A
BA-A-A-A
BA-A-A-A

THEY MAY HAVE A STRANGE SENSE OF HUMOR, BUT AT LEAST THEY SUPPORT ME.

© 2024 LPi WWP

Sixteenth Sunday in Ordinary Time



LOVE BEYOND MEASURE

Natural Family Planning...
supporting God's gifts of love and life in marriage



of periodic abstinence when not seeking a pregnancy. A deeper equality between husband and wife can be nurtured with NFP. NFP begins the process of this awareness.

Growing together in holiness

The sacrifices that NFP entails have only served to make me a better person and more devoted to the Lord. Without knowing it, using contraception promotes the idea that children are a burden. Children do require lots of work, and pregnancy demands its own set of sacrifices, but NFP has helped me meet these challenges by leading me to the realization that children are God's blessings. I am constantly forced to pray, change, make concessions and find solutions to the selfishness and laziness that come up often when meeting the needs of others.

Today, I am confident that had I not been open to life in the practice of

NFP, I would not have needed to depend on God, and not have grown as a person. This growth benefits my family and the people I meet in everyday life. Jesus calls us to serve others. Marriage and parenthood are ways we can immediately apply this call in our lives. NFP has led me to be more open to life, more aware of God's design for intimacy in marriage, more dependent on Him to fulfill these plans. It has strengthened my relationship with my husband, given me personal insight and it has given our children life!

Dawn and her husband, Ariel Farias have four children and live in the Archdiocese of San Antonio.

Want to learn more about NFP? Visit uscbb.org/nfp.

Ministries Announcements

Altar Society

A team of talented parishioners beautifully maintain and clean the Church every Thursday after Daily Mass.

Daughters of Mary

Meets monthly, Next meeting is July 23 at 6 p.m. in the Parish Hall. Bring your favorite snack to share!
daughtersofmary@saintcolumbanvelm.org

Liturgical Ministries

parishoffice@saintcolumbanvelm.org

Altar Servers, Choir, Greeters/Ushers, Readers
Please check your schedules and arrive in time for Mass.

Knights of Columbus

KofCYelm@gmail.com

The Knights of Columbus is a global fraternal service order founded by Bl. Michael J. McGivney in 1882 for practicing Catholic men. Council 17152 meets monthly third Wednesdays of every month at 5:30 p.m. in the hall. Assembly meetings monthly every second Wednesdays of the month at 6 p.m.

Weekly Calendar

All events are at St. Columban unless otherwise noted.

MONDAY July 22 St. Mary Magdalene

Rosary Prayer Group 7:00p.m. Church

TUESDAY July 23 St. Bridget, Religious

Daily Mass 9:00 a.m. Church

Daughters of Mary 6:00p.m. Hall

Spanish Prayer Group 6:30p.m. Church

WEDNESDAY July 24 St. Charbel Makhlof, Priest

Daily Mass 9:00 a.m. Church

Bible Study 10:00a.m. St. Peter

THURSDAY July 25 St. James, Apostle

Daily Mass 9:00 a.m. Church

Altar Society Weekly Cleaning 9:30a.m. Church

Choir Practice 6:00p.m. Church

Bible Study 6:30p.m. RE Bldg

FRIDAY July 26 Ss. Joachim & Anne, Parents of BVM

Daily Mass 9:00 a.m. Church

SATURDAY July 27

Confession 3:30p.m. Church

Anticipatory Sunday Mass 5:00p.m. Church

SUNDAY July 28 **Seventeenth Sun. in Ordinary Time**

Confession 7:30-7:45a.m. St. Peter

Sunday Mass 8:00a.m. Int.: Pro Populo St. Peter

Sunday Mass 10:30a.m. Int.: Pro Populo Church

St. Peter Circle

Meets second Tuesdays every other month at St. Peter Tenino.

Society of St. Vincent de Paul Treasurer wanted

Saint Vincent de Paul is looking for a treasurer to serve on the Board of Directors for the Saint Columban Conference. Leave a message at 360-458-1904 if interested. The duties of the treasurer include maintaining checking accounts, tracking transactions, attending monthly meetings, preparing monthly treasurer’s report, and assisting in preparing annual reports to parish and district council. The Treasurer also participates in responding to requests for help and keeping a record of help provided.

From the Archdiocese

Thank You For Supporting Our Mission

Thank you to all who have participated over the last few months to support the 2024 Annual Catholic Appeal. For those of you who have not yet contributed, there is still time. Our goal is 100% participation. If you have not yet given, you can visit our website saintcolumbanvelm.org to give today.

Happening in our Parish Family

Down Syndrome Support Group

Tues., Aug. 13, 6:30 p.m. Sacred Heart Lacey Hallen Hall

Everyone is welcome to this support group, not just families with members who have Down Syndrome. Join in discussion and fellowship, with games and refreshments.

Contact info@southsoundupwithdown.org for more information.

Holy Family School

(Grades PK-8) 2606 Carpenter Road SE Lacey, WA
Holyfamilylacey.org | 360-491-7060

Pope John Paul II High School

Lacey, WA popejp2hs.org | 360-438-7600

Financial Stewardship

Please consider electronic giving. The parish offers a convenient electronic giving option that allows donations to be made one time or on a scheduled basis. Electronic giving saves the office time and money.



Week of July 7	St Columban	St Peter
Weekly Goal	\$5,800.00	\$1,000.00
Collection (Cash & Envelopes)	\$5,207.78	\$662.00
Online Giving	\$2,228.00	\$460.00
Net	\$1,635.78	\$122.00
Special Funds	\$0.00	\$0.00
St Vincent DePaul	\$235.00	\$0.00
Sacramentals (Candles, Beeswax tapers, Salt)	\$0.00	\$10.00
Flowers	\$500.00	\$0.00
Building Fund	\$58.00	\$0.00
Mass Intentions	\$5.00	\$0.00
Second Collection: Peter’s Pence	\$85.00	\$0.00

Reminders

Please be aware of email scams!

Official emails will only originate from our staff emails with our domain saintcolumbanvelm.org or ccbchurch.com. We will never directly solicit for non-official donations or items to purchase by email or text. Donations and fundraisers will always be announced during Mass.

Outside Events & Notices

For a complete list of events happening around the Archdiocese of Seattle visit archseattle.org/eventslist

Young Adult events:

archseattle.org/living-catholic/young-adults/

Encounter School of Ministry– Summer Intensive

Friday, Aug. 2 - Saturday, Aug. 3,

Visit encounterschool.org/seattle for full schedule, St. Stephen the Martyr, Renton

Drawing from the richness of our Catholic heritage, we seek to teach, equip and activate disciples to demonstrate the love of God through the power of the Holy Spirit in their sphere of influence. Topics include *Identity & Transformation, Hearing God’s Voice & the Prophetic Gifts of the Holy Spirit, Power & Healing, and Inner Healing & Freedom*. The Summer Intensive is a weekend school that provides a survey of the content offered in the first four quarters of the Encounter School of Ministry over a fast 2 day period.

Project Rachel—Hope & Healing After Abortion

English: (206) 920-6413 / Español: (206)-450-7814
projectrachel@ccswv.org

If you are suffering from the experience of an abortion, you do not need to walk alone. We offer a compassionate and confidential environment for those who suffer the effects of an abortion. Find hope and healing after abortion at Rachel’s Vineyard Retreat.

Marriage Help

Retrouvaille is for couples with marital problems that want marriage help. Those who are considering marriage separation and those who are already separated or divorced are encouraged to consider the Retrouvaille Program. There is always hope of reviving your relationship. www.marriagehelpnw.com

Worldwide Marriage Encounter: Visit wwme.org or contact 360-930-2321

Washington State Catholic Conference

The WSCC represents the Catholic bishops of Washington in their efforts to support public policies that promote the common good. Visit wacatholics.org.