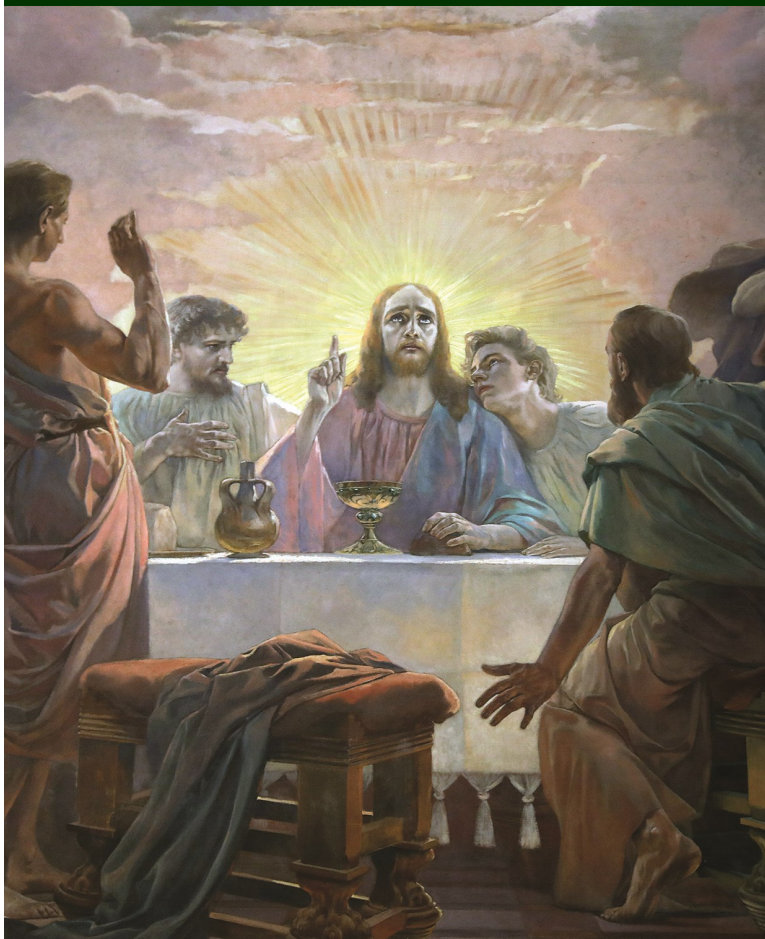


Christi simus, non nostri

We belong to Christ, not ourselves

ST COLUMBAN CATHOLIC CHURCH



20TH SUNDAY IN ORDINARY TIME

“Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me.”
- Jn 6:56-57

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

August 18, 2024

Twentieth Sunday in Ordinary Time

St. Columban Church

506 First St. S | Yelm, WA 98597

Sunday Mass: 10:30 AM

Saturday 5:00 PM

Daily Mass 9:00 AM

(Tuesday-Friday, Except First Fridays)

Eucharistic Adoration First Fridays 6:30 PM

Confessions Saturday 3:30-4:30 PM

Anointing of the Sick By request

Baptism & Wedding Preparation Contact the office

Parish Office Hours at St. Columban Mon.-Thurs. 9:30 AM - 2:00 PM Friday by appointment

Sacramental Emergencies: 360-704-7051

Society of St. Vincent de Paul Providing emergency assistance for those in need. Help Line: 360-458-1904

www.saintcolumbanyelm.org

360-458-3031

parishoffice@saintcolumbanyelm.org

St. Peter Mission

149 Keithahn St S | Tenino, WA 98589

Sunday Mass 8:00 AM

First Friday Mass 9:00 AM

Confessions Sunday 7:30-7:45 AM

Anointing of the Sick By request

Prayer Groups at St. Columban

Rosary Group Mondays 7 p.m. in the Church

Spanish Group Tuesdays 6:30 p.m. in the Parish Hall

The church may be open for prayer during office hours upon request.

For your Prayer and Meditation — Twentieth Sunday in Ordinary Time



From the Catechism of the Catholic Church

1391 Holy Communion augments our union with Christ. The principal fruit of receiving the Eucharist in Holy Communion is an intimate union with Christ Jesus. Indeed, the Lord said: "He who eats my flesh and drinks my blood abides in me, and I in him." Life in Christ has its foundation in the Eucharistic banquet: "As the living Father sent me, and I live because of the Father, so he who eats me will live because of me."

'On the feasts of the Lord, when the faithful receive the Body of the Son, they proclaim to one another the Good News that the first fruits of life have been given, as when the angel said to Mary Magdalene, "Christ is risen!" Now too are life and resurrection conferred on whoever receives Christ.'

Sunday Liturgy

Entrance Antiphon

Turn your eyes, O God, our shield; and look on the face of your anointed one; one day within your courts is better than a thousand elsewhere.

Readings

Prv 9:1-6/Ps 34:2-3, 10-11, 12-13, 14-15 (9a)/Eph 5:15-20/Jn 6:51-58

Communion Antiphon

With the Lord there is mercy; in him is plentiful redemption.

or I am the living bread that came down from heaven, says the Lord. Whoever eats of this bread will live for ever.

Reflect on the Sunday Readings

First Reading

"Come, eat of my food, and drink of the wine I have mixed!" (Prv 9:5)

We hear from Proverbs how Wisdom herself invites us to a deeper understanding of life. Is there someone in your family or among your friends who you consider a "wise" person?

Psalm

Taste and see the goodness of the Lord. (Ps 34)

Second Reading

Therefore, do not continue in ignorance, but try to understand what is the will of the Lord. (Eph 5:17)

St. Paul taught the Ephesians that a wise person strives to understand the will of the Lord and lives a life of prayer and gratitude. What are some ways we can grow in prayer and gratitude in our daily lives?

Gospel

"For my flesh is true food, and my blood is true drink." (Jn 6:55)

Jesus promises eternal life those who believe in him if we eat his flesh and drink his blood (participate in the Eucharist). How can we show our gratitude to the Lord for such a gift?

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Mass Intentions

Parishioners may schedule a Mass intention on our website or by calling the office. Sunday Masses are offered *Pro Populo*

August 20—Elsy Tovar
August 21—Maria L. Fregoso RIP
August 22—*Pro Populo*
August 23—*Pro Populo*

The Code of Canon Law confirms the practice of offering Masses for particular intentions is ancient: "The Christian faithful who give an offering to apply the Mass for their intention contribute to the good of the Church and by that offering share its concern to support its ministers and works" (945 §2).

Prayer Intentions

Loving God, we join with others of your people here asking you to hold in Your hands all of our home-bound brothers and sisters and those who have asked for our prayers

For The Sick and Homebound*

Robert Fisher, Marcella Thornton, Bob Bacon, Theresa Gonzales, Gloria Lopez, Bill Bachmann, Joe Judge, Betty Tretheway, Theresa Farmer, Mary Wischart, Bonnie Ruscheinsky, and Gregory Heymann.



For The Deceased

All the souls in purgatory, especially Gabriel Hernandez and all those who have no one to pray for them.

May the souls of the faithful departed, through the mercy of God, rest in peace.

For peace in the world

For God's protection on those in danger, the defeat and true repentance of unjust aggressors, and mercy for those who have died by violence.

For our young people, that they may eagerly seek and generously respond to their vocations from God.

Monthly Intentions of the Pope

For political leaders—We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.
Amen.

Connect with us

WEBSITE saintcolumbanyelm.org

PHONE (360) 458-3031
Ministries x1, Spanish/Español x2

LIVESTREAM
youtube.com/@stcolumbanyelm

SOCIAL MEDIA
facebook.com/saintcolumbanyelm
instagram.com/saintcolumbanyelm

ONLINE GIVING
pushpay.com/g/saintcolumbanyelm

MOBILE APP
"Our Catholic Community"
(Apple App Store & Google Play) 

FREE CATHOLIC STREAMING CONTENT
FORMED.org 

PARISH STAFF (360) 458-3031

Fr. Bryan Ochs
Pastor
parishoffice@saintcolumbanyelm.org
*not private

Fr. William Dodoma
Parochial Vicar

Fr. Martin Bourke
Senior Priest in residence

Jennifer Langham In Office: M-Thu
PA for Admin, Liturgy, & Music
jennifer@saintcolumbanyelm.org x1

Matthew Tolar
PA for Admin, Bookkeeping & Records
matthew@3hearts.org x4

St. Columban Parish Pastoral Council Judith Cusick (Chairperson), Sheila Johnson, Jerome Didier, Joseph Judge, Dennis Stumpf

St. Peter Advisory Commission Sherry Bachmann (Chairperson), Marilyn Ritter, Bernie Schwarz, Bob Bacon, Diane Weston stpeteradvisory@saintcolumbanyelm.org

Parish Finance Council Joseph Judge (St Columban), Mari Evans (St Peter)

Gabriela Makinster In Office: Tu-Th
Elementary & Adult Faith Formation,
gaby@saintcolumbanyelm.org x2
*habla Español

Chad Lucero
Youth Ministry & Confirmation
chad@saintcolumbanyelm.org x3

Steven Slater
St. Columban Maintenance
steven@saintcolumbanyelm.org

Gilberto Espino St. Peter Maintenance
gilberto@saintcolumbanyelm.org

WELCOME TO SAINT COLUMBAN *We proclaim the Roman Catholic faith to the communities of McKenna, Nisqually, Rainier, Roy, Tenino, and Yelm in southeast Thurston and southwest Pierce counties. Our community has grown since its origins at the former St. Margaret Mary Church in McKenna, and our current church in Yelm is named for the Irish-born 6th century missionary to Europe St. Columbanus of Bobbio. We have also been present in Tenino since 1891 through St. Peter Mission, named for the apostle and first pope.*

A Word from our Pastor

Dear Parishioners,

Lately for penance I've been giving out the Litany of Humility. You can find this prayer all over the internet and might want to look at it, but I warn you, it's intense. It's not for the faint of heart. When I was a seminarian, I used the litany of humility in reflection that I gave and immediately afterwards a parish staff member scolded me for being so insensitive and choosing such a horrible prayer!

I kind of brushed her criticisms aside at the time, but now with a few more years of life experience under my belt, I see where she was coming from. After all, one of the petitions is, "From the desire of being loved, deliver me Jesus." How can we ask Jesus to deliver us from something that is so essential to our human nature? So, I get why she objected.

I actually backed away from praying the litany of humility for many years because of that staff member's comments. When I thought about it, it did seem like a harsh prayer, and I could see how it could reinforce some rather dangerous ideas about oneself before God. But I don't think that is the intention of the prayer, and I think I understand it a little more now.

The problem is not that we are loved, but all the things that we do to try to find love. Sometimes when we try to find love, we try to be someone that we are not. We might lie about our accomplishments, or we might lie about certain gifts and talents we have. Worse, we might do things we know are wrong in order to find love.

And this, as many of us know from experience, is no way to find love. When we lie about our accomplishments to impress others, we aren't doing ourselves any favors. Assuming we do impress someone and win them over, they don't really care for us but for who they mistakenly think we are. Thus, the love is inauthentic. It does not fulfill the desires of the heart.

Similarly, if we feel we must do something to earn a person's love, especially if it's something we might ordinarily think is wrong, we aren't experiencing love at all. The people who truly love us, love us for who we are and not what we do for them. A love that is rooted in what we do for another is not real love at all.

This brings us to one of the weird paradoxes of our faith, which is that to take possession of something we need to stop grasping for it and receive it as a gift. As to the topic at hand, if our desire for love is so strong that we need to change ourselves to get it, we will never find it. In order to find true love, we must accept who we are which, when you think about it, is what humility is.

One important dimension of humility is to accept who we

are, including our weaknesses and life experiences, but the good news is that this opens up many opportunities to serve God, and to grow in wisdom. Pray the litany, and if you find yourself struggling with some of the petitions, try approaching them the way I have with the petition about love. It might just be the key to discovering some deep joy.

Fr. Bryan



Litany of Humility

O Jesus, meek and humble of heart, Hear me.
From the desire of being esteemed, Deliver me, O Jesus.
From the desire of being loved, Deliver me, O Jesus.
From the desire of being extolled, Deliver me, O Jesus.
From the desire of being honored, Deliver me, O Jesus.
From the desire of being praised, Deliver me, O Jesus.
From the desire of being preferred to others, Deliver me, O Jesus.
From the desire of being consulted, Deliver me, O Jesus.
From the desire of being approved, Deliver me, O Jesus.
From the fear of being humiliated, Deliver me, O Jesus.
From the fear of being despised, Deliver me, O Jesus.
From the fear of suffering rebukes, Deliver me, O Jesus.
From the fear of being calumniated, Deliver me, O Jesus.

Litany of Humility continues on Page 6

Announcements

After Mass Hospitality

Join for fellowship and coffee or just stop by to get to know your fellow parishioners. Free for the family following the 10:30 a.m. Sunday Mass. Donations optional.

August 25—Knights of Columbus Breakfast

Thank you to our ministries for your time and dedication!

Requirement for all new Volunteers

Saint Columban invites you to attend the next Safe Environment training *Protecting God's Children* on **Thursday, Aug. 29 at 6 p.m.** This is required for all new volunteers, especially those who will be working with children or vulnerable adults. Contact the parish office for more information and how to register.

Mark Your Calendars

Altar Server Bootcamp - Sunday, Aug. 25, 12-2 p.m.

First day of classes for K-12, First Reconciliation & Youth Confirmation - Sunday, Sep. 8, 9 a.m.

St. Vincent de Paul Walk for the Poor, Sunday, Sep. 29

Twentieth Sunday in Ordinary Time

Elementary Religious Education

Contact: Mrs. Makinster Elementary & Adult Faith Formation, gaby@saintcolumbanyelm.org 360-458-3031 x2 habla Español

Registration Required for All Returning and New Children and Youth

Parents, we require you to register your children and youth before the beginning of every school year to ensure we have enough materials and teachers, as well as to comply with Safe Environment policies.

Students cannot attend first day of classes on Sunday, Sep. 8 without prior registration.

Late registrations are accepted.

Scan this code or use this link:

saintcolumbanyelm.org/FFReg

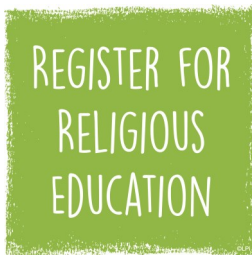
At St. Columban, we provide an opportunity for children and youth to learn about their Catholic faith and grow in their relationship with Jesus Christ through study, prayer, and community service.

Registration for next school year is now open!

First day of classes is Sunday, Sep. 8 with a Mandatory Parent Meeting held at the same time in the Parish Hall.

Do you have a gift for teaching the faith or for serving our youth?

We're looking for additional catechists, classroom assistants, and youth ministry volunteers to help with Sunday Faith Formation classes for all grades and Youth Ministry activities throughout the year. Faith Formation fees are waived for



children of volunteers. Safe environment training and background check required. Training and materials provided. Contact gaby@saintcolumbanyelm.org.

Gospel Meditation

A priest I know was asked by a door-to-door evangelist, "Do you believe in Jesus?" He answered, "Yes, I do. But if I may ask you," he continued, "Where do you experience Jesus' body and blood?" His interlocutor responded somewhat confusedly, "I don't. I just believe in him. That's all that is needed." Later my priest friend would relate to me, "The more I thought about it, that response struck me as totally inadequate. As human beings, we need to encounter Jesus' body and blood, not just hear about him and mentally believe. Otherwise, Jesus is just a ghost."

This week we see this central point as we arrive at the climactic moment of Jesus' teaching on the Eucharist. Jesus has established the importance of believing in him as the "**bread of life come down from heaven.**" Belief deeply matters because it leads to a real, bodily encounter with Jesus through eating and drinking. That's why Jesus emphasizes to an almost outrageous degree the non-metaphorical necessity to "**eat my flesh and drink my blood**" (John 6:54). The real presence of Jesus' body and blood — he himself, truly, really, substantially — has been the Church's treasure since Holy Thursday. Internal belief in the heart and the ritual act of eating and drinking the Eucharist, the Church has stubbornly insisted on both, not just one or the other.

This is not meant to criticize non-Catholic Christians who deeply trust and love Jesus, nor is it a triumphal elitist claim about the Catholic Mass. Rather it is a humble, trusting acknowledgement that God in Jesus comes to us in a way most proper to human beings: in our hearts and our bodies, faith and the Eucharist.

— Father John Muir

(Text ©LPI, our bulletin publisher)

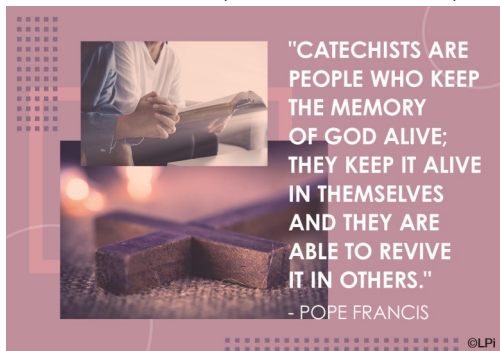
Youth Ministry & Confirmation

Contact: Mr. Lucero, ym@saintcolumbanyelm.org

Confirmation Classes Begin in September

All youth Grades 6 and above who have not yet begun preparation for Confirmation are invited to enroll in Confirmation I classes, to receive the sacrament **Spring 2026**. Please begin discerning a Confirmation sponsor. Confirmation candidates who took the first year class last year are now in Confirmation II and are on track to receive the sacrament **Spring 2025**.

All parents with youth in either Confirmation class must attend a parent meeting on the first day of classes Sep. 8 following the 10:30 a.m. Mass.



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Mary

Jesus gave his mother Mary to us as our spiritual mother, and she intercedes for us in heaven before her Son. By growing in relationship with Mary—and the rest of the saints—we grow in fellowship with Christ.

Our parish has a FORMED subscription. Visit formed.org/signup and select our parish. Scan the QR code to download the FORMED app to your phone.



Youth Ministry & First Sacraments

Youth grades 6 and up, having already completed one year of Faith Formation, needing preparation for **First Reconciliation** and **First Holy Communion** will have classes in conjunction with monthly Youth Ministry Saturdays mini-retreats. Upcoming dates are Sep. 21, Oct. 19, Nov. 16, and Dec. 14, 9 a.m.-1 p.m. More to follow!

Saint of the Week

St. Bernard of Clairvaux, Abbot & Doctor of the Church (Aug. 20)

BERNARD was born at the castle of Fontaines, in Burgundy. The grace of his person and the vigor of his intellect filled his parents with the highest hopes, and the world lay bright and smiling before him when he renounced it forever and joined the monks at Citeaux.

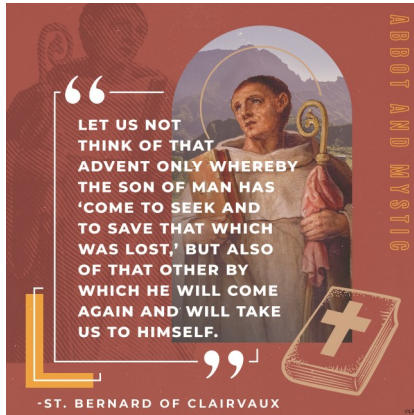
Bernard's holy example attracted so many novices that other monasteries were erected, and our

Saint was appointed abbot of that of Clairvaux. Unsparring with himself, he at first expected too much of his brethren, who were disheartened at his severity; but soon perceiving his error, he led them forward, by the sweetness of his correction and the mildness of his rule, to wonderful perfection.

By his fervor, eloquence, and miracles Bernard kindled the enthusiasm of Christendom. He died in 1153. His most precious writings have earned for him the titles of the last of the Fathers and a Doctor of Holy Church.

Reflection.—St. Bernard used to say to those who applied for admission to the monastery, "If you desire to enter here, leave at the threshold the body you have brought with you from the world; here there is room only for your soul." Let us constantly ask ourselves St. Bernard's daily question, "To what end didst thou come hither?"!

Excerpted from Lives of the Saints, by Alban Butler, Benziger Bros. ed. [1894] sacred-texts.com



Adult Faith Formation

Bible Study

Adult Scripture Study resumes in September. The group will meet Thursdays evenings to discuss the upcoming Sunday Mass readings using Lectio Divina and through Catholic exegesis.

Christian Initiation for Adults (OCIA)

Classes will resume in the Fall. Scan the QR Code to register or contact the parish office for more information.



Q&A

I've heard that gratitude is a fruit of the Holy Spirit. What does that mean?

Answer:

In St. Paul's letter to the Galatians, he talks about the "fruits of the Holy Spirit." He is referencing an idea that Jesus talks about frequently in the Gospels. "By their fruits you will know them" (Matthew 7:16). He uses the example of a plant. If the plant is healthy, it will bear good fruit. If the plant is unhealthy, it will bear rotten fruit or none at all. Jesus echoes this idea at the Last Supper, when he says that if we remain close to him we will "bear much fruit" (John 15:8). If we allow the Holy Spirit to work in our lives, we will bear the fruits of the Spirit!

Technically, gratitude is not one of the fruits St. Paul lists. "The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control" (Galatians 5:22-23). But doesn't that sound like the response of a grateful heart? When we're grateful, we experience a sense of joy and peace that makes it easier to love. We can be kind, patient, generous, and gentle with others rather than possessive or competitive. When we're grateful, we don't need to grasp at what we don't have. We practice self-control. Gratitude helps us to be faithful, knowing God will always be with us. Sounds like good fruit to me!

(Text ©LPi, our bulletin publisher)

"Why did the pope want a Swiss Guard?"



FUN FACT! The Swiss Guard are a specially armed force who protect the pope, and they've been doing so since 1506. The historic full-dress uniform is a fan-favorite of visitors to the Vatican.

20TH SUNDAY IN ORDINARY TIME



Father Flood © LPi

20TH SUNDAY IN ORDINARY TIME



Twentieth Sunday in Ordinary Time

Weekly Calendar

All events are at St. Columban unless otherwise noted.

MONDAY August 19	St. John Eudes, Priest
Rosary Prayer Group 7:00p.m.	Church
TUESDAY August 20	St. Bernard, Abbot & Doc.
Daily Mass 9:00 a.m.	Church
Spanish Prayer Group 6:30p.m.	Church
WEDNESDAY August 21	St. Pius X, Pope
Daily Mass 9:00 a.m.	Church
THURSDAY August 22	Queenship of the Blessed Virgin Mary
Daily Mass 9:00 a.m.	Church
Altar Society Weekly Cleaning 9:30a.m.	Church
Choir Practice 6:00p.m.	Church
FRIDAY August 23	St. Rose of Lima, V
Daily Mass 9:00 a.m.	Church
SATURDAY August 24	St. Bartholomew, Apostle
Confession 3:30p.m.	Church
Anticipatory Sunday Mass 5:00p.m.	Church
SUNDAY August 25	Twenty-first Sun. in Ordinary Time
Confession 7:30-7:45a.m.	St. Peter
Sunday Mass 8:00a.m. <i>Int.: Pro Populo</i>	St. Peter
Sunday Mass 10:30a.m. <i>Int.: Pro Populo</i>	Church
Knights of Columbus Breakfast 11:45a.m.	Hall
Altar Server Bootcamp 12:00p.m.-2:00p.m.	Church

Continued from Page 3.

From the fear of being forgotten, Deliver me, O Jesus.
 From the fear of being ridiculed, Deliver me, O Jesus.
 From the fear of being wronged, Deliver me, O Jesus.
 From the fear of being suspected, Deliver me, O Jesus.
 That others may be loved more than I, Jesus, grant me the grace to desire it.
 That others may be esteemed more than I, Jesus, grant me the grace to desire it.
 That, in the opinion of the world, others may increase and I may decrease, Jesus, grant me the grace to desire it.
 That others may be chosen and I set aside, Jesus, grant me the grace to desire it.
 That others may be praised and I go unnoticed, Jesus, grant me the grace to desire it.
 That others may be preferred to me in everything, Jesus, grant me the grace to desire it.
 That others may become holier than I, provided that I may become as holy as I should, Jesus, grant me the grace to desire it.

Attributed to Servant of God Rafael Cardinal Merry del Val (+1930)

Happening in our Parish Family

Sacred Heart

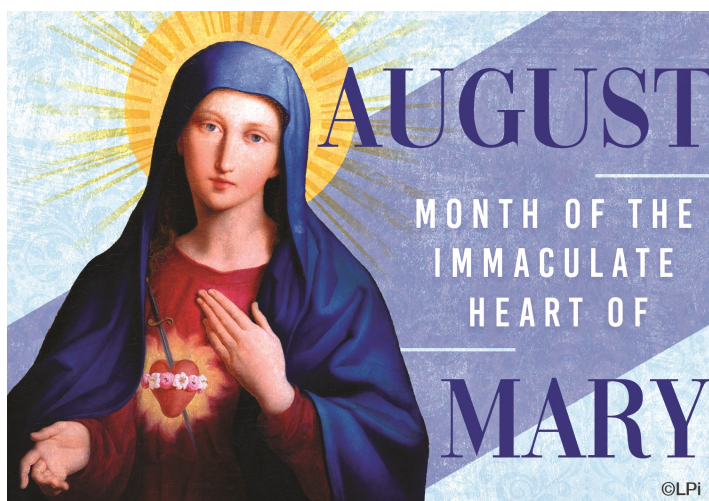
Eucharistic Adoration: Thursday following 9 a.m. Mass until Saturday 4:30 p.m. in the St. Frances of Rome Chapel. Come pray before the Blessed Sacrament during this time. Call 360-491-0890 for more information and for door code

Holy Family School

(Grades PK-8) 2606 Carpenter Road SE Lacey, WA
Holyfamilylacey.org | 360-491-7060

Pope John Paul II High School

Lacey, WA popejp2hs.org | 360-438-7600



Financial Stewardship

Please consider electronic giving. The parish offers a convenient electronic giving option that allows donations to be made one time or on a scheduled basis. Electronic giving saves the office time and money.

Thank you and may God reward your generosity!



Week of August 4	St Columban	St Peter
Weekly Goal	\$5,800.00	\$1,000.00
Collection (Cash & Envelopes)	\$3,844.72	\$558.02
Online Giving	\$1,558.00	\$145.00
Net	(\$397.82)	(\$296.98)
Special Funds	\$0.00	\$0.00
St Vincent DePaul	\$283.00	\$0.00
Sacramentals <small>(Candles, Beeswax tapers, Salt)</small>	\$0.00	\$0.00
Flowers	\$0.00	\$0.00
Building Fund	\$0.00	\$0.00
Mass Intentions	\$0.00	\$0.00

Ministries Announcements

Altar Society

A team of talented parishioners beautifully maintain and clean the Church every Thursday after Daily Mass.

Daughters of Mary

Meets monthly, Next meeting is August 27th at 6PM in the Parish Hall. Bring your favorite snack to share!

daughtersofmary@saintcolumbanvelm.org

Liturgical Ministries

parishoffice@saintcolumbanvelm.org

Altar Servers, Choir, Greeters/Ushers, Readers

Please check your schedules and arrive in time for Mass.

Knights of Columbus

The Knights of Columbus is a global fraternal service order founded by Bl. Michael J. McGivney in 1882 for practicing Catholic men. Council 17152 meets monthly third Wednesdays of every month at 5:30 p.m. in the hall. Assembly meetings monthly every second Wednesdays of the month at 6 p.m.

Next Council & Assembly meetings Aug. 21.

St. Peter Circle

Meets second Tuesdays every other month at St. Peter Tenino.

Society of St. Vincent de Paul

Treasurer wanted

Saint Vincent de Paul is looking for a treasurer to serve on the Board of Directors for the Saint Columban Conference. The duties of the treasurer include maintaining two checking accounts, tracking transactions, attending monthly meetings, preparing monthly treasurer's report, and assisting in preparing annual reports to parish and district council. The Treasurer also participates in responding to requests for help and keeping a record of help provided. This volunteer position takes 3-5 hours a week. Attention to detail or accounting background would be helpful.

Outside Events & Notices

For a complete list of events happening around the Archdiocese of Seattle visit archseattle.org/eventslist

Young Adult events:

archseattle.org/living-catholic/young-adults/

Project Rachel—Hope & Healing After

Abortion

English: (206) 920-6413 / Español: (206)-450-7814
projectrachel@ccsww.org

If you are suffering from the experience of an abortion, you do not need to walk alone. We offer a compassionate and confidential environment for those who suffer the effects of an abortion. Find hope and healing after abortion at Rachel's Vineyard Retreat.

Marriage Help/Prep

Marriage Preparation Retreat Nov. 22-24

Betrothed Treat: A Weekend to Prepare Couple for the

Sacrament of Marriage Visit archseattle.org/events/marriage-preparation-retreat/ for more info



Retrouvaille is for couples with marital problems that want marriage help. There is always hope of reviving your relationship. www.marriagehelpnw.com

Worldwide Marriage Encounter: Visit wwme.org or contact 360-930-2321

Washington State Catholic Conference

The WSCC represents the Catholic bishops of Washington in their efforts to support public policies that promote the common good. Visit wacatholics.org.



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SCHEDULE AT SACRED HEART LACEY

812 Bowker St SE, Lacey, WA 98503

Sunday Mass

Saturday	5 p.m.
Sunday	8 a.m., 10 a.m., Noon
Spanish	2 p.m.
Korean	10 a.m. (Fabian Hall)

Daily Mass

Mon., Wed., Thur., Fri. 9 a.m.

Confession

Saturday 3-4:30 p.m.

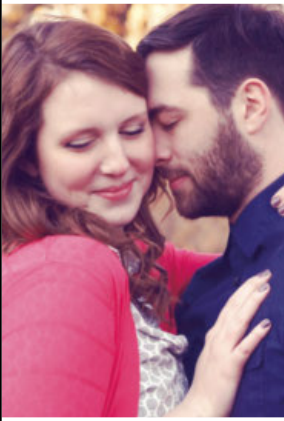
Office

Mon-Fri 8 a.m.-Noon, 1-4 p.m.

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